

# PALLIATIVE APPROACH TO CARE

## RESOURCE FOR PRIMARY CARE PROVIDERS

### GENERAL PALLIATIVE CARE APPROACH

**BC Guidelines - Palliative Care for the Patient with Incurable Cancer or Advanced Disease**

**- Part 1: Approach to Care**

<https://www2.gov.bc.ca/gov/content/health/practitioner-professional-resources/bc-guidelines/palliative-care-approach>

### SYMPTOM MANAGEMENT

**BC Centre for Palliative Care Symptom Management Guidelines – Comprehensive, free, evidence-based symptom guidelines developed for primary care providers**

<https://bc-cpc.ca/cpc/publications/symptom-management-guidelines/>

**BC Guidelines – Palliative Care for the Patient with Incurable Cancer or Advanced Disease - Part 2: Pain and Symptom Management**

<https://www2.gov.bc.ca/gov/content/health/practitioner-professional-resources/bc-guidelines/palliative-pain-management>

**Pallium Canada – Online palliative care (paid) courses for more formal CME opportunities**

<https://www.pallium.ca/course/leap-online/>

### ADVANCE CARE PLANNING

**Fraser Health Advance Care Planning Record, MOST Form and fax cover letter**

[http://medicalstaff.fraserhealth.ca/getattachment/Clinical-Resources/Strips/Forms/Forms/Advance-Care-Planning/ACP\\_MOST-Record-Letter-Fax-COVID.pdf.aspx/](http://medicalstaff.fraserhealth.ca/getattachment/Clinical-Resources/Strips/Forms/Forms/Advance-Care-Planning/ACP_MOST-Record-Letter-Fax-COVID.pdf.aspx/)

**Fraser Health Advance Care Planning – Resources for patients**

<https://www.fraserhealth.ca/acp#.Xz2ZGLqWzoo>

**BC Centre for Palliative Care Serious Illness Conversation Guide – Resource for primary care providers**

<https://bc-cpc.ca/cpc/wp-content/uploads/2018/08/SIC-Conversation-Guide-V3-April2017.pdf?pdf=SICConversationGuide>

**Uptodate "Survival estimates in advanced terminal cancer" – Prognostication of patients with untreated cancer**

<https://www.uptodate.com/contents/survival-estimates-in-advanced-terminal-cancer?csi=cbba19ff-14ea-49f7-9d8d-1150db34bf7c&source=contentShare>

**ePrognosis – Prognostication of patients with frailty**

<https://eprognosis.ucsf.edu/porock.php> & <https://eprognosis.ucsf.edu/calculators/#/>

### END OF LIFE SERVICES/RESOURCES IN COMMUNITY

**BC Palliative Care Benefits (Plan P) – Information for Prescribers**

<https://www2.gov.bc.ca/gov/content/health/practitioner-professional-resources/pharmacare/prescribers/plan-p-bc-palliative-care-benefits-program>

**BCCA Pain and Symptom Management Service – Palliative care physician referral for patients receiving active cancer treatments with complex symptoms**

<http://www.bccancer.bc.ca/our-services/services/supportive-care/pain-symptom-management>

## Fraser Health Hospice Palliative Care Service

<https://www.fraserhealth.ca/health-topics-a-to-z/end-of-life-care/hospice-palliative-care#.Xz2dfrqWzoo>

## Fraser Health MAID Team

<https://www.fraserhealth.ca/health-topics-a-to-z/end-of-life-care/medical-assistance-in-dying#.Xz2bg7qWzop>

## Government of Canada – Compassionate Care Benefits (for caregivers of patients with prognosis < 26 weeks)

<https://www.canada.ca/en/services/benefits/ei/caregiving/apply.html>

## Fraser Health – Home Oxygen Program

<https://www.fraserhealth.ca/health-topics-a-to-z/home-oxygen-program#.Xz2h-7qWzoo>

## ACTIVELY DYING PATIENTS AT HOME

### To plan an expected natural home death the following are required:

- a.) A MOST or provincial no CPR form
- b.) A Notification of expected death in the home form completed by the patient's physician sent to the funeral home before the death. This form allows the funeral home to remove the body from a home without pronouncement of death. Pronouncement of death is not required by BC Law. There may be circumstances when families choose to waive pronouncement.
- c.) A medical certificate of death is completed by the physician within 48 hours of death.
- d.) Please also correspond with Home Health nursing to ensure services and medications are in the home to support end of life. Anticipating that at the end of life a patient will lose the ability to swallow, prescribing subcutaneous medications for pain and other symptoms is helpful. Patients' families will pick up the prescription and medications from the pharmacy and home health nurses will go into the home to draw up into syringes the medication needed. See Community Prescription link below regarding commonly needed medications.

## Fraser Health Regional Pre-Printed Orders for Palliative Patient – Community Prescription

[http://medicalstaff.fraserhealth.ca/getattachment/Clinical-Resources/Strips/Forms/Forms/Palliative-Care/2020-07-06-DRDO107357A\\_PalliativeCommunityPrescription-LTC.pdf.aspx/](http://medicalstaff.fraserhealth.ca/getattachment/Clinical-Resources/Strips/Forms/Forms/Palliative-Care/2020-07-06-DRDO107357A_PalliativeCommunityPrescription-LTC.pdf.aspx/)

## BC Notification of Expected Death in the Home Form

<https://www2.gov.bc.ca/assets/gov/health/forms/3987fil.pdf>

## BC Guidelines – Palliative Care for the Patient with Incurable Cancer or Advanced Disease - Part 3: Grief and Bereavement

<https://www2.gov.bc.ca/gov/content/health/practitioner-professional-resources/bc-guidelines/palliative-grief-and-bereavement>

## PALLIATIVE CARE AND COVID-19

### UBC Palliative Care Coronavirus Response – Various detailed resources

<https://palliativecare.med.ubc.ca/coronavirus/>

### Pallium Canada – COVID-Response: Palliative Care Resources

<https://www.pallium.ca/pallium-canadas-covid-19-response-resources/>

### Pallium Canada – Managing Dyspnea in Patients with COVID-19

[https://www.youtube.com/watch?v=Z\\_Pu2peHeHI&feature=youtu.be](https://www.youtube.com/watch?v=Z_Pu2peHeHI&feature=youtu.be)