

# 2013 – 2014 ANNUAL REPORT



**DIVISION MEMBERS**

**EMERGENCY ROOM ULTRASOUND COURSE**

## **OUR VISION**

To provide a framework for physicians to work together to determine the priorities in our own community for improving patient and physician satisfaction and to implement projects to address those priorities.

## **MISSION**

The Central Interior Rural Division of Family Practice is a non-profit society dedicated to promoting, supporting and enhancing full service primary care in our community, through the development and implementation of programs which address the specific healthcare needs of the communities represented by Division members.

## **GUIDING PRINCIPLES**

- Encourage inclusiveness
- Foster shared leadership
- Strive for continued improvement
- Community focus
- Work collaboratively with partners to build consensus in delivering rural healthcare

Divisions provide physicians with a stronger collective voice in their community while supporting them to improve their clinical practices, offer comprehensive patient services and influence health service decision-making in their community.

Each Division of Family Practice works in partnership with its Health Authority, the GPSC and the Ministry of Health Services. Together, they identify gaps that exist in patient care in a division's community and develop solutions to meet their own community's needs. They do not duplicate roles and responsibilities of a health authority.

Physicians collaborate on issues particular to their region and come together to enjoy professional development opportunities, peer and professional support, specialist access and physician recruitment activities. There are also specific initiatives that local divisions undertake.

### **2013-2014 BOARD OF DIRECTORS**

Chair	Dr. Rod Dickey	100 Mile House
Vice-Chair	Dr. Glenn Fedor	Williams Lake
Secretary	Dr. Stefan deSwardt	Williams Lake
Treasurer	Dr. Walter Rees	Williams Lake
Directors:	Dr. Bruce Nicolson	100 Mile House
	Dr. Gordon Hutchinson	100 Mile House

### **MESSAGE FROM THE CHAIR**

It has been a privilege to Chair the CIR Division as members and Directors become involved in the Division's work. 2013-14 has been a very busy year. The main areas of focus have been:

- Recruitment both locally and in partnership with other Divisions and the Interior Health Recruitment & Retention Committee;
- The Child & Youth Mental Health Substance Use Collaborative, a large-scale initiative in the Interior Health region. It brings together more than 150 professionals others to work together to improve services for children and youth with mental health and substance use issues;
- The Integrated Primary & Community Care project managed by the Collaborative Services Committee is working on a project that supports the development of resources to facilitate the care and services for mental health clients;
- The GP for ME program announced in 2013. Over time, the supports provided by A GP for Me will make it easier for doctors to provide and coordinate care for their patients efficiently – so they will be able to accept more patients into their practices; and enable physicians to develop plans at a community level to improve local primary care capacity, including a mechanism for finding doctors locally for patients who are looking for one.

I am also pleased to announce that the Division has recently hired Trevor Barnes, an experienced administrator and a well-known resident of Williams Lake, as Executive Director. MJ Cousins, the Division Coordinator from its start-up is leaving the Cariboo to reside in Victoria. On behalf of the Board of Directors I want to thank her for excellent service to our Society and wish her all the best in her future endeavours.

And lastly, I am stepping down as Chair. Dr. Fedor has generously agreed to take over this position. Four Board members have a year left to complete their three year terms, while two members still have two years remaining. Hence, your Board remains intact with all six current members returning for another year. We look forward to continuing to serve your needs in the coming year.

Respectfully submitted,

Dr. Rod Dickey, CIR Division Chair

## 2013-2014 HIGHLIGHTS

### **Recruitment**

The last 12 months have seen the Recruitment team work successfully with HealthMatch and Interior Health to fill 2 of the 3 positions posted for 100 Mile House. A new doctor has also settled in at Tatla Lake and a gynaecologist will be moving to Williams Lake late summer 2014.

The “Red Carpet” program has been designed to both introduce Physicians to the area and to ensure that when they arrive, their transition to Cariboo life is as easy as possible. Activities include organising accommodations, social events, bank appointments and providing community connections and information. Working collaboratively with all agencies has allowed a smoother transition, quicker work starts and warmly welcomed families.

The Team of Sally Errey and Lynn Roberts attended 2 Physician events in Vancouver to promote the Cariboo area to physician interested in making a move. A visual display, prize draws, information cards and friendly smiles are all part of attracting new doctors.

Division representatives continue to participate in the Interior Health Recruitment & Retention committee which brings together all Interior Divisions seeking additional medical professionals.



## **Collaborative Services Committee**

The Collaborative Services Committee made the decision that the allocated Integrated Primary and Community Care (IPCC) bilateral funds would be targeted for patients with Mental Health and Substance Use conditions in the communities and surrounding area of 100 Mile House and Williams Lake. The IPCC project Working Group was formed in January 2014 with the purpose of conducting a focused review/analysis to determine patient needs. Research activities included interviews with Working Group members, Key Informant Interviews – twenty seven interviews conducted with a total of 60 people identified as Key Informants participating, a Document and Data Review leading to the development of a Service Delivery Model in alignment with the Bilateral Agreement funding parameters and with the guidance of the IPCC Working Group. Guiding Principles for the Service Delivery Model include linking with and building on existing services; avoiding duplication; and supporting equitable access.

The IPCC Working Group committee recommendations are now in the approval process through the Interior Health Community Integration Leadership Team and will be presented to Division members for endorsement at the 2014 Annual General Meeting. A special thanks to MaryAnne waters, IH Integrated Primary and Community Care (IPCC) Facilitator for her dedicated effort on this project on behalf of the Division's Collaborative Services Committee.

## **Child & Youth Mental Health/Substance Use Collaborative**

Two Division Physician members are actively involved in the newly formed Child and Youth Mental Health and Substance Use Collaborative, a large-scale initiative in the Interior Health region. It brings together more than 150 professionals — including family doctors, psychiatrists, pediatricians, mental health counselors, social workers, school counselors, First Nations groups, health leaders, and representatives from three provincial ministries — as well as families, and others to work together to improve services for children and youth with mental health and substance use issues. Its aim is to foster collaboration and multidisciplinary innovation to increase the number of children, youth, and their families receiving timely access to integrated mental health services and supports. The Collaborative is also addressing issues of privacy versus the need for effective information-sharing across services, such as from school counsellor to MCFD counsellor, family doctor to school counsellor, and acute care hospital to community agencies. The aim is to improve appropriate and confidential information flow to enable better coordination of services.

Division members Dr. Glenn Fedor and Dr. Jeff Peimer are lead members of the multi-disciplinary Collaborative Action Team in the Cariboo – one of eight Action Teams in the province.



Trevor Barnes, Exec Director; Dr. Rod Dickey Board Chair; Sally Bartsch, Administration; Dr. Bruce Nicolson, GP for ME Physician Lead and Dr. Glenn Fedor, Board Co-Chair

### **A GP for ME (Attachment)**

A GP for Me is a province-wide initiative funded jointly by the Government of BC and Doctors of BC (formerly the BC Medical Association):

- Enable patients who want a family doctor to find one.
- Increase the capacity of the primary health care system.
- Confirm and strengthen the continuous doctor-patient relationship, including better support for the needs of vulnerable patients.

The program includes funding for the new family physician fees including:

- Zero sum attachment participation code
- Telephone patient care management
- Expanded Complete Care Management
- Patient Conferences
- Unattached complex/High Needs patient Attachment Referrals

It also includes funding to Divisions of Family Practice over three years to:

- Conduct research to evaluate the number of people looking for doctors in their community, the needs of the local family physicians and the strengths and gaps in local primary care resources
- Develop a community plan for improving local primary care capacity, including a mechanism for finding doctors for patients who are looking for them.

The Central Interior Rural Division is currently developing an Assessment and Planning initiative that aims to provide and support access to care for all area patients who do not currently have a Family Physician. Phase 1 will involve identification and analysis of vulnerable unattached patient groups. Based on this analysis, Phase 2 describes the creation of new patient care delivery systems within the Cariboo-Chilcotin region.

**AUDITED FINANCIAL STATEMENTS TO MARCH 31, 2014**

**Auditor: A. Binns & Company Inc.**

**100 Mile House, BC**