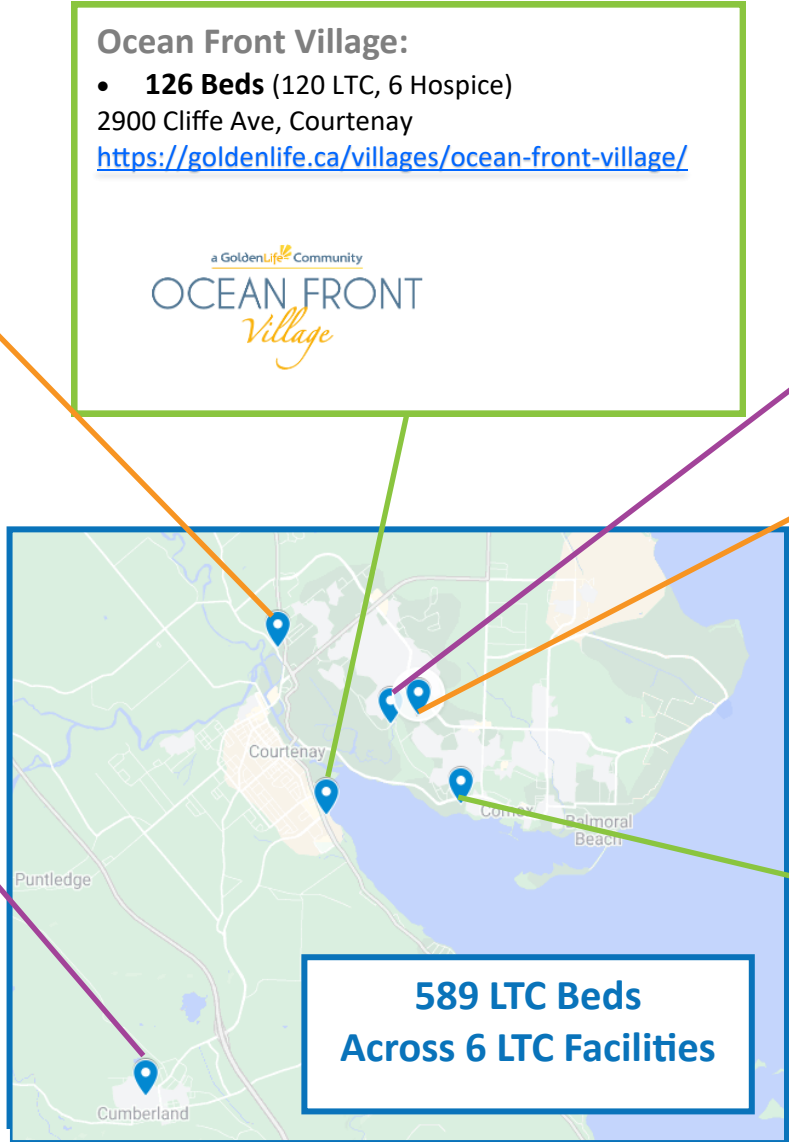


Opportunities in Long-Term Care – 10 Things to Consider

1. **Extremely valuable to the patients and their families:** The relationship with a family physician is very important for our patients in LTC. We are able to help provide dignity and comfort to our elders who have contributed so much in their lives and deserve excellent care.
2. **Meeting a need in the community:** The Comox Valley has a shortage of family physicians providing care for residents in LTC homes which is resulting delays for frail elders waiting to move into LTC (who cannot be admitted until they are attached to an MRP). This adds strain on our health care system if they are waiting in the hospital, or may increase their risk of injury or complications if they are waiting at home.
3. **Change of pace & setting:** Seeing patients in a LTC home is a nice opportunity to get out of the office and connect with the community. We can also spend more time with each patient, which can be a welcome change of pace from the usual hustle and bustle of clinical care.
4. **Supportive community of practice:** When providing care in LTC in the Comox Valley there are options for shared on-call arrangements, new-to-LTC orientation, participation in quality improvement activities, and community of supportive colleagues.
5. **Benefits of clustering:** Clustering is a model where physicians concentrate their care delivery activities at fewer facilities. This can help make LTC a more sustainable and rewarding aspect of a family practice. A clustering approach: increases the consistency of visits; makes the trip financially viable; improves the facility-physician relationship; and improves patient outcomes ([more information here](#)).
6. **Focus on quality of life:** LTC can offer diversity from providing acute care, and engages a different way of thinking. The focus in LTC is on quality of life, with a long-term and palliative approach.
7. **Financial feasibility:** Care delivery in LTC is currently billed through the Fee-For-Service model. When combined with a clustered approach to care, overall billings can average at or above the sessional hourly rate. Information on how the new LFP payment model will apply to LTC settings is coming soon. The LTCI program also offers financial incentives for patient attachment and care delivery activities in LTC, which can contribute to financial sustainability of this area of practice ([more information here](#)).
8. **Expand medical experience:** Providing care in LTC offers a chance to learn from this unique the setting. LTC residents have complex medical needs that can be quite different from what is seen in a community-based clinic.
9. **Team-based care:** Care in LTC is provided in collaboration with nursing teams, care aides, pharmacists, social workers, other allied health professionals. The team-based care approach can be effective and gratifying.
10. **LTC is very rewarding:** It is easy to see the positive impact we make when providing compassionate care in LTC for these vulnerable elders and their families.

The CV Division of Family Practice gratefully acknowledges that we work on the traditional unceded territories of the members of the K'ómoks First Nations.

Long-term Care in the Comox Valley



Comox Valley Seniors Village:


- **136 Beds**
4640 Headquarters Rd, Courtenay
<http://www.retirementconcepts.com/locations/comox-valley-seniors-village-casa-loma/>



Retirement Concepts

Cumberland Lodge:

- **65 Beds** (64 LTC, 1 Respite)
2696 Windermere Ave, Cumberland
http://www.viha.ca/hcc/residential/locations/cumberland_lodge.htm



island health
Cumberland Lodge


Ocean Front Village:

- **126 Beds** (120 LTC, 6 Hospice)
2900 Cliffe Ave, Courtenay
<https://goldenlife.ca/villages/ocean-front-village/>



Glacier View Lodge:

- **101 Beds** (100 LTC, 1 Respite)
2450 Back Rd, Courtenay
<http://www.glacierviewlodge.ca/>




Cummings Home:

- **6 beds**
1926 Cummings Rd, Courtenay

The Views – Providence Living:

- **155 Beds** (151 LTC, 4 Respite)
2137 Comox Ave, Comox
<https://cvviews.com/>



The Views at
St. JOSEPH's