

MEMORANDUM

DATE: November 28 2016
TO: **Emergency Physicians, General Practitioners, Intensivists, Hospitalists, Nurse Practitioners, Hospital Units, & Managers**
FROM: Dr Hector Baillie, Internist
Sonya Rinzema, Manager
RE: **Nanaimo Regional General Hospital Heart Function Clinic**

We are pleased to announce that our Nanaimo Regional General Hospital (NRGH) Heart Function Clinic current waitlist is short and we are accepting new referrals.

The Heart Function Clinic (HFC) provides education, careful surveillance and intervention including self-management support and medical management for people diagnosed with Heart Failure. Clinic referrals are accepted for patients with one or more of the following:

- New onset heart failure
- Chronic Heart Failure & experiencing a deterioration while on treatment
- Recent hospitalization for HF
- Requires HF education and/or follow-up

Contact with the clinic varies before being returned to their regular care practitioner for ongoing care. The clinic follows the Canadian Cardiovascular Society heart failure guidelines emphasizing collaborative care for complex patients to ensure maximum tolerated therapies, prevent re-admissions to hospital for heart failure, and to educate patients and their support person on the management of their disease.

As you know, Heart failure (and other chronic conditions) is on the rise in our health authority, in other jurisdictions and countries around the world. On the island, the prevalence of heart failure has increased by 43% in the past 10 years. In 2014/15 Island Health had 19,914 people living with Heart failure, compared to 13,956 in 2004/05.

The NRGH HFC operates out of the Specialty Medical Clinic at NRGH. Our address and contact information is listed below.

The team involved in the NRGH Heart Function Clinic include:

- Dr. Hector Baillie, Internal Medicine
- Dr. Michael Lang, Internal Medicine
- Madelene Daniel, Nurse Clinical
- Honeylette Abesamis, Nurse Clinician
- Pamela Johnson, Receptionist

Please contact us if you have any questions or concerns

Nanaimo Heart Function Clinic
Nanaimo Regional General Hospital
Room 1129 Main Floor 1200 Dufferin Crescent
Nanaimo, BC V9S 2B7 Canada

Tel: 250-740-6926 | Fax: 250-740-6956