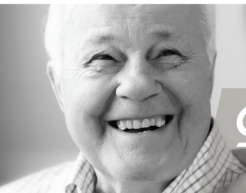




Central Okanagan Division of Family Practice

A GPSC initiative



Get Regular with your GP

How to Prepare

for a regular appointment with your family doctor:

You should...

Be Prepared:

- Write down information or questions for your family doctor
- Bring all your medications, supplements and vitamins
- Bring a support person, if needed

Be Specific:

- Tell your family doctor the main reason you have come to see him or her
- Provide all your related information



See your family doctor when you need to – even the little things matter!

www.divisionsbc.ca/cod