

The Canadian Cancer Society (<u>www.cancer.ca</u>) offers the following services to people diagnosed with cancer anywhere on Vancouver Island:

For details, drop by the Canadian Cancer Society Duncan office at: #100 – 394 Duncan Street, or phone 250-746-4134

Vancouver Island Lodge: For people who have daily, long term, or ongoing cancer treatment and wish to stay in Victoria, the Vancouver Island Lodge provides M-F accommodation, meals and additional support for a nominal fee. The lodge is located across from the Royal Jubilee Hospital, and within walking distance to the BC Cancer Agency. 250-592-2662

Health Link BC: Get advice on healthy eating and exercise during your cancer treatment. Call 8-1-1 and ask to speak to either a dietician or exercise professional who deals with cancer patients, or visit: www.healthlinkbc.ca/healthy-eating/your-condition/cancer

Cancer Information Service: The largest database of information about cancer and cancer services in Canada. Sound, research-based information delivered over the phone, by mail or email. 1-888-939-3333

Cancer Connection: Clients are matched with one of 1300 trained peer volunteers nationwide who can offer telephone support and encouragement. 1-888-939-3333

Financial Support: This program, administered from the Victoria office, provides financial assistance to those in need who are unable to meet the additional costs of cancer treatment. Complete application packages are available at the CCS office in Duncan. 250-746-4134

In addition to the above services, the following supports are available at the Duncan office, which is open *M*-Th (closed on Fridays) 9:00 am to 3:00 pm at #100-394 Duncan Street. 250-743-4134

1. Support Groups

The following support groups are open to anyone with cancer and their family members. Unless otherwise noted, meetings are held at the CCS office in Duncan:

- Living with Cancer: Meets the last Wednesday of every month from 10:30 to noon.
- Prostate Support Group: Meets the last Thursday of every month from 2:00 to 4:00 pm. Contact Gordon Thomas: 250-743-6960 | gandmthomas@shaw.ca
- Ostomate Support Group: Meets the second Tuesday of every month at 7:00 pm, held at 750 Trunk Road (Kiwanis Village). For information / directions contact David Clark: 250-746-3616 | Cell: 250-715-5499 | djclark@shaw.ca

2. Wig Boutique

There is a wide assortment of wigs in all colours and styles, also scarves, hats and toques available free of charge in the wig room at the CCS office. These items are available to anyone who has lost their hair as a result of cancer treatment.

Let's Make Cancer History 1 888 939-3333 | www.cancer.ca