

Work - Live - Play



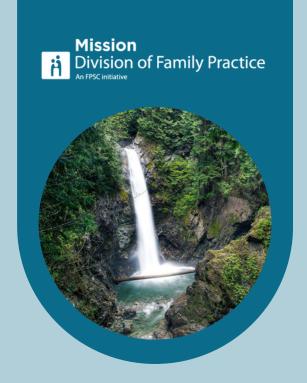


Your Quick Guide to Practicing in Mission

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About **Our Division**

The Mission Division of Family Practice is a physician-led non-profit organization dedicated to strengthening primary care in Mission, BC. We support primary care providers with resources, advocacy, while professional development working together to enhance patient care and improve healthcare access in our community. Through partnerships with Fraser Health, the Ministry of Health, and the Family Practice Services Committee, we drive meaningful change that benefits both providers and patients.





Our Mission

To promote sustainable primary health care through programs which address the healthcare issues of our community and physicians.

Our Vision

The collaboration of local family physicians providing excellence in comprehensive care to the community of Mission.





Our Values

Quality care, member support, collaboration, innovation, and trust.

Our values help guide our decisions, actions and behaviours.

Member Benefits



Joining is **completely free** to all family physicians and nurse practitioners practicing primary care in our region, and offers a wide range of benefits designed to support your practice and professional growth. As a member, you'll receive in-practice support, access to team-based care funding, and free networking and educational events, all while being part of a strong, collaborative community of primary care providers.



Team-Based Care & Practice Support

Gain peer support in managing complex cases and unattached patients, reducing professional isolation and boosting job satisfaction. Access Primary Care Network supports and dedicated Division resources to enhance team-based care implementation, streamline practice management, and improve patient care.



Networking & Education

Engage with a vibrant professional community through free social and educational events, mentorship opportunities, and professional development programs. Build strong networks with Family Physicians and Nurse Practitioners to share knowledge and collaborate effectively.



Professional Growth Opportunities

Explore diverse clinical roles and learning experiences, including opportunities in general practice, long-term care, hospitalist positions, emergency rooms, and preceptorships. These experiences foster continuous growth and broaden your professional horizons.



Advocacy & Influence

Have a voice in shaping healthcare policies and improving patient care in Mission. As a member, you'll have the ability to advocate at a systems-level for the needs of your patients, yourself, and your colleagues, contributing to to meaningful change.

Welcome to Mission

Thrive Professionally, Live Exceptionally

Nestled on a scenic mountainside overlooking the Fraser River Valley, Mission BC offers an incredible balance of small-town charm and easy access to big-city resources. As a rapidly growing community of nearly 45,000 residents, Mission fosters close-knit, а atmosphere where physicians are valued members of both the healthcare and broader community. With a collaborative medical network, strong professional support, and a welcoming patient population, Mission provides an ideal environment for primary care providers seeking both professional fulfillment and an exceptional quality of life.





Beyond its rewarding practice opportunities, Mission boasts stunning natural beauty, with towering mountains, lush forests, and picturesque lakes just minutes from your doorstep. Outdoor enthusiasts can enjoy year-round hiking, fishing, skiing, and biking, while the town's vibrant arts scene, diverse dining options, and family-friendly amenities create a well-rounded lifestyle.

Located just 70 km east of Vancouver and a short drive from the U.S. border, Mission offers the best of both worlds—a peaceful, community-oriented place to call home with seamless access to world-class urban amenities. Whether you're looking to establish a thriving practice, raise a family, or enjoy an active lifestyle, Mission welcomes you to experience all it has to offer.



Mission Division Projects

Our Focus Areas

In Mission, we are expanding on existing primary care services by focusing on the following strategies: Mental Health and Substance use Services, Indigenous services, and Outreach services for Seniors and Youth.

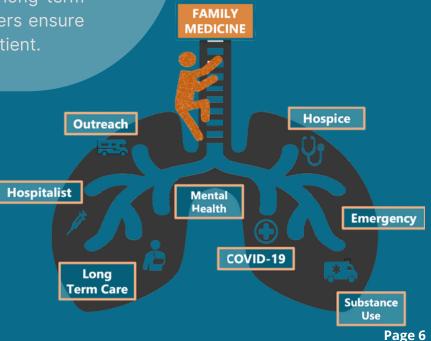
Outreach
Services for
Seniors &
Youth

Enhanced
Indigenous
Health
Services

Enhanced
Mental Health
& Substance
Use Services

Family Medicine: The Heart of Coordinated Care

Family medicine serves as the **foundation** of a comprehensive healthcare system, connecting patients to specialized services through a collaborative, team-based approach. By supporting seamless transitions across areas like mental health, emergency care, long-term care, and more, primary care providers ensure holistic, continuous care for every patient.





Mission Division Projects



Mission Primary Care Network

The Mission Primary Care Network (PCN) is a community-based healthcare network that uses a team-based approach to provide more comprehensive and coordinated care. By bringing together family physicians, nurse practitioners, and other healthcare professionals, the PCN enhances access to primary care services and supports collaboration among providers. Its primary goal is to connect patients with a dedicated primary care provider, ensuring timely, continuous, and equitable healthcare for all residents.

Team-Based Care

The Mission PCN includes the following team-based care supports:

- Family Physicians
- Nurse Practitioners
- Indigenous Cultural Advisor
- Clinical Pharmacist
- Social Worker
- Mental Health Counsellor





Mission Division Projects



Mission Mobile Health Unit

Mission in Motion mobile outreach clinics provide accessible, confidential, and compassionate care for patients. Serving two clinics for Mission Youth and Leq'á:mel First Nation, Mission in Motion is staffed by dedicated physicians and outreach workers providing patients with the support they need - where they need. The clinic runs every Tuesday, 3:00 p.m. – 5:00 p.m. (walk-in only, no appointments)



Pathways

<u>Pathways</u> is a web-based platform that offers up-to-date referral information for specialists and clinics, including wait times and areas of expertise. It also integrates e-referrals to streamline the referral process, and has patient handouts for various medical conditions.



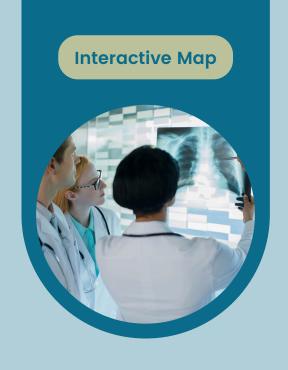
Shared Care

Our <u>Shared Care</u> work focuses on fostering collaboration and strengthening the healthcare system through sustainable, coordinated improvements. Notable projects include participation in the Maternity Spread Network, supporting better care outcomes for pregnant people and their families.

Mission **Health Hub**

Healthcare services in Mission are conveniently located within the boundaries of a health hub.

- 1. The Cedars
- 2. BC Emergency Health Services
- 3. LifeLabs Medical Laboratory
- 4. The Residence in Mission
- 5. Mission Memorial Hospital: Emergency
- 6. Mission Memorial Hospital: Laboratory
- 7. Mission Memorial Hospital: Ambulatory Daycare
- 8. Mission Memorial Hospital: Hospice
- 9. Mission Memorial Hospital: Medicine Unit
- 10. Mission Memorial Hospital: Physiotherapy



- **11.** Mission Division of Family Practice/ Mission Oaks/Home Health/Diabetes Clinic/Mental Health
- 12. The Medical Group
- 13. FraserCare Medical
- 14. Mission Hills / Cedar Care



Collaborations



Mission Memorial Hospital

Mission Memorial Hospital is a physician-run community hospital featuring a 30-bed medical ward, a 20-bed PATH unit, and a 24-hour emergency room. The hospitalist department, provides the majority of inpatient care. Outpatient services include laboratory testing, imaging (x-ray and ultrasound), an ambulatory daycare unit, a stress test facility, and an endoscopy suite. Specialized care is supported by rotating Internal Medicine, Infectious Diseases, and Gastroenterology consultations. All community Family Physicians (FPs) are encouraged to seek privileges in the Hospitalist and ER departments.

The Residence in Mission (T.R.I.M.)

This initiative supports long-term care patients by providing a primary care provider for unattached patients. T.R.I.M. serves seniors with complex care needs, individuals with dementia, and people with acquired brain injuries, ensuring comprehensive and compassionate care.

Mission Hospice

Located on the third floor of Mission Memorial Hospital, this 10-bed hospice—operated by Fraser Health—works in partnership with the Christine Morrison Hospice to provide compassionate end-of-life care in a supportive and loving environment.

Mission In Motion - Medical RV

Mission in Motion mobile outreach clinics provide accessible, confidential, and compassionate care for patients. Serving two clinics for Mission Youth and Leq'á:mel First Nation, Mission in Motion is staffed by dedicated physicians and outreach workers providing patients with the support they need - where they need.

UBC Residency Program

In partnership with Abbotsford Regional Hospital (ARH), the Mission Division of Family Practice supports UBC residents through educational and social events. Since 2010, the Mission program has welcomed over 49 residents, providing meaningful clinical experience in a supportive environment.



Live in Mission

Mission is an Ideal Place to Live

Mission offers the perfect blend of small-town charm and big-city accessibility. Residents enjoy convenient global transportation links, with **Abbotsford International Airport**, two nearby border crossings into the United States, and the Trans-Canada Highway Corridor just 15 minutes away. Commuting to Vancouver is made easy with the **West Coast Express**, a commuter rail service running during peak morning and evening hours.





Families benefit from **diverse educational options**, including School District 73, the International Student Program, Valley Christian School, L'École des Deux-Rives, Khalsa School, and M. F. I. School

For **post-secondary education**, nearby institutions offer a range of programs and training opportunities. The University of the Fraser Valley (UFV), a fully accredited public university, enrolls approximately 15,000 students annually and offers over 100 programs, including two master's degrees, 19 bachelor's degrees, and specialized programs in more than 30 subjects, along with trades and technology courses. Other local options include Riverside College, Columbia Bible College, Sprott Shaw College, and Vancouver Career College, providing residents with access to quality education close to home.



Community Life



Family-Friendly Recreation

Mission offers a vibrant array of activities and attractions for every interest and age group. The community's Leisure Centre features a pool, hot tub, steam room, and a hockey arena, making it a hub for recreation and family fun.



Vibrant Arts & Culture

The Clarke Theatre is a premier multi-purpose venue that hosts civic events and showcases both Canadian and international talent. A highlight of the cultural calendar is the annual Folk Music Festival every July—a must-attend event for music lovers.



Exciting Motorsports

For adrenaline enthusiasts, Mission Raceway Park is one of British Columbia's top motorsports destinations. It features a ¼-mile NHRA-sanctioned dragstrip, a 2 km, 9-turn road course, and a 3 km motocross track, offering high-speed excitement for racers and spectators alike.



Community Events

Mission is home to numerous family-friendly events that bring the community together throughout the year. Highlights include Canada Day Celebrations at Heritage Park, the lively Folk Festival, and the festive Mission Candlelight Parade, held on the first Friday of every December.



Around the Valley



Mission is the perfect gateway to explore the natural beauty and adventure that Supernatural British Columbia has to offer. Within just an hour's drive, you can relax at picturesque lakes like Harrison and Cultus, or enjoy camping at one of the many scenic campgrounds nearby.

There's no shortage of unforgettable day trips, with attractions such as Vancouver's Stanley Park, Fort Langley National Historic Site, Kilby Park, and Burnaby Village Museum all within easy reach.

For winter enthusiasts, world-renowned ski destinations like Whistler Blackcomb, Cypress Mountain, Grouse Mountain, and Mount Baker offer exceptional slopes, while Sasquatch Mountain Resort and Manning Park provide closer options for family-friendly alpine adventures.





