



November 20, 2012

Dear Family Physicians,

Re: Physician referrals for children and adolescents with obesity

I am pleased to inform you that I recently joined with the team of health professionals at Child, Youth and Family Health, NRGH, and am available to work with families of children and teens with obesity. Our team of dietitians, psychologist and pediatric consultants are currently seeking referrals for children and adolescents who might benefit from multi-disciplinary assessment and support (nutrition, lifestyle, motivation and behavioral counselling) around weight management.

If you have a patient who meets the following criteria:

- between the ages of 6 and 17 years**
- BMI >95th %ile or >85th %ile with co-morbidities**
- Child/Teen and his/her parents and/or caregivers are interested and able to participate in comprehensive assessment and intervention provided in Nanaimo,**

Please copy and complete the attached physician referral form and FAX to: 250-755-7946.

Sincerely,

**Glynis Marks, Ph.D., Registered Psychologist,
Child, Youth and Family Health,
#39 - 1925 Bowen Road
Nanaimo, B.C. V9S 1H1
Phone: 250.755.7955
Fax: 250.755.7946**