Interior Health
Every person matters

Clinical Decision Pathway COVID-19 in LTC Residents

This algorithm assumes Public Health Authorities are involved and are coordinating outbreak in facility, and is meant to aid clinicians to manage care of residents with COVID-19 LTC (Updated September 8, 2020)

Resident tests positive for COVID-19 or COVID-19 clinically suspected

Notify:
- MRP
- Family/SDM
- LTC Medical Director

Did MRP have a COVID-19 serious illness conversation with the resident/SDM and review MOST designation?

NO → Virtual COVID-19 specific serious illness conversation

YES → Is there mutual agreement for comfort/treatment pathway?

YES → Provide onsite supportive measures

NO → Consult with Facility Medical Director/ Coordinator and MRP → Does MRP recommend treatment onsite?

YES → Provide onsite supportive measures

NO → **Transfer to Acute Care**

Follow Provincial COVID 911 LTC Transfer Algorithm (click here)

Is emergency transfer to Acute care required?

YES → **DO NOT DELAY EMERGENCY TRANSFERS**
- Notify Acute facility of COVID status
- Notify MHO as soon as possible

NO → **Notify MHO and request pre-approval**
Regular Hours 08:30-16:30
1-866-778-7736
After hours
1-866-457-5648

Legend:
LTC – Long Term Care
MHO – Medical Health Officer
MRP – Most Responsible Practitioner (or on-call coverage)
PO – To be given orally (by mouth)
R/A – Room Air
SC – Sub cutaneous
SDM – Substitute Decision Maker
SL – Sub lingual

Click to Link to Resources: Virtual Care: iPads and Zoom

Click to Link to Resources: MOST

Click to Link to Resources: Serious Illness Toolkit

Click to Link to Resources: MHO Requirements: LTC Transfers

Click to Link to Resources: Palliative Care

Fluids → Is Hypodermoclysis Clinically indicated?
- YES → Initiate Hypodermoclysis 30-50ml/hr
- NO → Continue PO intake

Respiratory Support → Maintain O_2>90% on R/A or supplement O_2 via nasal prongs

Symptomatic Relief
- **Cough:**
  - Antitussives/opioids
  - PO Decongestant
  - Avoid nebulizers
- **Dyspnea/anxiety:**
  - O2 for Comfort
  - SC Opioids
  - SC/SL anxiolytics
- **Pain & Fever:**
  - Opiods
  - Antipyretics

→ Consider initiating Palliative Care Orders

IH-PH-COV-360 Updated