KB Division Dispatch // Fall 2020 Edition, September 2020

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KB Division Dispatch

Primary Care Network News

The Province has officially announced 22 new primary care networks across BC, including our Kootenay Boundary Primary Care Network. Click here to read the Ministry of Health **media release**.

Patient Experience Survey | Key Findings Report

1589 Kootenay Boundary patient voices on access to care, quality of care, and self reported health. Explore key findings + details on how this patient input is helping us continue to improve care in clinics across our region in collaboration with our healthcare partners and communities – now and into the future. Click here to **read the report**.

AGM & Roundtable 2020 Invite

This year's AGM takes place on **Thursday Oct 29th, 5pm to 730pm** - a virtual event with a keynote speaker you won't want to miss! Click here for full **details and registration**.

Congrats to Scholarship Recipient - Rebecca MacLeod

Selkirk College's Rural Pre-Medicine Program delivers the education, skills and training that allows graduates to follow their academic dreams. Nelson's Rebecca

MacLeod, recipient of the KB Division Scholarship in 2018, is the latest alumni to gain acceptance into medical school and is off to UBC to complete her journey to becoming a physician. **Read the full story here**.

The KB Division of Family Practice Scholarship is awarded to promising Kootenay Boundary, full-time students in Selkirk's Pre-Med Program who demonstrate a financial need, and the potential and intention to be a rural physician. Make a contribution to the fund at: <u>http://bit.ly/pre-med-scholarship</u>

CLINICAL SUPPORTS

New ACES Toolkit for Specialists

Traumatic childhood events such as abuse, neglect, and household dysfunction, are risk factors for many of the leading causes of disease, death and social problems as adults. Known as adverse childhood experiences (ACEs), these types of events are common, with nearly two-thirds of adults reporting at least one ACE. This **new toolkit** is designed to help specialists understand how knowledge of ACEs can be incorporated into care and improve the patient experience.

Summit Welcomes New Team Member

Dr. Megan Sawatsky has recently joined the team at Summit Psychology Group and is now accepting new referrals. **Dr. Sawatsky** works with adults, youth, and couples and is skilled in general mental health, as well as health and rehabilitation psychology. To make a referral contact Ingrid Lange at **info@summitpsychology.org**

BCCFP Resources for Physicians: Care During COVID-19

This new series of one-page resources is designed to support family physicians in caring for vulnerable and marginalized populations throughout the coming months of the pandemic. Using these guides, family physicians can hold anticipatory discussions with patients to help them maintain health, stay mentally resilient, manage chronic conditions, and prepare for any potential upsurges in COVID-19 cases.

- Anticipatory Guidance for Patients with Chronic Disease
- Caring for Children and Teens' Mental Health
- <u>Caring for Older Patients</u>
- Caring for Patients' Mental Health
- <u>Caring for Patients Who Suffer Chronic Pain</u>
- <u>Caring for Patients Who Use Substances</u>
- Identifying and Addressing Intimate Partner Violence
- Serious Illness Conversations with Patients at High Risk From COVID-19

OFFICE EFFICIENCY

DofBC Safety Support Grant

A new \$1,000 grant for is available for clinics who have introduced a COVID safety plan (for eligible expenses Mar 15 - Dec 31 2020) for complete details and criteria visit: <u>http://bit.ly/dofbcgrant</u>

GPSC Billing Education Webinar Series - Fall 2020

GPSC will continue to offer live 90-minute webinars for all family physicians and medical office assistants (MOAs) about billing GPSC incentive fees and select MSP fees.

Upcoming Webinars are from 6:00-7:30 p.m. on the following dates:

- Tues, Oct 6 GPSC Billing Part 1
- Tues, Oct 27 GPSC Billing Part 2
- Thurs, Nov 12 GPSC Billing Part 3
- Tues, Nov 24 GPSC Billing Part 4
- Wed, Dec 9 Case-Based Exercises

Please **register early** as the webinars are not recorded and space is limited.

PATIENT RESOURCES

New Help Desk Available for Patient ZOOM Support

The Citizen Support Desk has recently been launched by the PHSA Office of Virtual Health to support patients who are using Zoom to connect with their healthcare providers. Patients can contact the help desk toll-free at **1-844-442-4433**, Monday to Friday from 7:00 am to 5:00 pm.

Video for Children About COVID-19 Testing

BC Children's Hospital has created a video for children to watch before they have a test for COVID-19. The video helps children know what to expect and aims to reduce anxiety: <u>https://youtu.be/AhC6_JXagxE</u>

UPCOMING EVENTS & CPD

'GoByBike' BC | KB Doctors Team

Join the KB Doctors 'GoByBike' BC team and ride to work (from anywhere in the Kootenays) Sept 28th – Oct 4th. Get fit, have fun, and enter to win prizes! Visit the Facebook **event page** to learn more.

Family Medicine Conference 2020 – Fri, Oct 9th

BCCFP is excited to announce the lineup for the **2020 Family Medicine Conference**. This year's conference explores how we can work **Together Towards a Better Future** and will provide attendees with a new sense of how to care for themselves as well as for their patients.

Click here to register.

32nd Annual Diabetes Directors Seminar - Fri, Oct 23rd

The Endocrine Research Society is pleased to present the 32nd Diabetes Directors Seminar – an annual, CFPC and RCPSC-accredited gathering of leading diabetes experts and caregivers across British Columbia. Join virtually for a full day presentation series covering the latest and most pertinent aspects of diabetes therapeutics and clinical care.

Click here to **register**, space is limited.

Virtual Chronic Pain Education

BC ECHO for Chronic Pain is a free virtual learning community comprised of specialists and community health care providers that aims to improve care for complex pain cases.

ECHO sessions are presented by videoconference and consist of an instructive presentation followed by case presentations from session participants. Certified for up to 2 Mainpro+ credits.

Upcoming Dates & Topics:

- Oct 20, 2020 (6-8 PM): Creating a comprehensive pain plan
- Nov 17, 2020 (6-8 PM): Patient motivation and goal setting
- Dec 8, 2020 (6-8 PM): Neuropathic pain: Assessment and management
- Jan 19, 2021 (6-8 PM): Central sensitization syndromes

Find out more and register at: www.painbc.ca/ECHO

Pediatric Atopic Dermatitis Online Education

Atopic dermatitis is the most common chronic inflammatory skin disease, affecting up to 20% of children. Developed in partnership by Child Health BC, BC Children's Hospital, and UBC CPD, this **interactive online course** is designed to help practitioners better recognize, treat, and manage atopic dermatitis in a primary care setting. It includes videos, images, a PDF action plan, and helpful patient resources for management and follow-up care.

CPD Dine & Learn

The Dine and Learn Series is back in virtual format for 2020-2021! Join us every third Thursday evening each month for a virtual talk and Q&A with a great line-up of speakers.

Oct 15 - 1830-2030: Heart Failure Management - Dr. Brandon Tuvel Click here to <u>register</u>.

Nov 19, 1830-2030: Substance Use Treatment During COVID and Before Decriminalization: Nothing Will Ever be the Same - Dr. Mike Vance Click here to <u>register</u>.

***NEW* KB Regional Weekly Education Rounds**

Medical staff, nurses & allied health are invited to Join Kootenay Boundary Medical Rounds Thursdays 12:30 - 1:30 pm on Zoom. For a complete list of upcoming topics and the link to register **click here**.

PROVINCIAL INITIATIVES

PHO Notice to Report Multi-system Inflammatory Syndrome in Children and Adolescents

Multi-system Inflammatory Syndrome in Children and Adolescents (MIS-C), is a rare condition associated with COVID-19. To monitor for occurrences in BC Dr. Bonnie Henry issued a notice to report incidences of people with MIS-C to a medical health officer. Case patients to report are described in this **document**.

RCCbc Grants

RCCbc's two physician grant programs have deadlines coming up: the **<u>Rural Physician</u> <u>Research Grant program</u>** and **<u>Rural Global Health Partnership Initiative</u>** are accepting applications for the **Oct. 31 deadline**.

Quality Team Coaching for Rural BC

In <u>Quality Team Coaching for Rural BC</u>, rural community health care teams work with an International Coach Federation (ICF)-certified coach to optimize their team culture of safety, learning, and quality that leads to positive patient and provider experiences. Rural healthcare teams may apply, deadline is Oct. 30th.

Join the upcoming webinar to learn more:

Sept 29, 12:00-12:30pm RSVP to <u>Tdeleeuw@rccbc.ca</u> to receive the details to join.







Kootenay Boundary Division of Family Practice

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