

## **Quotes from MOA Day:**

"Really enjoyed all of today."

"Glad to have met everyone."

"Excellent Day! Thank you so much!"

# **MOA Newsletter**

## January 2017



## MOA Day Highlights - April 2016

- Guest speaker, Bruce Self, RN, BScN, MSc presented a Mental Health workshop.
- Guest speaker, Ciel Patenaude educated us on Mindfulness and Self Awareness.
- Guest speaker and fellow MOA, Grace Koch shared Work Life Balance.
- Yoga Instructor and fellow MOA, Breanne guided us through a yoga class.

### **CIR Division News**



#### A GP FOR ME

- Through partnered efforts with the Interior Health Authority, 13 MOAs and 5 physicians completed the San'yas Indigenous Cultural Safety Training.
- FETCH <a href="http://cariboochilcotin.fetchbc.ca/">http://cariboochilcotin.fetchbc.ca/</a> currently has 550 community health resources.
- Our recruitment team has been busy growing the locum list to 70 locum contacts.
- The CIRD has 5 recruitment videos https://www.divisionsbc.ca/CIRD/home
- The physician coverage program has assisted in 8 locum placements and has established a contact list of over 70 potential locums.
- A financial calculator was created to be used as a recruitment tool. It demonstrates the benefits of practicing medicine in a rural vs. urban area. The calculator is posted on the CIRD website and is sent out to potential recruits.



#### **CYMHSU**

- CYMHSU Collaborative that was prototyped in the Interior Region continues to spread across the province and now includes over 2,400 members and 64 local action teams.
- The Cariboo Action Team is supporting Calvin Dubray, the Principal of Marie Sharpe Elementary, in developing a Trauma-Informed Toolkit.
- Marie Sharpe piloted a trauma-informed approach and had great success in 2014-2015 school year. The toolkit will provide resources and implementation guidelines to other schools interested in adopting this approach to instruction.
- The toolkit will be completed by March 2017 and a presentation on the trauma-informed school will be done at an upcoming conference.



**TICK TOCK FIND US A DOC** Regional Physician Recruitment Campaign is **LIVE**!

The **TICK TOCK FIND US A DOC** Regional Physician Recruitment Campaign was created to involve the residents of the region in assisting the Central Interior Rural Division (CIRD) of Family Practice in finding potential candidates that want to practice medicine in our region.

- This one of a kind recruitment campaign gives residents the opportunity to get involved and make a positive change to our current and future healthcare.
- www.ticktockfindusadoc.com
- Win prizes valued at up to \$3000! There are three
  ways of participate by partaking in our social media
  campaigns and/or by providing leads for qualified
  physicians that end up signing a contract. For more
  information visit:
- The campaign launched November 2016 and wraps up December 2017.
- All campaign prizes are funded through sponsorship from local individuals and businesses.

**LIKE** and **SHARE** for the opportunity to **WIN** amazing weekly prizes.

#### Next Steps:

- Posters to put up in your office will be arriving soon
- Stay tuned for more information coming your way
- · Questions? Please contact one of our team members



Please welcome Jane Barnett, the new Practice Support Program Coordinator for the Central Interior Rural area.

Jane moved to the Cariboo with her husband in 1995 and has raised three daughters on their ranch outside of Williams Lake. She is a graduate of UBC and UVic and has worked for the Ministry for Children and Families in several communities including those in the Williams Lake and Lillooet areas.

#### Jane Barnett

#### **Practice Support Program Coordinator**

#### Central Interior Rural

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#### CIRD Board of Directors 2016/17

- Dr. Bruce Nicolson, Chair
- Dr. Dough Neufeld, Vice Chair
- Dr. Stefan deSwardt, Secretary Treasurer
- Dr. Glenn Fedor, Director
- · Dr. Gord Hutchinson, Director
- · Dr. Neetha Vithalal, Director

## **CIRD Support Staff**

- · Trevor Barnes, Executive Director
- Jill Zimonick, Project Leader
- · Shilo Labelle, Administrative Assistant
- · Sally Errey, Communications
- · Laurie Walters, Physician Recruitment
- Tshidi Machete, Physician Recruitment
- · Tanya Kielpinski, Program Assistant

Picture from left to right: Dr. Glenn Fedor, Shilo Labelle, Dr. Bruce Nicolson, Trevor Barnes, Jill Zimonick, Dr. Stefan deSwardt



SAVE THE DATE

### **SAVE THE DATE**

**February 2, 2017** 

## **MOA Day**

MOA Day 2017 is in the works and we are building it around your April 2016 MOA event evaluations and feedback.

Please click on the **green** button to view the **SAVE THE DATE** 

**Questions?** Please contact Laurie Walters, CIRD Physician Recruitment <a href="mailto:lwalters@divisionsbc.ca">lwalters@divisionsbc.ca</a>

We look forward to hearing from you!



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