

SHARED CARE

Community | Collaboration | Respect | Relationships | Creativity

What is Shared Care?

The Shared Care Committee is a joint collaborative committee of Doctors of BC and the BC Ministry of Health working to improve patients' health outcomes and their journey through the health care system. Shared Care is family physicians and specialist physicians in the Comox Valley - working together to improve health outcomes and the patient journey through the health care system.

Our local Shared Care Steering Committee works together to facilitate and oversee the development and progression of Shared Care projects and currently oversees the Shared Care Perinatal Advisory Team.

Collaborative Approach to Perinatal Care in the Comox Valley: The Working Groups... *IN ACTION*

Since September, working groups composed of key stakeholders including family physicians, specialists, midwives, clinical coordinators, maternity ward nurses, public health nurses and community partners have been coming together to develop strategies to enhance the quality of perinatal service and care in our community. The working groups focus areas include standardized care and care provider collaboration; equal patient access to care, and patient and care provider information and knowledge.



In early December, 8 family physicians and 4 midwives met to discuss the project initiatives, patient volume, support of intermediate risk patients and potential to collaborate amongst each other and local obstetricians. This successful event allowed for a rare opportunity for these busy colleagues to discuss how best they can deliver patient care.



Planning is underway for an exciting event with presentations by Dr. Don Wilson (OB/GYN), Chief Robert Joseph, O.B.C and a presentation of Mother's Story, a holistic approach that builds on a positive and caring relationship between nurses, women and families. *Perinatal Perspectives*, held at the K'ómoks Big House and Hall, will allow for the opportunity to learn about and discuss how the social determinants of health impact women and how relational practice can help care providers recognize the many types of trauma people have experienced in their lives and to understand, support and respond. Save the Date: April 21, 2016, 3 to 9pm.

Save The Date
April 21

Perinatal Perspectives:

Maternity Care Through the Lens of the Social Determinants of Health with Dr. Don Wilson (OB/GYN), Chief Robert Joseph and Mother's Story presented by Liz McKay & Jenny Nijhoff

Save the Date
Thursday, April 21, 2016
3 pm to 9 pm

K'ómoks First Nation Hall 3320 Comox Road
Invitations, registration and more information forthcoming
CME credits are available for Physician Participants
Funding is available for Physician and



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My Pregnancy Journal

Beginning in February, a Pregnancy Journal developed by a collaborative group, including an obstetrician, family physician, midwife, maternity ward clinical coordinator and nurse will be trialled. Two midwives, 2 family physicians who provide maternity care, and 2 family physicians who provide standard care will work with approximately 30 patients to determine how the Pregnancy Journal meets the goals of increasing knowledge among patients and their power to engage in discussions about care. The Pregnancy Journal aims to provide a standard of care for which all patients, regardless of their care provider, are to receive. The Pregnancy Journal also encourages registering with Right From The Start.



Comox Valley Maternity Care Pathway & Practice Profiles

A Maternity Care Pathway has been developed to help women navigate how maternity care is accessed and delivered in the Comox Valley. The Pathway will be housed on the Comox Valley Division of Family Practice website with links from Valley Child, a website that provides resources for women, children and families. The Pathway will provide information on where women can get a pregnancy test and what their choices are for maternity care. Practice profiles of family physicians, midwives and obstetricians will help women understand the care available to them. The Pathway also provides information on how a woman can find a family doctor if she doesn't have one. The Pathway provides links to Right From The Start registration and introduces the Pregnancy Journal.

Shared Group Care

Collaboration among care providers continues as a group care pilot project gets going this spring. In this sustainable group care model family physician and midwifery patients will meet regularly in a space offered by Island Health's Public Health. The maternity care providers will work together along with a qualified prenatal educator to provide care while patients stay under their direct care. This pilot project will give more women in the community access to the benefits of group care.

Comox Valley Maternity Care Pathway

The infographic outlines the maternity care pathway. It starts with 'Do you think you might be pregnant?' leading to 'DO A PREGNANCY TEST' options: at family doctor's office, The Women's Clinic, Midwifery Clinic, Sexual Health Clinic, or at home. Next is 'Are you pregnant and need a Family Doctor?' leading to 'I'm Pregnant and need to choose a Maternity Care Provider'. This section explains that good prenatal care is important and lists options: Family Doctor (Maternity), Midwife, or Obstetrician. It then says 'REGISTER RIGHT FROM THE START AND RECEIVE YOUR PREGNANCY JOURNAL' with a 'REGISTER NOW' button. Below that, it says 'This is what your pregnancy care might look like in the Comox Valley' with an image of the journal. Finally, it directs users to 'Visit Valley Child for resources in the Comox Valley for pregnancy, children and families' with the website 'valleychild.ca'.

Right From The Start Campaign

In January some of our working group members began working on an initiative to increase the uptake of Right From The Start registrations. The goal is to increase registrations to 50% by September 2016. This campaign will target family physicians, obstetricians, and midwives and will work with key



community groups and organizations including Healthy Babies, Upper Island Women of Native Ancestry, Ministry of Child and Family Development, CV Child Development Association and CV Family Services. Posters will be placed in clinic exam rooms and around the community at Island Health and Public Health to draw attention to the value of registering for this important program. This initiative is tied into other project initiatives, including the Pregnancy Journal and the Maternity Care Pathway.

Valley Child

Work continues as we build a strong collaborative relationship with Valley Child to place endorsed, local and provincial perinatal resources on the website. This initiative relates to the goal of providing a streamlined way of accessing resources for patients. This initiative is focused on needs based planning and listening to the voice of the patient.

Standardized Care

A funding request has been made to conduct a small group learning opportunity aimed at family physicians and midwives. The purpose of the session would be to discuss current standards, the PSBC Maternity Care Pathway, determine ways of decreasing barriers, to improve individual and collaborative practices and to help PSBC update the Pathway.