



Highlights of the Year

- With **Patient Medical Home funding**, the Division was able to continue to support:
 - Sullivan Campus Student Wellness Centre:** To empower and invest in youth by providing collaborative health services and resources in a non-judgmental, inclusive, safe, welcoming, and culturally sensitive environment in order to create a healthier community.
 - Salmon Arm Seniors Health and Wellness Centre:** At the Salmon Arm Seniors Health and Wellness Centre, we provide services designed to support the health and wellness of seniors living with chronic conditions. Our specialized care team supports seniors to live independently at home.
 - Mainstreet Medical Clinic:** Strengthening the Patient Medical Home by embedding the Integrated Care Team within the clinic. This has improved the patient and provider experience; improved communication across the provider spectrum and resulted in team-based care conferences for high needs patients.
- **Physician Wellness Program** was launched with a presentation and conversation with Dr. Banafcheh Hejazi "Doctors Cry too"
- **Physician Digital Marketing Campaign** launched with Sprong Creative
- **Vernon Seniors Action Network:** The goal is to establish and foster a self-sustaining network of stakeholders that focuses on enhancing the health and well-being of Vernon seniors
- **Intergenerational Choir:** Under the leadership of Drs. Joan Bratty and Barb McKinnon and musical direction from Andrea Roberts, Salmon Arm's Intergenerational Choir held its inaugural event to huge success.
- **Physician collegiality and networking opportunities:** Evening with General Surgery; Alcohol Use Disorder with Dr. Jeff Harries; Concussion workshop with Dr. Raymond Ancill; Trans Care Training; Fibromyalgia presentation by Dr. Laurie Main; CME on the Run Series
- Continue to **build and foster relationships with Lumby** to support physician recruitment and provision of health care services
- **MOA events** to promote networking and learning
- **Second Annual Long Term Care Conference** held in October 2018
- **Ongoing support for FETCH and Pathways**

For further details on these initiatives, please view the Annual Report video at:
<https://www.divisionsbc.ca/shuswap-north-okanagan>

The Year in Review

- APRIL**
- Educational Evening with General Surgery
 - Facility Engagement Meeting (Vernon)
 - Official opening of Sullivan Campus Wellness Centre
 - Palliative Care meeting with Dr. Doug Smith and Dr. Alan Nixon
 - GPSC Summit in Vancouver
 - Official launch of Vernon Seniors Action Network (V-SAN)
- MAY**
- Meeting with Lumby Health Society to discuss physician recruitment
 - Mock clients assessed at Seniors Wellness Centre in preparation for opening
 - Evaluator hired for Mainstreet Medical Patient Medical Home
 - Billing event for new to practice physicians
 - Inaugural Shuswap Intergenerational Choir performance
 - Alcohol Use Disorder Talks with Dr. Jeff Harries
 - Concussion workshop with Dr. Raymond Ancill
 - Long Term Care Physician Leadership meeting
 - Choosing Wisely Presentation
 - Inter-Divisional Strategic Council Meeting (ISC)
- JUNE**
- MOA events in both Salmon Arm and Vernon
- JULY**
- V-SAN meeting to establish Action Committees
- AUGUST**
- Mainstreet Medical Clinic evaluation report
 - Visit Theresa Smith (new NP) in Sorrento with Dr. Juliann Aitchison to establish relationships and ways to support
- SEPTEMBER**
- 8th Annual General Meeting – Laughter is the Best Medicine!
 - New Board members: Barb Rawlek Stone, Mark Ansdell, Shannon Rouke, Henry Iredia
 - Trans-care Physician Training in Vernon with Trans-Care BC
 - Salmon Arm Seniors Wellness Centre operational handover to Interior Health
 - Meditech Training for Physicians working at the Seniors Wellness Centre – orientation to Seniors Wellness folder and team documentation
 - PSP meeting with Salmon Arm Medical Clinic to kick start patient panel work
 - Palliative Care rounds kick off in Salmon Arm
 - Inter Divisional Strategic Council Meeting (ISC)
- OCTOBER**
- CME on the Run launched in Salmon Arm
 - 2nd SNO Annual Long Term Care Conference at Predator Ridge
 - Inaugural Physician Wellness Meeting in Salmon Arm with Dr. Banafcheh Hejazi and Canadian Medical Association: “Doctors Cry too”
- NOVEMBER**
- Inaugural Physician Wellness Meeting in Vernon with Dr. Banafcheh Hejazi and Canadian Medical Association: “Doctors Cry too”
 - Fibromyalgia presentation by Dr. Laurie Main in Salmon Arm
 - Rural Retention evaluation presentation by Doug Blackie
- DECEMBER**
- Inter Divisional Strategic Council Meeting (ISC)

The Year in Review

JANUARY

- Exploratory discussion on developing an Obesity Clinic in Salmon Arm
- Access and Flow meeting in Vernon to address transfers to Long Term Care facilities
- Long Term Care meeting in Vernon
- CME on the Run Salmon Arm
- Understanding your Audience meetings in Salmon Arm and Vernon with Sproing Creative

FEBRUARY

- SNO Support for New Physicians – Dinner in Vernon
- Opioid Harm Reduction Team Meeting – in Vernon with Vernon Community partners
- Mini LEAP workshop
- MOA meetings in Vernon and Salmon Arm

MARCH

- CME on the Run in Salmon Arm
- Provincial Round Table
- Meeting with Isobel Mackenzie (BC Seniors Advocate) to showcase Salmon Arm Seniors Wellness Centre
- Presentation at Hospice AGM: Journey towards Collaboration
- Long Term Care Physician Leadership Meeting in Vernon to discuss Transfers of Care
- Physician Wellness meeting in Vernon

Welcome to SNO

The following physicians joined our communities this year:

VERNON

Dr. Michelle Urbanski
Dr. Jeff Kwantes
Dr. Lindsay Kwantes
Dr. Jane Hofer
Dr. Paul Mori
Dr. Michelle Lehmkuhl
Dr. Leslie Ettlinger
Dr. Blair Stanley
Dr. Erin Sullivan

ARMSTRONG

Dr. Sharon Kainth

SALMON ARM

Dr. Alex Enns

LOCUM

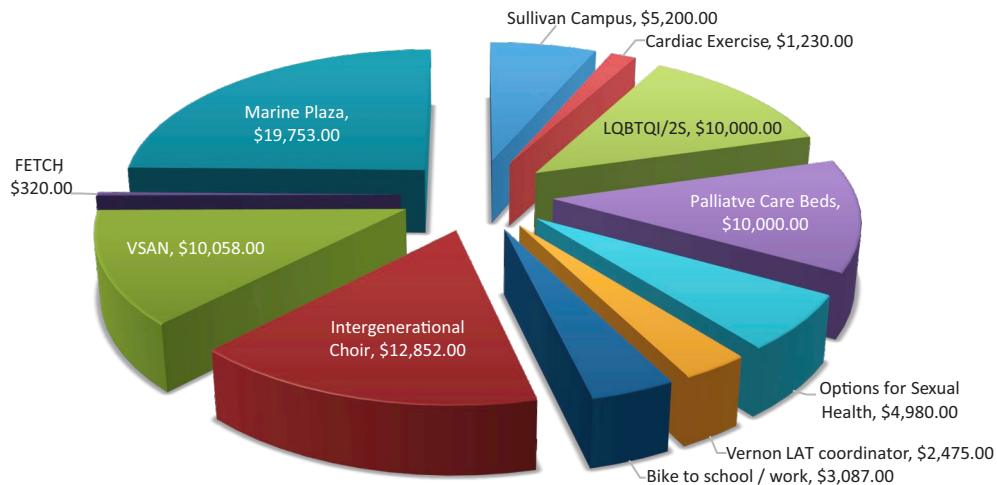
Dr. Jocelyn Unger

Major Expenses

2018-2019 Support For Patients and Community Programs Linked to Division Initiatives

Community Program / Partner	Division Initiative	Financial Support
Pro-Active Fitness	Cardiac exercise program (Salmon Arm)	\$1,230.00
Vernon Family Resource Centre	Supporting LGBTQI / 2S community	\$10,000.00
Sullivan Campus Wellness Centre	Options for Sexual Health	\$4,980.00
Shuswap Lake General Hospital Foundation Fall Campaign	Palliative Care beds in Shuswap Lake General Hospital	\$10,000.00
Salmon Arm Local Action Team: Child Youth Mental Health Collaborative	Sullivan Campus Student Wellness Centre	\$5,200.00
Vernon Local Action Team: Child Youth Mental Health Collaborative	LAT coordinator	\$2,475.00
Shuswap Bike Club and SD 83	Bike to Work / School (Salmon Arm)	\$3,087.00
Shuswap Intergenerational Choir	Intergenerational Health and Wellness	\$12,852.00
Vernon Community Agencies supporting Seniors	Vernon Seniors Action Network	\$10,058.00
For Everything That's Community Health	FETCH	\$320.00
Pathways	Physician Office Support	\$2,816.00
Salmon Arm Seniors Health and Wellness Centre	Seniors Health and Wellness	\$269.00
Marine Plaza	Community Collaboration and Division Office	\$19,753.00
Total Financial Support for 2018-2019		\$83,040.00

2018-2019 Support for Community Programs

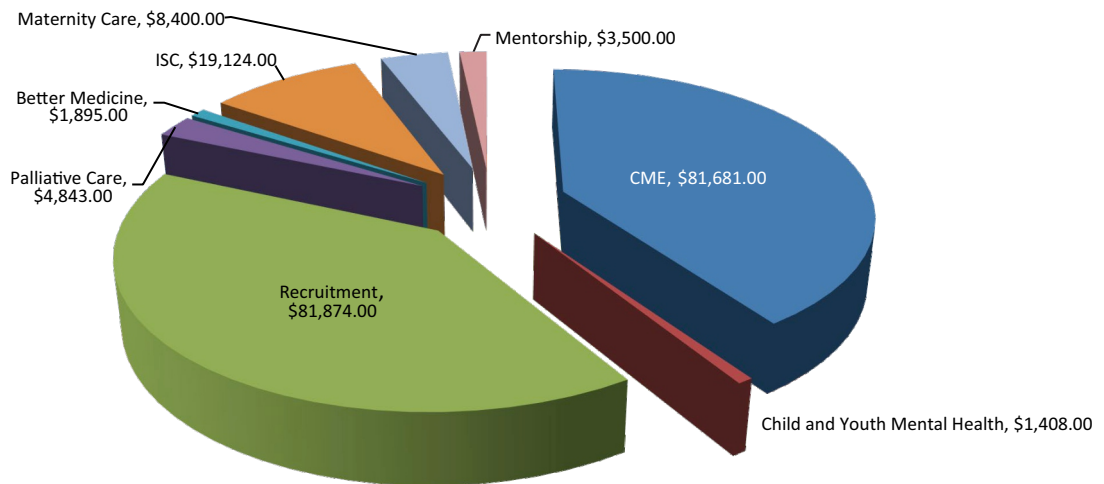


Major Expenses

2018-2019 Programs and Projects

	2018-2019
Recruitment	\$ 81,874.00
Mentorship	\$ 3,350.00
Palliative Care	\$ 4,843.00
Better Medicine (Research Hub)	\$ 1,895.00
Maternity Care	\$ 8,400.00
Interdivisional Strategic Council (ISC)	\$ 19,124.00
Child and Youth Mental Health	\$ 1,408.00
Total	\$ 120,894.00

2018-2019 Programs and Projects



2018-2019 Director and Member Sessional Fees

	2018-2019
Board Meetings	\$ 43,227.00
Collaborative Services Committee	\$ 5,461.00
Events	\$ 9,378.00
Total	\$ 58,066.00

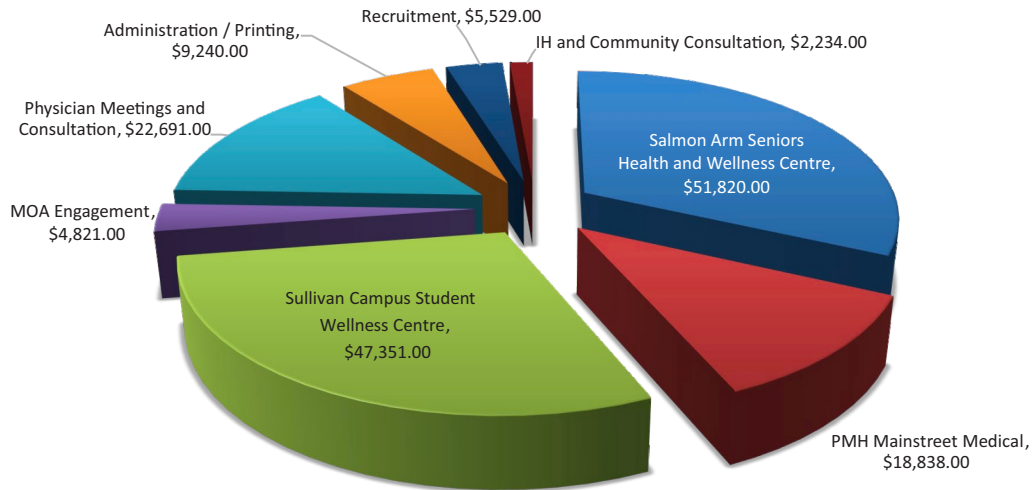
Major Expenses

2018-2019 Patient Medical Home (PMH) Funding

2018-2019

Salmon Arm Seniors Health and Wellness Centre	\$ 51,820.00
PMH Mainstreet Medical	\$ 18,838.00
Sullivan Campus Student Wellness Centre	\$ 47,351.00
MOA Engagement	\$ 4,821.00
Physician Meetings and Consultation	\$ 22,691.00
Administration, Printing	\$ 9,038.00
Recruitment	\$ 5,529.00
Interior Health and Community Consultation	\$ 2,234.00
Total	\$ 162,322.00

2018-2019 Patient Medical Home (PMH) Funding



Financial Statements

2018-2019 Statement of Operations for the Year Ended March 31, 2019

REVENUE	2018-2019	2017-2018
Infrastructure	\$ 616,619.00	\$ 495,106.00
Unassigned In-patient Care Network	\$ 182,500.00	\$ 182,500.00
Long Term Care Program	\$ 395,081.00	\$ 394,229.00
PMH Network Development	\$ 162,322.00	\$ -
Interest Income	\$ -	\$ 45.00
Total	\$ 1,356,522.00	\$ 1,071,880.00
EXPENSES		
Amortization	\$ 1,582.00	\$ 3,817.00
Bank Charges and Interest	\$ 1,333.00	\$ 594.00
Divison Collaboration		
Community Agencies and Programs (Note 1)	\$ 83,040.00	\$ 91,276.00
Continuing Medical Education	\$ 81,681.00	\$ 33,979.00
Event and Meeting Costs	\$ 63,211.00	\$ 39,132.00
Unassigned In-patient Care Network Fees	\$ 182,500.00	\$ 182,500.00
Insurance	\$ 1,585.00	\$ 53.00
Office	\$ 19,873.00	\$ 28,850.00
Directors and Member Sessional Fees (Note 2)	\$ 58,066.00	\$ 63,889.00
PMH Network Development	\$ 162,322.00	\$ -
Auditor Fees	\$ 10,539.00	\$ 10,675.00
Programs and Projects (Note 3)	\$ 120,894.00	\$ 64,141.00
Long Term Care Program	\$ 395,081.00	\$ 394,229.00
Salaries and wages	\$ 169,924.00	\$ 148,660.00
Travel	\$ 6,473.00	\$ 2,417.00
Total	\$ 1,358,104.00	\$ 1,064,212.00
EXCESS (DEFICIENCY) of Revenues Over Expenses	\$ (1,582.00)	\$ 7,668.00

2018/19 Statement of Cash Flow from Operating Activities for the Year Ended March 31

Cash Receipts from Funders	\$ 1,450,117.00	\$ 1,131,669.00
Cash Paid to Suppliers and Employees	\$ (1,357,610.00)	\$ (1,156,792.00)
Interest Paid	\$ (1,333.00)	\$ (594.00)
Cash Flows from Investing Activities		
Acquisition of Property and Equipment	\$ -	\$ (11,440.00)
Net (Decrease) Increase in Cash	\$ 91,174.00	\$ (37,112.00)
Cash at Beginning of the Year	\$ 153,531.00	\$ 190,643.00
Cash at the End of the Year	\$ 244,705.00	\$ 153,531.00

The full audit report is available upon request.

Financial Statements

Note 1 - Support for Patients and Community Programs Linked to Division Initiatives

	2018-2019	2017-2018
Division Collaboration with Community Agencies and Programs		
Bike to Work / School - Salmon Arm	\$ 3,087.00	\$ 2,550.00
Cardiac Exercise Program - Salmon Arm	\$ 1,230.00	\$ 4,920.00
Options for Sexual Health	\$ 4,980.00	\$ -
For Everything That's Community Health (FETCH)	\$ 320.00	\$ 523.00
Mainstreet Clinic - PMH IH Collaboration	\$ -	\$ 4,800.00
Pathways	\$ 2,816.00	\$ 5,058.00
Salmon Arm Seniors Health and Wellness Centre	\$ 269.00	\$ 2,480.00
Salmon Arm Youth Wellness Centre (Sullivan Campus)	\$ 5,200.00	\$ 21,192.00
Shuswap Family Resource Centre		
- Train the Trainer (Sexual Abuse)	\$ -	\$ 7,000.00
Marine Plaza Expense	\$ 19,753.00	\$ -
Shuswap Hospital Foundation	\$ 10,000.00	\$ 10,000.00
Shuswap Intergenerational Choir	\$ 12,852.00	\$ 4,500.00
Unused Medication Return Project		
- in collaboration with Vernon CMHA	\$ -	\$ 5,000.00
Vernon CYMHSU Local Action Team	\$ 2,475.00	\$ 640.00
Vernon Family Resource Centre (LGBTQ/2S Coord)	\$ 10,000.00	\$ 9,000.00
Vernon Youth Hub - in collaboration with Vernon CMHA	\$ -	\$ 2,300.00
Vernon Seniors Action Network	\$ 10,058.00	\$ 11,313.00
Total	\$ 83,040.00	\$ 91,276.00

Note 2 - Directors and Member Fees

Board meetings	\$ 43,227.00	\$ 47,672.00
Collaborative Services Committee (CSC)	\$ 5,461.00	\$ 3,911.00
Events	\$ 9,378.00	\$ 12,306.00
Total	\$ 58,066.00	\$ 63,889.00

Note 3 - Programs and Projects

ISC / GPSC Roundtable	\$ 19,124.00	\$ 5,594.00
Maternity Care	\$ 8,400.00	\$ 8,400.00
Mentorship	\$ 3,350.00	\$ 140.00
Recruitment	\$ 81,874.00	\$ 5,679.00
PMH / PCH	\$ -	\$ 9,447.00
Palliative Care	\$ 4,843.00	\$ 3,097.00
Research Program	\$ 1,895.00	\$ 19,488.00
Long Term Care	\$ -	\$ 11,567.00
Child and Youth Mental Health	\$ 1,408.00	\$ 729.00
Total	\$ 120,894.00	\$ 64,141.00



Our Vision

Healthy patients, communities and physicians.

Our Mission

Family Physicians working to provide better sustainable healthcare for our communities, thereby increasing physician satisfaction.

2018-2019 Board Members

Dr. Mark Ansdell	Physician Lead
Dr. Brian Ayotte	
Dr. Elaine French	
Dr. Henry Iredia	Treasurer
Dr. Shannon Rourke	
Dr. Barb Rawlek Stone	
Dr. Elizabeth Watson	

