KB Division Dispatch // April 2021 Edition

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KB Division Dispatch

KB DIVISION NEWS

Primary Care Network

- 27 PCN staff members hired to date, including a new regional pharmacist
- Provincial Health Connect Registry for unattached patients will launch via referral to capture complex patients in late April, then to public in the fall
- Work continues to create a KB Virtual Unattached Patient Clinic; launch target is summer 2021
- 4,371 patients attached to Feb 25, 2021

Community Health | Physician Feature

Outdoor Activity: A Prescription for Mental Wellness & Resilence with Dr. Mark Szynkaruk, **check it out here...**

Emergency Preparedness: New Clinic Toolkit in Development

With flood and fire season on the horizon, KB Division is developing a clinic toolkit for emergency preparedness and we'd love your feedback!

- Commitment: 1 hour prep and 2 hour focus group with sessionals provided for physician time
- Contact: Mick
 Walker, <u>mwalker@divisionsbc.ca</u> or Mona
 Mattei, <u>mmattei@divisionsbc.ca</u> to

COVID-19 RESOURCES

Resources for Clinics

- Stay up to date with the latest COVID19 information by visiting the KB Divisions FAQ <u>page</u>
- Clinically Extremely Vulnerable (CEV) patients to get the vaccine earlier, see here for **CEV list** & criteria...
- COVID-19 vaccines for maternity patients, info here...
- BCCDC COVID-19 Pediatric Resources, available here...
- Phase 2 Vaccination Booking for all staff working in clinics, info here...
- New additions to the Doctors of BC COVID-19 vaccine office toolkit
- Stay active, stay safe tip sheet for helping seniors stay active during the pandemic
- Visit BCCDC website for COVID-19 resources for health professionals, and a BC Immunization Manual to provide best practice guidelines

CLINICAL SUPPORTS

Cancer Won't Wait - Cervical/HPV Cancer

Physicians are encouraged to promote cervical cancer prevention, screening, and treatment. Fill out the Cancer Won't Wait sign up sheet to receive updates about cervical cancer, other HPVrelated cancers, and recommendations for patients.

Transgender Patients: Resources for Doctors

Resources created by **Trans Care BC** help BC family physicians provide care to transgender and gender diverse patients:

- **Gender-affirming care** online course for primary care providers through University of BC Continuing Professional Development
- Clinic Care Resources: Collaboration between Trans Care BC and clinicians with expertise in trans care
- Primary Care Toolkit for Gender-affirming Care
- Rapid Access to Consultative Expertise (RACE): 1-877-696-2131 & select transgender care
- Trans Care BC care coordination team (for patients and providers): 1-866-999-1514 or transcareteam@phsa.ca

Access to Community Health Services for Pregnant Patients

Healthcare professionals can refer prenatal and pregnant patients to public/community health services via the Healthy From the Start eForm available here...

24/7 Addiction Medicine Clinician **Support Line**

- Available 24/7, 365 days a year by calling 778-945-7619
- For services available, <u>click here...</u>

First Nations Health Authority (FNHA): **Benefits, Pregnancy and Infant Care Guide**

- First Nations Health Benefits: Pregnancy & Infant Care Guide
- FNHA Health Benefits Guide & Maternal, child, and family health

Palliative Symptom Management Kits for Home Health Clients

The 'Just in Case Palliative Symptom Management Kits' (SMK's) initiative is available for Palliative Care clients in the Community. To help implementation, a toolkit & webinar is

available for clinicians via **InsideNet** or **IH** website

College of Physicians & Surgeons of BC Library

Full Access for Division Members. For an overview of the College library services, including clinical decision making supports, see this video...

New at Kootenay Health Services

- Dr. David Little, Sport & Exercise Medicinetrained, has joined **Kootenay Health Services**
- Clinic provides sport medicine assessments/services & offers platelet rich plasma (PRP) treatments to patients by family physician referral

Canadian Medical Association: Wellness Connection

A virtual safe space where doctors can discuss shared experiences, join compassion rounds, psychological first aid sessions, and seek advice. Click here to join...

OFFICE EFFICIENCY

New GPSC Grant: Family Group Practice Support

- Group Family Practice Development Grant provides up to \$30,000 per physician to address significant expenditures of closing/merging offices
- Visit the **GPSC website** to learn more and apply

Upcoming GPSC Billing Webinars

April 8, 29, May 13, June 3 and June 17 - All sessions are 6-8 PM. For details and registration links, click here...

BC Family Doctors Website - Billing Updates

The website has recently been updated, the billing help section is accessible from the dropdown menu and includes the simplified fee guide, billing question library, and other resources.

Business Cost Premium (BCP) Payments

- BCP provides a percentage premium on MSP fees for in-person consultation, visits, counselling, and complete examination services to help cover the rising rent, lease, or ownership costs of community-based offices
- For the application form, eligibility & how to apply, **click here...**

Improving Panel Management Support

- Practice Support Program (PSP) regional coach available to work directly with family doctors with payments now based on sessionals, including a \$3,000 bonus upon completion
- For further details, please see the GPSC website

PATIENT RESOURCES

Virtual CBT Skills Group Program

Cognitive Behavioural Therapy (CBT) Skills Group 8 week series is a physician-led program for adult patients (17.5 - 75 years old). For more information and referral instructions, click here...

Low Barrier Counselling & Support Services

Moving Forward Family Services (MFFS), seeks to make counselling accessible to all residents in BC through 8 contracted supervisors and 75 clinical counsellor interns. Patients can self-refer via a

secured online system at **mffs.ca**, with free & low fee services for low/no income clients.

MyGuide Launches for Patients with Concussion

Developed by a team of experienced clinicians and content experts, the **MyGuide: Concussion** resource helps adults manage and recover from concussions.

UPCOMING EVENTS & CPD

Chronic Pain Management in Primary Care - Dr. Sri Kollipara | CPD Dine & Learn

Join us virtually for an evening of medical education with Dr. Sri Kollipara, speaking on Chronic Pain Management in Primary Care *NEW DATE* 6 May | 6:30-8:30 PM | Register here...

Hot Topics in Oncology: A Response to KB Practitioners' Needs - Dr. Phil Malpass & Liz Edwards | CPD Dine & Learn

Join us virtually for an evening of medical education with Dr. Phil Malpass and Liz Edwards (Pharmacist), speaking on Hot Topics in Oncology.

20 May | 6:30-8:30 PM | Register here...

Solidarity, Collective Care, and **Shouldering Each Other Up**

Offered by the Nelson Fentanyl Task Force/ANKORS with Vikki Reynolds PHD RCC for people in the West Kootenay region to share strategies to keep each other alive in the work. April 26 & 27 | 1PM - 4PM | Register here...

Indigenous and South Asian Women's Heart Health Conference

This accredited virtual conference discusses how to provide culturally sensitive cardiovascular disease care to women of Indigenous and South Asian descent April 10 | 8:00 AM - 1:15 PM | Register here... | Up to 4.5 Mainpro+/MOC

Using Data for Proactive Care of Populations at Risk of Respiratory Disease

This webinar discusses the Health Data Coalition (HDC) Discover application and how data can assist with proactive respiratory disease care. April 12, 12-1 PM or April 13, 1-2 PM | **Info & Registration** | 1 Mainpro+

Psychedelic Psychotherapy & Complementary Techniques

A Physician Learning Project for those who want to learn more about emerging mental health therapies, an innovative virtual mental health CME series (**PDF**) Starting Wed., April 14th [6:00-8:30 PM]

Register here...

Pallium Canada LEAP Online Courses

Self-directed modules & live webinar palliative care training for healthcare professionals.

- May 5 & 6 LEAP online 4333 | 8:00 11:00 AM |24 Mainpro+
- June 9 & 10 LEAP online 4311 | 1:00 4:00 PM | 24 Mainpro+

Register via **Ruth.shirley@interiorhealth.ca**. Physician tuition is \$295, rural-based Family Physicians may be eligible for grant support, contact ian.tang@bccfp.bc.ca

20th Annual BC Endocrine Day

A CFPC & RCPSC-accredited conference with interactive case-based review of common endocrine problems encountered in clinical office practice.

May 7th |8:00 AM - 4:00 PM | Register here...

Mindfulness-Based Stress Reduction (MBSR)

8 week Mindfulness-Based Stress Reduction program by Dr. Rahul Gupta May 11 - June 29, 2021 | 6:30 PM - 9:00 PM | Register here

Rural Leadership Development Program - Accepting Applications

A program to increase opportunities for rural physicians to pursue leadership training relevant to system improvements. Click here to apply...

Physician Quality Improvement (PQI) Level 1 Training

Doctors of BC/PQI now supports all physicians to do IHI Level 1 training, with eligibility for five hours of sessional payment upon completion.

- For more information, click here...
- To access this training, contact pgi@interiorhealth.ca

PROVINCIAL INITIATIVES

Request for Physician Interviews -Barriers to Care for Cancer Survivors in Primary Practice

A collaborative research project with BC Cancer & UBC Center for Chronic Disease Prevention and Management evaluating barriers family physicians across IH face in providing individualized care to cancer survivors. For more information or to participate, click here...

RCCbc Rural Physician Research & Initiative Grants

- RCCbc Rural Physician Research Grant
 program
 to empower rural physicians to
 pursue innovative rural research and
 knowledge translation projects, up to \$10,000
 grant per year April 30, 2021 deadline
- Rural Global Health Partnership Initiative
 (RGHPI) supports partnerships between rural
 BC physicians/trainees committed to
 underserved communities in BC, Canada, and
 in developing countries, up to \$5000 and
 \$10,000 in grants April 30, 2021 deadline

Doctors of BC's Health Authority Engagement Survey Results

See physician feedback on how health authorities are engaging with them here..

Physician-led Innovations: Collaborate on Health in BC

For stories that show how the Joint Collaborative Committees (JCCs), partnerships of Doctors of BC and the BC Ministry of Health, are making a real difference for physicians and our health care system, **click here...**





Kootenay Boundary Division of Family Practice

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