



REFERRALS TO SENIORS HEALTH SPECIALTY TEAMS

Geriatric Psychiatrists and Geriatricians specialize in the care of seniors who are generally complex with **unstable**, often co-morbid psychiatric and/or medical issues, frailty, and/or functional decline. They work within interdisciplinary teams to assess complex psychiatric and medical conditions of elderly clients. Referrals specifically for a Geriatric Psychiatrist or Geriatrician must come from a physician. Referrals for assessment by other interdisciplinary team members do not require a physician referral. All referrals must come with a documented **'Reason for Referral'**. Optimally, Specialized Seniors Services are delivered in an integrated, collaborative fashion with flexibility over which discipline is deployed to meet the unique needs of clients and their caregivers. Below is a diagram of the special and shared expertise available in the program.

GERIATRIC PSYCHIATRY

- Mood Disorders
- Anxiety
- Late-life Psychosis
- Substance Use Disorders
- Elder Abuse
- Chronic MH disorders, complicated by age, frailty, medical disease
- Neuropsychiatric symptoms in dementia

GERIATRIC MEDICINE

- Geriatric Syndromes (pain, constipation, incontinence, polypharmacy, malnutrition, weight loss)
- Declining mobility, falls, movement disorders
- CHF
- Complex Care Planning
- Assessment of rehabilitation potential
- Osteoporosis

- Cognitive disorders
- Delirium
- Failure to Cope
- Self-neglect
- Functional decline / increased dependence
- Frailty