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# KB Division Dispatch

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## Primary Care Network Update

- PCN clinics' contracts in process and all engaged in implementation planning
- New PCN staff interviews in progress
- 3xRN, 2xNP, 1xRT, 1xSW, 1xRN and Aboriginal researcher hired to date

The PCN team is looking for GPs (with ancestry/deep experience) to advise on aboriginal medicine and help inform PCN work. If you can help, please contact Julius at [juliushw@divisionsbc.ca](mailto:juliushw@divisionsbc.ca)

## Patient Experience Survey Extended

In our recent region-wide Patient Experience Survey 1493 responses were received. However only 6% of these were from patients who do not have a regular family doctor. We've now extended the [survey](#) with a specific focus on gathering input from unattached patients.

Please help increase patient participation by sharing the survey with your networks, [share on Facebook](#). **Survey closes February 15th, 2019.**

## Adult Eating Disorder Clinic Opportunity

Be part of KB's innovative and dynamic interdisciplinary team! Sessional contract for 1/2 day per week available in the Castlegar-based Adult Eating Disorder Clinic. REAP training available.

Contact Dr. Nattana Dixon-Warren for more info at [Nattana.Dixon-Warren@interiorhealth.ca](mailto:Nattana.Dixon-Warren@interiorhealth.ca)

## CLINICAL SUPPORTS

### **KB Resources for Substance Use Challenges**

This recently published list highlights programs and resources available to those experiencing substance use challenges in the Kootenay Boundary:

[bit.ly/suchallenges](https://bit.ly/suchallenges)

### **EMR Tip Sheets**

These Tip Sheets are great tools for medical students, residents, locums and/or new-to-practice family physicians who might be unfamiliar with a particular EMR:

- [Intra Health Tip Sheet](#)
- [Med Access Tip Sheet](#)
- [MOIS Tip Sheet](#)
- [OSCAR Tip Sheet](#)

### **MBMD Tutorials!**

Get the most out of the MBMD messaging App - secure GP-SP messaging, call board access and in-patient info - all at your fingertips: [bit.ly/mbmd-playlist](https://bit.ly/mbmd-playlist)

### **Rise BC Inviting Referrals**

Rise BC Wellness continues to accept pain management referrals for Dr. Joel Kailia and Dr. Matthew Halstead, with Dr. Kailia attending our Nelson location monthly and Dr. Halstead continuing to care for our patients on a weekly basis.

We accept referrals by fax and would appreciate if you would update your records to include our new fax number: 778-463-4999

## OFFICE EFFICIENCY & BILLING

### **GPSC Billing Education Webinar Series - ON NOW**

GPSC continues to offer its billing education webinars about GPSC incentive fees and select MSP fees for all family physicians. For full details on all winter 2020 webinars including dates and registration links, visit: [bit.ly/gpscbilling2020](https://bit.ly/gpscbilling2020)

## **NEW - Payment To Support Longitudinal Care**

GPSC introduces new payment supporting longitudinal care for community-based family physicians who work under fee-for-service and who care for a panel of patients. [Click here](#) for more information.

## **UPCOMING EVENTS & CPD OPPORTUNITIES**

### **KB Med Net | Hot Chocolate Social**

**Sunday Feb 2nd @ RED // Saturday Feb 8th @ WH20**

Join us for a day at the hill and an “Apres Ski Hot Chocolate Social” with two locations to choose from. Come to one or come to both! All KB physicians and families are welcome. For more info and to rsvp visit: [bit.ly/KBMed-Socials](http://bit.ly/KBMed-Socials)

### **Project ECHO - CME Accredited MHSU Learning Sessions**

Project ECHO (Extension for Community Health Outcomes) is a Canadian Red Cross & Interior Health funded education program developed to help primary care providers manage chronic and complex diseases. These CME accredited 1.5 hour learning sessions on MHSU topics are delivered via video conference.

Upcoming Sessions Include:

- Feb 12th - Managing Complexities of Alcohol Withdrawal
- Feb 26th - Managing Responsive/Threatening Behaviour
- Mar 11th - Practicing Medically & Legally Safe Emergency Psychiatry, with an update on Mental Health Act challenges

For more info and registration visit: [bit.ly/echo-flyer](http://bit.ly/echo-flyer)

### **Trauma Informed Care | Dinner & Learning Session**

**Feb 13th, 530 pm - 830 pm, Selkirk College Castlegar**

This unique session will explore the neuroscience of trauma, practical strategies to bring into your everyday practice, and tools and resources from the Shared Care Social Determinants of Health Committee.

Speaker: Dr. Jennifer Mervyn, PhD Counselling Psychology

RSVP by Feb 10th: [bit.ly/learning-session-sdh](https://bit.ly/learning-session-sdh)

## Other CPD

### Learning Essential Approaches to Palliative Care (LEAP)

Jan 31-Feb 1: 0830-1630 @ KLH, room 415

*Pallium Canada's LEAP Core is a two-day course that offers an in-depth learning experience on essential skills and competencies of the palliative care approach based on Canadian realities and current best evidence.*

Contact [ruth.shirley@interiorhealth.ca](mailto:ruth.shirley@interiorhealth.ca) to register.

### MINDFULNESS-BASED STRESS REDUCTION (MBSR)

Tuesdays Feb-Mar 2020: 1730-1930 @ KBRH, Education Room #1

*Join Dr. Cynthia Neil for a 6 week MBSR Course and achieve greater peace of mind, ease and life balance. Learn to use your internal resources to respond more effectively to pain, illness, daily stress, and stress-related conditions through Mindfulness-Based Stress Reduction. [Click to register](#)*

### 36th Kootenay Conference 2020

21 Feb, 2020 @ The Prestige Mountain Resort, Rossland

*Join the largest and longest running CPD event in the Kootenays for a day of learning, networking, good food and fun! Speaker lineup to include Dr. Launny Lowden, Pathologist; Dr. Nic Sparrow, GP-EM; Dr. Lauren Galbraith; Dr. Justyn Lutfy; Dr. Sharisse Kyle, Sports Med; Dr. Chris Lyttle, GP-Derm and more! [Click here to register](#)*

## WELLNESS CORNER

### 10 AWESOME Wellness Tips for the Health Care Workplace

Check out some great tips specific to the health care workplace:

[bit.ly/wellnesstipsforhealthcare](https://bit.ly/wellnesstipsforhealthcare)

## PROJECT REPORTS AND IN THE NEWS

### 2019 1-1 Clinic Meetings Report Out

Our clinic 1-1 meetings with all KB physicians is finally complete! All feedback has been compiled - check out the report summary: [bit.ly/1-1summary](https://bit.ly/1-1summary)

## Emergency Medicine Retreat Held November 21-22, 2019

The aim of the inaugural Emergency Medicine Regional Retreat was to build a network of emergency departments within the Kootenay Boundary region, and to build relationships within and between those departments. 32 practitioners and partners from across the region attended. **Stronger practitioner relationship = better patient care.**

## KB Virtual ICU Project Featured in National Publication

Digital Health Canada's *'Virtual Care in Canada: Snapshots of Innovative Virtual Care'* showcases virtual care success across Canada. The publication, released November 2019, features 10 case studies highlighting innovative projects, including the KB's own Virtual ICU project!

[Check out the KB Virtual ICU Case Study](#)

[Check out the full 'Virtual Care in Canada' publication](#)

## PROVINCIAL INITIATIVES

### UBC Researchers Conducting Pregnancy-Specific Anxiety Scale Study

UBC's Dr. Hamideh Bayrampour and her team are conducting a research project to develop a valid and reliable tool to measure the Pregnancy Specific Anxiety (PSA). Please consider sharing this poster with your pregnant patients: [bit.ly/ubc-anxiety-scale](https://bit.ly/ubc-anxiety-scale)



Kootenay Boundary Division of Family Practice

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