



kelty mental health<sup>®</sup>  
resource centre

BC's Information Source for  
Children, Youth & Families

## **Family Perspectives Required**

The Kelty Mental Health Resource Centre Needs Family Advisory  
Committee Members for a Temporary Project

### **What is the Project?**

The Kelty Mental Health Resource Centre is beginning work on the redevelopment of the current website to ensure a more optimal experience for users, including parents, caregivers and families, when they are seeking mental health related information, resources, services, and support for their child or youth.

### **What is the Purpose of the Family Advisory Committee?**

We will be forming a group, with members from around the province, to gather feedback and impressions on how the website comes across from the perspective of parents, caregivers and families. We will ask questions such as how you find the wording of a particular topic, how you like the look of the website, whether you find it difficult to find what you are searching for, whether the website was sensitive to your situation, and whether there were gaps that you think could be better addressed.

### **Why Should You Participate?**

The parent, caregiver and family perspective is central to the success of the Kelty website to inform, educate, and support positive wellbeing and mental health for children, youth and families. This will be a valuable learning opportunity where you can share your views, on how to make Kelty a better resource for everyone. You will be part of an innovative team that will directly help children, youth and families.

### **How Much Time Will This Require?**

We anticipate 4-6 meetings between February 2017 and December 2017. Meetings will be approximately 1-2 hours and can be attended in person or, for those outside of the lower mainland, via teleconference or some other web based means.

### **How do I apply to volunteer?**

Please read and fill out the application form below and send it to [Lisa.Woudzia@cw.bc.ca](mailto:Lisa.Woudzia@cw.bc.ca) by February 11, 2017.

Lisa will contact you to set up a time to chat for 15 minutes about the project, your interest in joining the team and to answer any questions.

If you have any immediate questions, please email or call Lisa Woudzia, Program Manager of the Kelty Mental Health Resource Centre, at [Lisa.Woudzia@cw.bc.ca](mailto:Lisa.Woudzia@cw.bc.ca) or 604-875-2345 ext. 5590. Thank you for your interest!



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## Family Advisory Committee for the Kelty Mental Health Website Application

Name:

Best way to contact you:

City:

1. Why are you interested in joining the Family Advisory Committee?
2. What experiences have you had as a parent/sibling/caregiver of a child or youth with mental health challenges that you will bring to your role on this advisory committee?
3. Have you ever used the Kelty Mental Health Website or other mental health websites? Have you found them useful?
4. Our own mental health is the most important thing when promoting positive mental wellness in our children and youth. What do you do for yourself to maintain your own mental wellness?



5. When can you attend meetings? Please check all that apply.

Days:

- Weekdays (Monday – Friday)
- Weekends (Saturday / Sunday)

Time:

- Between 9am-5pm
- After 5pm
- Anytime

I would be attending meetings:

- In person
- Via teleconference or other virtual means

*(We will discuss the options with you when we speak to you. We strongly encourage participation from rural and remote locations)*

If attending in person, are you able to take transit or drive to meet with the committee? NOTE – All committee meetings will be held at locations close to sky trains and with parking. \*Parking and transit will be reimbursed.

6. Do you have any comments or questions about the Family Advisory Committee?