



# **KB** Division Dispatch

### **CLINICAL SUPPORTS**

### **Primary Care Network**

Six-part update series on PCN progress launched early March:

Email #1: <u>Update on negotiations and skeleton</u>

implementation schedule

Email #2: FAQ and Scope of Professionals/GP

Responsibilities in Team

Email #3: The Clinic Expression of Interest (EoI)

Process - Coming soon

### New and emerging practices and innovations in Palliative Care

Join us for an afternoon of learning on theories in pain and symptom control, psycho-social issues, education, provider wellness, ethics of end-of-life care and much more. Wednesday, April 17 2019, 12:00pm-4:30pm at the Castlegar Community Complex. Includes:

#### 1. Lunch&Learn with Special Guest - Dr.

Phillipa Hawley, Division Head of Palliative Care Department of Medical Oncology at UBC. Mainpro credits.

### 2. Palliative Care Community Roundtable -

hosted by Shared Care, local physician leaders and care providers. Two hour sessional provided.

Register here to reserve your spot: <a href="https://goo.gl/forms/QqSKjAa7u93rD64u1">https://goo.gl/forms/QqSKjAa7u93rD64u1</a>

And quick reminder re new Palliative Care Rounds in Nelson and Trail:

<u>Click here for the rounds referral form for Nelson</u> <u>Click here for the rounds referral form for Trail</u>

## Adverse Childhood Experiences (ACEs) Practitioner Tool

NEW ACEs tool provides practical guidelines to help effectively incorporating ACEs screening into your practice. Need support? Division staff can provide in-clinic support to integrate ACEs into your practice. Contact Todd - tkettner@divisionsbc.ca

## Axis House - Withdrawal Management Supports

Axis House in Castlegar is accepting referrals for their community based withdrawal management. More info and links to referral forms here.

### Solis Integrative Health Centre Launched

Multi-disciplinary chronic pain clinic in Nelson includes chronic pain education groups, kinesiology, meditation, yoga, narrative medicine and biography work, Indigenous drumming and healing circles.

### PATIENT EMPOWERMENT

### Top Patient Resources for Patients on

### **Pathways**

All resources on Pathways can be emailed to patients from a no-reply address - just click the 'email to patient' icon next to the resource. Top 3 patient resources this month:

Irritable Bowel Syndrome (IBS) - low fodmap diet Advance Care Planning - Resource Guide for Patients and Caregivers (GPAC)
Rotator Cuff and Shoulder conditioning exercises (Am. Acad. Orth. Surg.)

### Palliative Care Resource for Trail and Area Patients

A new palliative care resource for patients and their families facing a life-limiting diagnosis has been created by the Palliative Care working group. Trail version can be downloaded here, other locations coming soon!

# Upcoming Events & CPD Opportunities

#### **KB General Surgeons' Dine and Learn**

April 4 - 1730-2000 - Castlegar + Live webinar https://gensurg.eventbrite.ca

### Transforming Our Work - Thriving in Medicine

April 13-14 - 0830-1630 - The Josie @ RED <a href="https://transforming-our-work-red.eventbrite.com">https://transforming-our-work-red.eventbrite.com</a>

Palliative Care Lunch & Learn - Dr. Pippa Hawley (Followed by Shared Care Roundtable) April 17 - 1230–1430 - Castlegar Community Complex

#### https://goo.ql/forms/QgSKjAa7u93rD64u1

Free UBC CPD webinar: Saying Goodbye to the CL19: Supporting Care and Recovery of People Involved in MVAs - ICBC Changes

**Apr 3 or Apr 9** (Wed or Tue) | 1900-2000

PDT | Online Webinar with Q&A

**Target audience:** BC family physicians & specialists who support patients involved in MVAs

**Up to 1.0** Mainpro+/MOC Section 1

Register: <a href="https://events.eply.com/icbc-fp-webinar">https://events.eply.com/icbc-fp-webinar</a>

### **SAVE THE DATE: Therapeutics Initiative Dine and Learn Tour**

May 1-2 - 1730-2100 - Nelson and Rossland

CBT - Anxiety Module - Dr. Greg Dubord
May 30-Jun 1 - 0900-1700 - Rossland Prestige
<a href="http://cbt.ca/uni/ubc-rossland/">http://cbt.ca/uni/ubc-rossland/</a>

### OFFICE EFFICIENCY

### Changes to GPSC fees

GPs are recommended to ensure that clinical notes for any 0120 or GPSC Mental Health Management fee billing include the required documentation as of December 1, 2018 – <u>more info here</u>.

### SYSTEM CHANGE

### Physicians for Planetary Health

Declaration calling for family doctors of the world to act on planetary health. Want to join in?

Please Support Selkirk Pre-Medicine Scholarship

Docs who train rural, remain rural. It's the last month for donating to the KB Division Selkirk Pre-Med Scholarship. Please consider making a donation to support local students – click this link: <a href="bit.ly/selkirkpremed">bit.ly/selkirkpremed</a> and ensure you choose "Kootenay Boundary Division Rural Pre-Medicine Scholarship" in the "Apply Donation to" drop-down menu. Thank-you.



Kootenay Boundary Division of Family Practice

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