



KB Division Dispatch

Primary Care Network - Culturally Safe Care

The Kootenay Boundary Aboriginal Services Collaborative is undertaking a KB Aboriginal health and wellness needs assessment. The project is seeking health care provider input through one-on-one conversations (30 to 45 minutes) to better understand a health care perspective on the provision of culturally safe care and identify gaps, needs and successes in serving Indigenous populations.

Sessionals are available. To book a one-to-one virtual conversation or a small focus group for your clinic, [click here](#) and Christy Anderson, Aboriginal Health Researcher for the Circle of Indigenous Nations Society will contact you to set up a time. Questions? Email Christy at kb.ab.collaborative@gmail.com

Kootenay Boundary Aboriginal Patient Health Survey

Patients who identify as First Nations, Métis, Inuit are invited to share their experiences about receiving healthcare in the Kootenay Boundary. Interested patients can participate via a confidential one-to-one conversation with a member of the Aboriginal health team or by filling out the online survey. For full details [click here](#).

Congratulations Dr. Mark Szykaruk - My Family Doctor Awards

A huge congratulations to Grand Forks family physician Dr. Mark Szykaruk, our region's 2020 'My Family Doctor' award recipient. Each year the BC College of Family Physicians recognises five physicians province-wide for outstanding care. Read more in this great [feature](#) by the Grand Forks Gazette.

CLINICAL SUPPORTS

***New* KB Pharmacy Fax List**

[Click here](#) to access a convenient region-wide contact list for all KB pharmacies.

24/7 Addiction Medicine Support Line

Available 24/7, 365 days a year: telephone consultation for physicians, nurses, nurse practitioners, pharmacists providing addiction and substance use care. **Call 778.945.7619**. For more information visit: <https://www.bccsu.ca/24-7>

BC Family Doctors virtual care online tools

BC Family Doctors has created two decision-making tools to assist family physicians in determining which patient care services can be conducted in-person and which can be conducted by phone/video during the COVID-19 pandemic.

- [Beyond Essential Services in Primary Care](#) provides a framework to balance the benefits and risks of providing in-person or virtual care for patients.
- [Determining Clinical Appropriateness for Virtual Care Visits](#) provides guidance for selecting the best modality for various patient care services.

'Confident Parents: Thriving Kids' accepting online referrals from BC physicians

The Canadian Mental Health Association's [Confident Parents: Thriving Kids](#) Anxiety Program (CPTKA) is a free web and phone based coaching program available to help BC families with young children aged 3 to 12 who are experiencing challenges with anxiety. Access the online referral form for physicians at: <https://cptk.inputhealth.com/ereferral>

Risk Mitigation in the context of dual public health emergencies

The BC Centre for Substance Use Risk Mitigation Guide offers clinical guidance and support in the context of BC's dual COVID-19 and opioid overdose public health emergencies. New protocols can allow practitioners more prescribing options to decrease risk of overdose for vulnerable populations. Click here to access the [document](#).

Additional information is available on the BC Centre of Substance Use website: <https://www.bccsu.ca/resources-substance-use-and-covid-19/>.

OFFICE EFFICIENCY

Telehealth fee code changes (effective June 1, 2020)

On June 1, 2020, new age-adjusted telehealth fee codes for visits, counselling, and consultations done by phone or video will come into effect. These new fees have the same value as the in-person fee codes for similar patient encounters. The new fee codes should be used regardless of the physician's location (home, office, or Health Authority-approved facility). For a summary of fee changes and a billing FAQ visit:

<https://bcfamilydocs.ca/covid19>

GPSC providing eFaxing subsidy to BC family physicians

To support practice efficiency during the COVID-19 pandemic, the General Practice Services Committee (GPSC) is offering BC family physicians a one-time subsidy of \$150 towards the cost of an eFax solution. The subsidy can be:

- An automatic credit towards the SRFax Healthcare plan best suited to your practice.
- A reimbursement towards the eFax solution already in place or accessed through your EMR vendor.

To access the subsidy, complete the [online application](#). Applications close on August 31, 2020.

PATIENT RESOURCES

Pain BC's live-stream events for people in pain during physical distancing

'Gentle Movement @ Home' live-streaming sessions provide guided movement and relaxation designed to help people with persistent pain learn to feel safe to move again. Topics include breath awareness and regulation, body tension regulation, and movement and relaxation techniques in both seated and standing positions. Patients can register at: <https://www.painbc.ca/gentle-movement-at-home>. (A library of past sessions is also available [here](#)).

Web based coaching and resources for BC families with children experiencing anxiety

The Confident Parents: Thriving Kids – Anxiety Program is a web and telephone-based coaching service for parents and caregivers that effectively reduces mild to moderate anxiety in their children ages 3 – 12.

Through a series of online videos demonstrating key concepts and approaches, supported by 4 to 8 telephone coaching sessions, parents and caregivers build skills and strategies they can use with their child at home, at school and with friends. Full details are available at: www.confidentparentsbc.ca

UPCOMING EVENTS & CPD

Upcoming Oncology CME webcasts

Family physicians are invited to join BC Cancer's Family Practice Oncology Network for monthly Oncology CME webcasts presented with UBC's Division of Continuing Professional Development. The practice-ready sessions are free and are certified by the College of Family Physicians of Canada for one Mainpro+ credit each. All webcasts run from 8:00 a.m. - 9:00 a.m. PT.

Next webcast:

Sept 17, 2020: Skin Cancer – Management Tips and Pitfalls

[Click here](#) to register.

BC Cancer primary care learning sessions (online modules)

BC Cancer, in partnership with UBC's Division of Continuing Professional Development, has launched Primary Care Learning Sessions to share best practices for colorectal, breast, and prostate cancer. Sessions include information about screening, diagnosis, treatment, survivorship, surveillance, and late effects in an interactive, clear, and easy way. Useful resources and links included. [Click here](#) to register.

Video Learning Series: Dementia Related Behaviours

'Dementia Related Behaviours: Putting it all together using P.I.E.C.E.S and the BC BPSD Algorithm' is a series of eleven short, engaging videos. Narrated by experienced and expert geriatric psychiatrist, Dr.'s Elisabeth Drance, Carol Ward and Barbara Prystawa, each video illustrates a component of the P.I.E.C.E.S framework. They empower practitioners and caregivers to provide evidence-based, effective, compassionate and respectful care to older adults with complex mental health, cognitive and physical comorbidities. [Click here](#) to view the series.

Save the Date: CARE Course

Sept 12-13, 2020, Castlegar

A multi-disciplinary course for physicians, nurses and paramedics.
Full details and registration coming soon.

PROVINCIAL INITIATIVES

UBC - BP Hypertension Research Survey

UBC is seeking input from BC Family Physicians who care for people who have hypertension, and have cared for them during COVID-19 restrictions, take the short survey [here](#).



Kootenay Boundary Division of Family Practice

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