

# Pediatrics

## Nursemaid's Elbow (radial head dislocation)

- Toddler, apprehensively splinting arm in pronation, not using ipsilateral hand
- Hold the child's elbow with one hand, placing finger/thumb on lateral aspect, overlying the radial head
- With your other hand:
  - Supinate hand while gently flexing the elbow
  - Usually you feel a 'click' over radial head
  - Child may cry for a moment then looks better and starts using that arm
  - XR is recommended if injury is due to trauma (i.e. a fall), but not necessary for a classic tug of the arm

### Resources

- [Video: Nursemaid's Elbow Emergency](#)

