



Central Okanagan Division of Family Practice

A GPSC initiative



Get Regular with your GP

What is a regular

appointment with your family doctor?

See your GP for...

- Advice on health problems, healthy choices and nutrition
- Medication refills
- Ongoing health concerns
- Check Ups
- Referrals to specialists



See your family
doctor when you
need to – even the
little things matter!

www.divisionsbc.ca/cod