

ROCK STEADY BOXING
at
IMPACT PARKINSON'S



NEW WEST + FRASER VALLEY

ROCK STEADY BOXING NEW WEST:

Location: IMPACT Parkinson's (#103-450 E Columbia St, New West)

ROCK STEADY BOXING FRASER VALLEY:

Location: Matsqui Recreation Centre (3106 Clearbrook Rd, Abby)

FIGHTING BACK AGAINST PARKINSON'S

**For more info or to register contact:
Head Coach, Robyn Murrell at 778.323.1465 or
robyn@zhooshfitness.com**