

Project Report Card – April 2015

CYMHSU

Child/Youth Mental Health Substance Use

Regional Steering Committee

MCFD - CYMH, IHA, School Districts (#20, 8, 51), Family Doctors, Specialists, Parents/Youth, Freedom Quest, Kootenay Family Place, COINS, RCMP

1,400 Visits
to KB Searchlight
CYMHSU Resources
Website

8 GPs complete
CYMH PSP
19 GPs currently
enrolled

Critical reviews
of wait lists, tests
of change and
complex cases

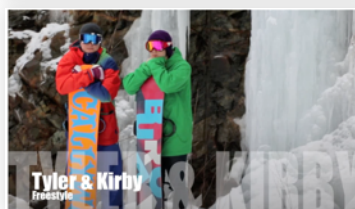
"The Child Youth Mental Health & Substance Use Collaborative makes my heart gallop. For the first time we have a mandate that is actually allowing different stakeholders to come to the table to talk and work together." – Dr. Akin Iyiola, Specialist at KBRH

"As a family physician KB Searchlight will definitely be of value as I work with my patients to refer them to the most appropriate local support services." – Dr. Lilli Kerby, Family Doctor in Rossland.

"For parents, it's tough enough seeing your child suffer, but things get worse when finding the right help is often difficult, confusing and intimidating. The KB Searchlight website streamlines the process for getting help and will start to relieve that suffering right away by connecting parents to the right professional and service." – Monique Lalonde, Parent/Action Team Member from Nelson.

Highlights & Impacts

- ▶ Developed meaningful relationships between stakeholders, youth and families to increase our ability to make change and a collective impact together.
- ▶ Contributed to increasing timely integrated access and wrap-around care for children, youth and their families in Kootenay Boundary.
 - **Sept 2013** - MCFD/CYMH wait lists 9 weeks
 - **Sept 2014** - MCFD/CYMH wait lists 2 - 4 weeks
- ▶ Launched KB Searchlight www.kootenayfamilyplace.org/kbsearchlight, the first local web resource to link all child and youth mental health care services in one place with resources and apps for a range of problems, including anxiety, depression, eating disorders, self-harming, substance use and more.
- ▶ **Increased access** to the most current resource information for families in KB and **improved referral processes and relationships** between stakeholders.
- ▶ Hosted mental health awareness events, facilitated learning sessions for post secondary instructors, produced youth focused documentary, key presenters at provincial learning session.
- ▶ **Increased mental health literacy** for parents, teachers, youth and physicians. **Shared tests of change** with larger Collaborative to increase provincial impact.



Questions? Want to get involved?

Contact the CYMHSU Project Manager Rachel Schmidt – rschmidt@divisionsbc.ca