



# Telehealth

## What is Heart Failure Home Health Monitoring?

Clients and caregivers enrolled in the HHM Service participate in the following:



- Chronic Disease Self-Management Support
- Heart Failure Education
- Support in Developing a MyHealth Plan
- Technical Training

A technician installs the following at a client's home



### Home Health Monitoring for Heart Failure

keeps people in their homes through self management support from health care professionals.

#### Goals of Home Health Monitoring:



Assist clients in early detection and intervention of heart failure exacerbations

Reduce hospital admissions




Improve health outcomes

Enhance quality of life




#### The HHM Nurse...

Communicates concerns and client progress to family physician or nurse practitioner

Responds to alerts Monday to Friday during office hours

Supporting clients to be proficient and confident in self-management of their condition

Helps client recognize when to seek care from primary care provider or emergency services



#### The client completes a daily heart failure HHM care plan

1. Takes vital signs

2. Responds to care plan questions



3. Once complete, care plan and vital signs are sent to the HHM nurse

