



Interior Health Research Department

Rural Health Research e news

This newsletter is intended to engage & inform current and future partners & knowledge users in community-based rural health research activities in the Interior region of BC. It will be issued twice per year in November and March. Please forward to interested others. [Unsubscribe](#) or [subscribe](#) here.

New community-based Rural Health Research

Congratulations to **Dr. Eric Li** (Faculty of Management, University of BC - Okanagan campus) for obtaining a **\$ 64,484 SSHRC Insight Development Grant** to fund "*Engaging Stakeholders in Co-Creating Sustainable Communities: A Study on Rural Communities in the BC Interior*". Rural community representatives interested in participating in the study can contact Dr. Li eric.li@ubc.ca

Current community-based Rural Health Research environmental scan

IH maintains a quarterly inventory of rural health research planned or underway across the region.

The next issue of the scan will be compiled in December. Please send your details by Dec. 15th. As of September 30th, there are 34 rural health studies underway: 7 in IH West, 17 in IH Central and 10 in IH East. The next e scan will be completed by December 31st. Contact us to **add your study to a future scan**. The scan is not a public document and is monitored to assess gaps and opportunities for future studies. Inquiries are welcome – contact the Community Research Lead.

Interested in knowing where all research is happening within Interior Health? Our [new interactive map](#) shows where and what type of research is taking place across our health authority.

Knowledge Mobilization

Campus – Community Partnerships for Rural Health seminar series (Poster attached)

Co-sponsored by the UBCO Institute for Healthy Living & Chronic Disease Prevention & Interior Health Research Department.

[January 17, 2017 noon - 1 pm Exploring the entrepreneurial activities of citizen-led coalitions](#)

[November 2, 2017 Aging at Risk: The South Similkameen Rural Mental Health Project](#) (Archived)

Let us know about your rural health research results for consideration in an upcoming seminar!!

UBCO Institute for Community Engaged Research (ICER)

[A Living Wage for Revelstoke, BC: An Economic Impact Assessment](#) In 2015, the Revelstoke Community Social Development Committee requested members of the Institute for Community Engaged Research, and the Interior Health Community Health Facilitator collaborate with them to answer the question: *What are the potential impacts of introducing a living wage in Revelstoke?*

The research team has published their [findings and created a tool](#) that can be updated with data from other communities.

Rural Research Partner - Network development

The IH *Community Research Lead* catalyzes forms and facilitates community-based rural health research partnerships and study teams across the Interior. Stay tuned for future networking activities.

Rural communities – do you have a sticky issue for which you need help to solve? Are you interested in co-defining a research question and co-creating a solution to your local health challenge?

Researchers – would your research question and study team benefit from a rural community partner or an Interior Health professional?

Health professionals – have you an area of rural health research or practice that you've always wanted to study?

Email the [Community Research Lead](#) to discuss your idea and to add your name to the growing bank of rural health community research partners.

Regional Alliance for Rural Health

A *Regional Alliance for Rural Health* is forming to increase and advance knowledge to improve rural health and wellbeing, through collaborative community-engaged action research on the social determinants of health. Post-secondary institutions and health partners from across IH are coming together for an inaugural planning meeting November 24th at Selkirk College. Stay tuned for an update next issue.

IH Research Department

The [IH Research Department](#) engages with health care recipients and providers in all aspects of health research (i.e., designing, conducting and using knowledge) across Interior Health to advance health care delivery and contribute to better health for individuals and populations.

The *Community Research Lead* position was created to advance an aim of the **IH Research Strategy** (2014). **Recommendation 5:** *IH should support the development of Prevention and Rural/Remote Health Care including e-health initiatives as its research foci. Ideally, these two areas would be collapsed into one research program.*

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