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From our Executive Director

Welcome to *CentrePoint*, our brand-new monthly newsletter, aimed at sharing news, resources, achievements and opportunities to participate in Centre initiatives.

I hope you'll find this a useful addition to your inbox, where you can find out what's happening in all facets of palliative care practice and supports in our province, learn about new developments, and celebrate successes throughout the sector.

In 2013, the BC Centre for Palliative Care (BCCPC) came into being with the mandate to support BC's end-of-life care plan, and to help British Columbians living with serious illnesses to have the best possible quality of life. In a nutshell, we exist to work with partners in the health system and community to advance the practice of palliative care in our province through evidence-based and innovative solutions.

It's a lofty—and important—goal, and we're grateful for our partners and stakeholders who help to make it possible.

With your collaboration, we have we helped improve access to palliative services and mobilized citizens and communities to become more resilient and supportive for patients and families.

Knowledge increases with sharing. A simple idea, and one that is fundamental to our work at the Centre. So let's celebrate shared knowledge, common ideals and collective successes.

Enjoy!



BCCPC funds Support to New Hospice in Langley

Partially funded by **BCCPC** through a government grant, a new 15-bed hospice for residents of Langley begins construction this month, a 50% increase in the number of beds available for people affected by life-limiting and terminal conditions, and includes comfortable and quiet spaces for families of residents. The project was announced by the B.C. Ministry of Health.

Read more at gov.bc.ca.

The Path Forward: *a* bold roadmap for high quality and sustainable hospice care in BC

The newly released <u>Hospice Care in British</u> <u>Columbia: The Path Forward</u> report is a crucial first step in improving access to high quality, fully integrated and sustained hospice care for all British Columbians. **The first-of***its-kind report*, created by the Provincial Hospice Working Group (PHWG), describes the current state of hospice care in BC and concludes with a bold call to action: leverage and sustain hospice care in BC through a 10-step plan aiming to address



the accelerating demands for holistic care and supports for older adults and people affected by serious illnesses in local communities. The first step in the path is to form the *Hospice Care Alliance of British Columbia*, with representatives from hospice organizations, government, health authorities, professional organizations, researchers, health care facilities, charities, and patient and family groups to be responsible for bringing the vision of The Path Forward to life.

Read more at hcabc.ca

BCCPC is a co-founder of the Provincial Hospice Working Group, the authors of the report. The Group is a collaborative with representatives of other leading hospice palliative care organizations including British Columbia Hospice Palliative Care Association, Sovereign Order of St. John of Jerusalem, Knights Hospitaller, Victoria Hospice, and Vancouver Island Federation of Hospices.

COVID-19: Full-spectrum support to meet a oncein-a-generation need



By the time WHO declared a global pandemic on March 11, the health care community had already been on alert, prepping to meet the challenge of a once-in-a-century epidemiological event. The coming months would be anything but business as usual, and the stakeholder groups of the BCCPC—health care professionals, community organizations and individuals and families—would need information resources that were easy to

find, easy to understand, comprehensive and dynamic enough to respond to a rapidly changing landscape.

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Extra Support for Health Care Assistants during COVID

With orders to self-isolate and even quarantine some vulnerable individuals and populations, the COVID-19 pandemic is placing unprecedented demands on healthcare professionals, especially health care assistants, in both their professional capacity as well as in daily life.

BCCPC is offering online gatherings, *Patio Ponderings*, to connect health care assistants, from across BC to share their stories, stresses



and triumphs about the current pandemic, and to build skills for more resiliency.

READ MORE...

Compassionate Communities Toolkit Growing supportive networks for people affected by serious illnesses.

Compassionate communities don't just happen, they are an intentional act by a community of people determined to improve the experiences of everyone in the community, especially those living with serious illness, caregiving, dying or grieving. A community takes an active role in caring for these people and connecting them to supports; raising awareness about end-of-life issues; and building supportive networks.

BCCPC is leading the charge with a toolkit that can help all communities across BC join this growing global movement and become more caring, supportive and compassionate.

Living in a compassionate community benefits us all. READ MORE...



Dementia Decisions: The Importance of Advance Care Planning

With Advance Care Planning (ACP), people stay in control of their health-care decisions, even when they can no longer make decisions for themselves. ACP is a process of conversations with their family, friends, caregivers and health-care providers, and is a key component of person-centred care. Kathy Sheng talks about the importance of ACP for people living with dementia, debunks some common misconceptions, and shares a project milestone.

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For Health Care Assistants

Summer 2020 – A Dash of Creativity and Laughter

Laughter is a powerful tool to help deal with difficult situations. Prepare for this session by submitting a creative project to the <u>Summer 2020 Patio Ponderings Challenge</u> (before August 25), and get ready to share your project. **REGISTER NOW:** <u>Monday</u>, <u>August 31, 2pm</u>

For Everyone!

Online Information Sessions about Advance Care Planning

for people with a Chinese or South Asian cultural background.

Tailored to the Chinese and South Asian cultures, these **FREE** sessions will help you think and talk about your wishes and who would make decisions for you if you cannot. You'll learn about why Advance Care Planning is important for everyone and how to do it.

REGISTER NOW:

Punjabi session: Tuesday, September 1. Contact Gagan Kurrha (gkurrha@bc-cpc.ca)

For Community Organizations

Online Facilitator Training (+Toolkit and Coaching) for community organizations interested in hosting Advance Care Planning sessions

for people with a Chinese or South Asian cultural background.

We will be training Advance Care Planning facilitators in September/October and providing a toolkit of resources and coaching for community organizations interested in hosting Advance Care Planning information sessions for people with a Chinese or South Asian cultural background.

IF INTERESTED, contact <u>Rachel Carter</u> (<u>rcarter@bc-cpc.ca</u>) For more information, <u>visit us online</u>

Articles

<u>Choosing Educational Resources to Build Interprofessional, Palliative Care Competency: A</u> <u>Replicable Review Methodology. Journal of Palliative Care.</u> **July 2020**.

Reports

Advance Care Planning for People Living with Dementia Environmental Scan. April 2020

Hospice Care in British Columbia: A Current State Assessment October 2019



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