

## CME Tracking with UpToDate



UpToDate's Self-Learning program has been certified by CFPC for up to 0.5 Mainpro+ credits per internet point-of-care learning cycle, for a maximum of 250 Mainpro+ certified credits (CERT+ Session ID# 186208-001).

- Subscribers can earn credit each time a clinical question is researched or topics are viewed.
- Clinicians may view or print past CME submissions and certificates as needed.
- Credits or contact hours may be processed online for up to two years from the time they were accrued.
- Credits not redeemed within two years will expire.

UpToDate automatically records usage and lets users review and manage the credits earned. Redeeming credits through UpToDate is a simple process and does not require tests, fees, or third-party providers, as outlined in [this step-by-step guide](#).

For more information, visit the UpToDate website [here](#) or contact [UpToDate Customer Service](#).

Follow [this link](#) for information on how to get a free subscription to UpToDate through the Division.