

# PALLIATIVE RESOURCE BINDER: TABLE OF CONTENTS

## MISCELLANEOUS ITEMS

- Pocket Flash Drive with electronic copies of all documents & resources
1. Palliative Resource Checklist – **Suggested Time of Use For Each Resource**
  2. Palliative Care Referral Process – GP to Home and Community Care

## ADVANCED CARE PLANNING (ACP)

*Tools for physicians, nurse practitioners and nurses to have "The Conversation"*

3. Scripted Questions for Advance Care Planning – Practice Support Program (PSP)
4. ACP Requirements Cheat-Sheet Card
5. Your Conversation Starter Kit Booklet (with Canadian legal addition sheet)
6. How to talk to your Doctor – or any member of your health care team
7. **RA7** – Nidus Making & Registering your Representation Agreement Section 7
8. **RA9** – Nidus Making & Registering your Representation Agreement Section 9

## FORMS & TOOLS

*Benefits applications and assessments to communicate patient status*

9. **SPICIT** - BC Palliative Care Benefits Registration
10. **PPS** – Palliative Performance Scale Version 2
11. **ESAS** - Edmonton Symptom Assessment System (4 page Palliative Version)
12. Medical Certificate for Employment Insurance (**EI**) **Compassionate Care Benefits** – Service Canada
13. No Cardiopulmonary Resuscitation ("**NO CPR**") (**DNR**) – British Columbia Ambulance Service
14. **Notification of Expected Death** in the Home – Ministry of Health
15. Canadian **Red Cross (help)** Health Equipment Loan Program – Short Term Referral Form
16. Inter-Professional **Palliative Checklist** Acute-to-Home and Patient & Family Palliative **Discharge Meeting**
17. **Standing Home Orders** – End of Life (EOL)
18. Appendix B – Medications used in Palliative Care for Constipation
19. Bowel Management Guidelines – Victoria Hospice

## PATIENT HANDOUTS

*Supportive information to use at various times in the palliative journey*

20. Symptom Management Handout – Vancouver Coastal Health (VCH)
21. When Death is Close at Hand – VCH
22. Helping Children Cope with Death – VCH
23. Dehydration at the End of Life – VCH
24. What to do when Someone Dies – VCH
25. Preparing for the Death of a Loved One - VCH
26. After Hours Palliative Nursing Service - VCH
27. If you Want to Die Naturally at Home, Consider these steps – VCH

## HOSPICE

*Powell River Hospice referral and grief materials*

28. Palliative/Bereavement Client Referral Form
29. Hospice Volunteer Visitor Program
30. Grief Pamphlets:
  - a) After Suicide
  - b) Children & Teens
  - c) Coping with Challenges
  - d) Special Days & Holidays
  - e) Ten things to Know
  - f) Things to Remember when Supporting a Grieving Partner
  - g) Understanding your Emotions
  - h) What Makes it Difficult