

Dear Sir/Madam:

Re: Palliative Care Resources

You are receiving these documents because you or someone close to you has received a palliative diagnoses.

This package has been developed to guide you through the palliative journey and contains information and contact information of organizations that might be of help to you.

If you have any questions about the palliative journey or any of these resources, you are always welcome to schedule a meeting with your family doctor.

Kind Regards,

The Powell River Division of Family Practice

BC Bereavement Helpline

BC Bereavement Helpline (BCBH) is a non-profit, free, and confidential service that connects the public to grief support services within the province of BC. The BCBH assists in coping and managing grief.

Phone: 1-877-779-2223

Website: www.bcbereavementhelpline.com

After Hours Palliative Nursing Service

Access to Registered Nurses trained to provide free confidential support for patients and family caregivers who are receiving home care nursing services.

Phone: 1-877-800-8882

Available: 9 pm to 8 am, 7 days a week