Pediatric Head Injury (<24h after incident)

The most important consideration is history. Refer to the ED if:

- High-risk mechanism (pedestrian or bicyclist without helmet struck by motorized vehicle, fall from >3 feet, head struck by high-impact object)
- Any loss of consciousness (LOC)
- GCS <14 more than 2 hours post-injury
- ≥ 2 episodes of vomiting
- Abnormal behaviour post-injury
- Abnormal neurological exam
- Anticoagulation
- Physician gestalt

If none of these high-risk features are present, consider a diagnosis of concussion or contusion and follow up accordingly.

Resources

- Pediatric Head Injury Trauma Algorithm (PECARN)
- Glasgow Coma Scale (GCS)
- <u>SCAT5 Concussion Assessment</u> (Page 3, Section 2)
- Concussion Education
- <u>Patient Discharge Information Concussion (Children) Education</u> (can text this directly to patient via website)





