

FEBRUARY 2016

Kootenay Boundary Division Dispatch

In My Opinion

IHA Restructure

Thanks to all those who responded to our IMO question of last month regarding IHA services. One Doctor's response captured the sentiments of many family physicians regarding Home Health Nursing:

"Admission of our elderly patients to hospital can provide great medical care to this group of patients but the push to have them discharged once the acute medical issue is dealt with is often frustrating... [IMO] IHA needs to make Home support services very robust if they want successful discharges and less "soft" admissions... The right changes could really help reduce hospital admissions which of course can save a lot of dollars."

IMO Guest Dr. Trevor Janz asks – BC Guidelines vs. Clinical Reality?

Please take a moment to consider the following question from Dr. Trevor Janz:

For complex elderly care, if one follows BC Guidelines to the letter for all ailments a patient has, one can end up with a cocktail of pills that is potentially harmful to the patient. In your practice, how do you balance BC Guideline recommendations against the clinical reality?

[Click here to add your thoughts to the discussion](#)

CLINICAL SUPPORTS

Over 100 Kelowna Specialists Now On Pathways

Also new concussion guidelines for physicians – www.Pathwaysbc.ca
Questions or need help accessing Pathways? Contact [Melissa Faraguna](mailto:Melissa.Faraguna)

NEW Nephrologist Comes to Kootenays

Nephrologist Dr. Paul Raju comes from California with almost 10 years' experience after completing his nephrology fellowship in Montreal in 2007. A new referral form can be downloaded under "Latest Specialists and Clinic Updates" on Pathways. All referrals to nephrology should be faxed to Kootenay Boundary Regional Hospital.

Comments or feedback? Contact marie.michaud@interiorhealth.ca

KB Medical Conference – Resources Available for Download

The 32nd Annual Kootenay Boundary Medical Conference was a huge success. Presentations and handouts from the conference are available to download here:

Presentations: <http://bit.ly/kbmedpresent>

Handouts: <http://bit.ly/kbmedhandout>

Upcoming CPD

[SEMP-SIM Combined course](#)

Apr 2-3, KLH

Exceptional combined course - 2/3 full, act quick!

[PSP Chronic Pain Management Dinner Meeting \(Session 1 of 3\)](#)

Wed 30 Mar 1730-2100: KBRH Board Room
Jaisel Vadgama from Pain BC and Dr. Joel Kailia

[Palliative Care Medical Intensive Course Phase 1](#)

29-30 Apr: Castlegar

Unique opportunity to get palliative education in KB

OFFICE EFFICIENCY

Doctors of BC Endorses MedRecords for Digital Medical Records Storage

MedRecords is a BC-based non-profit organization offering storage services at a reasonable cost - and in some cases at no cost - to physicians who are retiring or whose practices are closing, and at a reasonable cost to patients wanting access to their records. For more information about Doctors of BC's endorsement of MedRecords, read the Doctors of [BC President's Letter](#) (member login required) or visit the [MedRecords website](#).

EMPOWERING PATIENTS

Top 3 Patient Resources on Pathways for February 2016

- 1 [Advance Care Planning](#) - Naming a Substitute Decision Maker and Reflective Questions (from FNW Division)
- 2 [Nonalcoholic Steatohepatitis](#) - NASH (NIH)
- 3 [Cancer Screening](#): Breast, Cervix, Colon, and Hereditary

SYSTEM IMPROVEMENT

A GP for Me Evaluation Launched – Add Your Voice

The KB Division's A GP for Me project is coming to an end March 31, 2016. To learn what impact the program had on your practice we invite you to participate in a survey launched last week. How has our recruitment support, practice coaching, PSP coaching, IPCC optimization and the A GP for Me Hotline impacted your work, life and community?

An email invitation to participate in your survey was emailed to all GP/NPs last week.

A 30 minute sessional is available. For more information please contact Julius Halaschek-Wiener at juliushw@divisionsbc.ca

In Memorandum – 'Awakenings' Doctor Oliver Sacks

"The world's most famous neurologist believed that every patient had a story worth hearing. Oliver Sacks' work and life remind us that humanity belongs at the heart of medicine." – [click here to read the full Globe & Mail article](#)

KB Division Projects Featured At 5th Annual Quality Forum

KB Division project managers with Drs Boyd, McKechnie, Moola, Segal and IH's Loretta Zilm presented Tele-health, Responsive Behaviours in Seniors Rounds, Better Use of EMR and Social Determinants of Health projects at the BC Quality Forum in Vancouver 24-26 Feb 2016. Among information shared was the Responsive Behaviours in Seniors Rounds contribution to an almost 5% reduction in inappropriate use of antipsychotics since its' inception. [Click here to see the full storyboard](#)