

Parkinson's Falls Prevention Workshop at IMPACT Parkinson's

(#103-450 E Columbia St, New Westminster)

This workshop is intended for people living with Parkinson's, including family & friends

<u>Thursday, November 14, 2019</u> <u>2:00pm – 4:00pm</u>

The workshop will include:

- 1. The 4 Pillars of Falls Prevention
- 2. Tips and Tricks for Falls Prevention
- 3. Fraser Health Lifeline, Medial Alert Service, Fraser Health

Speakers

- ~ Ronda Field, Physiotherapist, Injury Prevention & Assessment, Fraser Health
- ~ Shianne Bains, Coordinator, Injury Prevention & Assessment, Fraser Health
- ~ Deana Burtnick, Lifeline Coordinator, Fraser Health

Registration by donation to IMPACT Parkinson's. Thank you!





For more information contact: