

Dear Primary Care Clinicians,

We are looking to conduct 15 minute interviews with primary care clinicians whose practices include 15% or more patients who are older adults 55+ that self-identify as LGBT or 15% who are South Asian or 15% who are Chinese (the three minority groups targeted in this study). The goal of our study is to understand advance care planning (ACP) discussions between clinicians and their older adult patients from these three minority groups. We are interested in learning about the barriers you may have encountered in initiating or carrying out ACP discussions with one or more of these groups, facilitating factors, and the tools you may have used (e.g. Serious Illness Conversation Guide).


Only a minority of older adults 55+ have discussed their end of life care wishes with their clinician. There is reason to believe that numbers are even smaller among older adults in the three minority groups.

This study is conducted by Dr. Gloria Gutman and a research team from the Gerontology Research Centre at Simon Fraser University. It is part of the national "Improving Advance Care Planning for Frail Elderly Canadians" (iCAN-ACP) project funded by the Canadian Frailty Network (<https://icanacp.ca>). The goal of the project is to better match patients' wishes with the care they receive at the end of life.

The interviews may be conducted by telephone, email, or in person. To participate or for further information, please contact Helen Kwan at hhkwan@sfu.ca or 778-668-1821.

We hope the results of our research can be applied to assist clinicians to effectively discuss ACP with older adults from the three minority groups and to assist them/their families to more effectively engage in ACP.

Sincerely,



Gloria M. Gutman, PhD
iCAN-ACP Diversity Access Team leader
Professor Emerita Gerontology SFU