



KB Division Dispatch

Primary Care Network Update

- 2 NPs, 4 RNs, 7 SWs, 1 RT, 1 OT, 0.5 Aboriginal Health Coordinator, 1 RD have been hired to date, with several other positions still posted or in interview stages.
- A core mandate of the PCN is to support unattached KB patients by creating primary care capacity. With the high level of virtual care adoption during the COVID-19 pandemic, we are exploring opportunities to develop a local process that could support unattached patients virtually.

Virtual Health Survey Coming

During the COVID-19 pandemic there has been an increase in the use of Virtual Health/Telehealth by many KB physicians and nurse practitioners. We would like to learn more about your experiences, identify gaps in support for adoption, and learn about barriers to use so that we can find solutions for future use of virtual health options.

All practitioners will be emailed a personalized link for the survey this week, with a half hour sessional provided for completing this survey. Questions? Contact Jen Ellis at jjellis@divisionsbc.ca

Local News Spotlight

The Nelson Daily recently featured KB Division in a great article highlighting who we are and what we do in the Kootenay Boundary. [Read all about it.](#)

KB Division *Projects Snapshot*

Check out our newly updated [at a glance snapshot](#), summarizing KB Division and Shared Care projects currently underway across our region.

CLINICAL SUPPORTS

Caring for patients with cardiovascular disease during the COVID-19 pandemic

The Canadian Cardiovascular Society has created an information guide with tips, pitfalls, and red flags for family physicians caring for patients with cardiovascular disease during the COVID-19 pandemic. [Click here](#) to read the guide.

PAIN BC Offers Virtual Support Groups

Pain BC has moved its Pain Support and Wellness groups online in order to continue to provide [free pain education and peer support](#) during COVID-19.

Foundry BC Offers Virtual Counselling for Youth

Foundry BC is now offering free and confidential virtual drop-in counselling sessions by telephone, video, and instant chat to young people ages 12-24 and their caregivers.

[Foundry's Virtual Service](#) complements existing services available through Foundry centres and helps to expand access for young people across the province who may not be able to access services in their local communities.

Appointments can be booked by calling 1-833-308-6379. Questions? Contact online@foundrybc.ca.

***New* KLH Rounds Recordings Library**

Check out our new library of [KLH Rounds Recordings](#). Over 20 titles on a variety of learning topics at your fingertips!

Disability Benefits - Application Support

Disability Alliance BC (DABC) helps BC residents access disability benefits including: PWD, CPP-D, Tax AID, and the Disability Tax Credit. Support is available through their Advocacy Access Program, toll free at 1-800-663-1278.

The DABC has also created an excellent selection of [self-help guides](#), explaining various benefits and programs, and how to apply for them.

Disability Savings Plan Initiative

The Registered Disability Savings Plan (RDSP) is a Canada-wide registered matched savings plan specifically for people with disabilities. For every \$1 put in, the federal government can match it up to \$3. For those living on low incomes, the federal government will contribute an additional \$1,000 each year for 20 years.

Access RDSP provides direct assistance to British Columbians with all aspects of opening RDSP. More information is available [here](#).

OFFICE EFFICIENCY

Business Cost Premium can now be applied to telehealth

Effective May 1, 2020, the Business Cost Premium (BCP) will be temporarily expanded to apply to telehealth fee items, including phone and video communication with patients. Information is available [here](#).

COVID-19 PHYSICIAN WELLNESS

Local wellness supports are available to practitioners across the KB:

The Antidote

Hit Pause, Connect & Regroup ~ 20 minute virtual check-in and meditations are offered twice daily on weekdays and once daily on weekends. All KB MDs, NPs and Midwives are invited to join us on zoom.

- Monday - Friday: 8am & 8pm
- Saturday - Sunday: 8am

Local Psychological First Aid

Available to all MDs, NPs and RTs. 8am - 8pm, 7 days/week

Psychologists: Drs. Helen Peel and Todd Kettner

Call: 1-888-365-0303

[Click here](#) for additional information on the above wellness supports.

Questions? Contact Alison at agraeme@divisionsbc.ca.

UPCOMING VIRTUAL EVENTS & CPD

BC Rural Health Conference - Webinar Series

RCCbc is launching a free rural CME webinar series featuring rural speakers who will present the latest rurally-relevant CME, pearls, and tips to aid you as you care for your communities in the rapidly evolving Covid-19 pandemic landscape.

- **Wed, MAY 13** - Acute Respiratory Distress: Approach and Management in the Suspected COVID-19 Patient
- **Wed, MAY 20** - Delivering Culturally Safe Care During a Pandemic - Rural BC Success Stories
- **Wed, MAY 27** - Ask Anything: Rural Emergency Topics during COVID-19

[Click Here To Register](#)

Chronic pain education for health care providers

All health care providers in BC are invited to join BC Extensions for Community Healthcare Outcomes (ECHO) for Chronic Pain – a free, virtual learning community of specialists and community health care providers that aims to improve care for complex pain cases. Participating physicians will receive CME credits.

Upcoming Topics:

- **Tues, MAY 19:** Screening for psychiatric and psychosocial co-morbidities
- **Tues, JUNE 16:** Providing trauma-informed care

For more information and to register visit: www.painbc.ca/ECHO

Pediatric Atopic Dermatitis Online Education

Atopic dermatitis is the most common chronic inflammatory skin disease, affecting up to 20% of children. Developed in partnership with Child Health BC and BC Children's Hospital, this new online course is designed to help you better recognize, treat, and manage atopic dermatitis in a primary care setting.

For more information and to register visit:

<https://ubccpd.ca/courses/pediatric-atopic-dermatitis>

Dine & Learn - IH Stroke Network: Advances in Stroke Care

May 28, 2020 6pm to 8pm - KB CPD welcomes Cory Bendall, IH Network Director for Stroke Care, and Dr. Aleksander Tkach, IH Medical Director for Stroke Care, for our first ever virtual event. Dine & Learn from the comfort of your home!

Learning Topics:

- Acute stroke management
- Thrombolytic interventions including Endovascular Thrombectomy
- Enabling transfer to next level of care

[Click Here to Register Today](#)

KLH, KBRH Rounds

Join us for virtual rounds with Cory Bendall, IH Network Director for Stroke Care, and Dr. Aleksander Tkach, IH Medical Director for Stroke Care.

KBRH – May 28 @ 0800-0900

Join us on Zoom: <https://zoom.us/j/93134987881>

KLH – May 28 @ 1230-1330

Join us on Zoom: <https://zoom.us/j/94076108744>

Questions? Contact Alison at agraeme@divisionsbc.ca

PROVINCIAL INITIATIVES

Rural Physician Research Project Grant

This grant (of up to \$10,000) aims to empower rural physician researchers – or new aspiring researchers – to pursue innovative rural research and knowledge translation projects contributing to advancing rural health in BC. Click [here](#) to find out more.

iCAN Advance Care Planning Study

Are you providing care to patients over the age of 50 living with chronic illness? The iCAN-ACP study is pilot testing advance care planning tools in various settings including primary care. Researchers are seeking to partner with interested physicians and nurse practitioners. [Click here](#) to find out more.

