

SHARED CARE

Community | Collaboration | Respect | Relationships | Creativity

What is Shared Care?

The Shared Care Committee is a joint collaborative committee of Doctors of BC and the BC Ministry of Health working to improve patients' health outcomes and their journey through the health care system. Shared Care is family physicians and specialist physicians in the Comox Valley - working together to improve health outcomes and the patient journey through the health care system. This is done by:

- Understanding the working relationship between family physicians and specialists, while implementing pragmatic solutions to improve and support it.
- Developing collaborative approaches that address barriers to care
- Embracing new technologies, service models and payment methods
- Fostering patient self-management
- Reducing unnecessary burdens on patients and their families

Our local Shared Care Steering Committee works together to facilitate and oversee the development and progression of Shared Care projects and currently oversees the Shared Care Perinatal Advisory Team.

Do you have an idea for a Shared Care quality improvement project?

Get in touch with Laura Wellmann, Project Lead to learn more about how Shared Care can support your project.

Shared Care Contact

Laura Wellmann, MA Project Lead 403 679 1252

lwellmann@divisionsbc.ca
www.divisionsbc.ca/comox

Perinatal Perspectives: Supporting Women at Risk of Vulnerability

On April 16, 2016 over 100 maternity care providers and community partners from the Comox Valley, Campbell River and North Island gathered together at the K'ómoks Band Hall and Big House. Speakers included Dr Chief Robert Joseph and his daughter Shelly Joseph, Liz McKay and Jenny Nijhoff, and Dr Don Wilson.

Dr Chief Robert Joseph and Shelly Joseph spoke about relationship building in health care, moving through trauma, reconciliation and the role of transparency and relationships when working with vulnerable populations. Shelly shared powerful stories about her personal experiences, as both a child and a mother, navigating the health care system.

Liz McKay and Jenny Nijhoff spoke passionately about relational care and the Mother's Story approach to public health nursing. The Mother's Story is a holistic approach that builds on positive and caring relationships between care provider, women, families and communities. The woman shares her hopes and dreams for herself, unborn baby and growing child and this along with the woman's and family's perspectives, values, beliefs, and goals guides the provision of care.

Dr Don Wilson engaged the crowd with both stories and practical ways of working with vulnerable patients. Key learnings included flexibility with scheduling and following up with patients that don't show up for appointments, without judgement - remembering that the most important goal is to keep women coming back in order to develop trusting and respectful relationships and to deliver exceptional patient care.



Through listening and dialogue, and over delicious food prepared by Cory Frank and his team, participants learned about building relationships in health care with vulnerable women and families. Discussion at multi disciplinary tables were around themes of story telling, social determinants of health, community & collaboration, vulnerability & resilience, relationships, and reconciliation. Participants valued the opportunity to collaborate and connect with colleagues from the Comox Valley and Campbell River. A highlights video and full length video of the event speakers is available. Please contact Jacquie Kinney at jkinney@divisionsbc.ca if you are interested in accessing the videos.

SHARED CARE: IN THE COMOX VALLEY

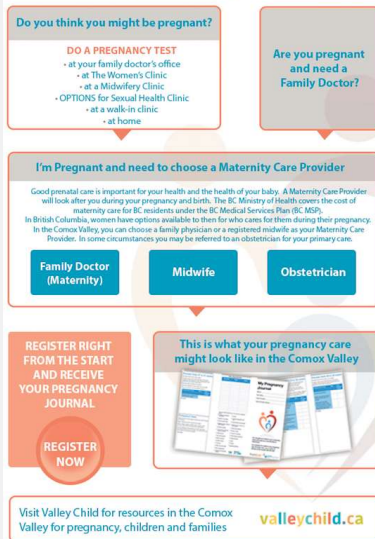
Community | Collaboration | Respect | Relationships | Creativity

Comox Valley Maternity Care Pathway & Pregnancy Journal

Dr Sara Sandwith, along with project team member Jacquie Kinney, met with Comox Valley Physicians to introduce two tools developed through the collaborative efforts of our working groups.

The Maternity Care Pathway has been developed to help women navigate how maternity care is accessed and delivered in the Comox Valley. The online version of the Pathway is housed on the Comox Valley Division of Family Practice website. A poster campaign over the summer placed the poster in clinics and around the community.

Comox Valley Maternity Care Pathway



The Pregnancy Journal was developed through the collaboration of a Comox Valley obstetrician, family physician, midwife, maternity ward clinical coordinator and nurse. The aim of the journal is to increase knowledge among patients to help them engage in discussions with their care provider. The Pregnancy Journal also aims to provide a standard of care for which all patients, regardless of their care provider, receive.

The journal also encourages registration with Right From The Start. The trial of the journal occurred over the summer and an evaluation is currently underway. For more information or to receive copies of these resources, please contact Jacquie Kinney at jkkinney@divisionsbc.ca.

The Future...

The Shared Care Committee has awarded project funds to develop a proposal for a Phase 2 of the Perinatal Project to be submitted early this winter. Our advisory team is currently exploring key areas of focus in this second phase to continue with this exciting perinatal enhancement work in the Comox Valley.

Group Maternity Care Pilot

Some of our intrepid care providers continue to design and plan the Group Care pilot which will provide prenatal education in combination with belly checks. In this model, women meet as a group and have the opportunity to learn from both midwives and family physicians, as well as each other, while remaining under the direct care of their care provider. Through a Patients Needs Assessment, we learned from 32 Comox Valley women about their interest in a group care model as well as priority for topics covered. The most important topics to learn about and discuss in group care for women were reported to be: labour & delivery, breastfeeding, post partum recovery & self care, nutrition & exercise, and caring for their newborn.

Right From The Start Campaign

One of our working groups set the goal to increase the uptake of Right From The Start registrations by 50% by September 2016.

Through a campaign targeting family physicians, obstetricians and midwives working with key community groups and organizations, posters were placed in clinic exams rooms and around the community to draw attention to the value of registering for this important program.



From April 2015 to March 2016 there were 157 registrations. During the six months between April 2016 and September 2016 there have been 114 registrations indicating a 30% increase in registrations.