



The Division
E-bulletin - April 1, 2019



Welcoming Spring Edition

DIVISION NEWS ~ UPDATES

Division Dispatch
March 29, 2019

PATHWAYS

**GPSC News and
Information**

Questions About the Work of the Division?

We have many new physicians leading the great work that we do. If you have questions or suggestions, we would be happy to connect with you to review what is in the works and hear from you on how we can support our physicians and clinics.

Please contact [Christine Colbert](#) by email or Cell: **250-897-2358**

Policy Changes to ICBC Effective April 1

The BC Government and ICBC have announced [new regulations](#) for treatment of motor vehicle accidents injuries. ICBC consulted with Doctors of BC to help with the development of the regulations, which go into effect April 1, 2019. The changes will:

- Provide more clinical autonomy to physicians through expanded pre-authorized accident benefits; this means patients will have easier access to treatment.
- Introduce new and updated treatment fees for physicians that acknowledge the additional time often needed to care for ICBC patients, and
- Streamline processes by reducing paperwork.

"By working together with ICBC we are hopeful that these changes will help people receive the care they need and focus on getting better," says Dr. Eric Cadesky, president of Doctors of BC. "Eliminating unnecessary paperwork also allows doctors to spend more time with our patients." Visit the Doctors of BC [Website](#) for more information.

North Island Surgical Services Expansion Update

[Click Here](#) to read the following important message sent out by the NIH Hip and Knee Centre includes ambulatory clinics in both North Island Hospital campuses; Campbell River and Comox Valley. *(Not to be confused with the Orthopedic Clinic in Comox, which is a private surgeons' office.)*

The aim is to improve timely access for patients, including the option of first available appropriate surgeon, while improving communication with the Primary Care Provider offices.

Home Health Monitoring

Home Health Monitoring is a service offered through Home and Community Care to support people living with heart failure or COPD. They will help your patient manage their health from the comfort of their home. By participating in the Home Health Monitoring Service, your patient will improve their knowledge of their chronic disease and ability to self-manage their health. Easy to use equipment is installed in their home for the duration of the service.

For more information, [Click Here](#) for a copy of the brochure.

GPSC - Billing Changes

GPSC has made changes to some of its fees to enable delegation, simplify billing, and clarify requirements. These changes are part of the GPSC's continued efforts to support full-service family doctors to improve access to care and services. For more information on these Fee Changes, please visit their [Website](#).

Patient Medical Home Model

The College of Family Physicians of Canada (CFPC) is providing leadership in advocating for the PMH Model and its ongoing development. [Click Here](#) for more information and resources available.

Supporting Physician Wellness

Physician burn out and physician wellness is a concern that the Divisions and others are paying attention to. It is the topic of conferences, tweets (#MedTwitter) and articles. What are your ideas around supporting physician wellness at our local level? Please email [Christine Colbert](#) or [Julie Collis](#) and let us know.

Physicians & Nurse Practitionaries Currently Taking New Patients

Dr. Kathleen McFadden

Dr. Kathleen McFadden has retired from her

A list, outlining those GPs and NPs currently taking new patients is shared with all clinic MOAs; posted in the Doctors Lounge; and is available on the [Division](#) & [FETCH](#) Websites

family practice at the Hillside Medical Clinic, however Kathleen will continue support the Sayward HealthCare Clinic and lead work in geriatric care for the hospital and continue as Medical Director for Yucalta Lodge

Need Help finding a Locum?

If you need help finding a Locum the Division is here to help ~ please contact: [Julie Collis](#)

Be sure to check the What's Up Doc Division Board in the Physician's Lounge for current news and events including contact and photo list for physicians and residents.

LOCAL TRAININGS ~ CMEs ~ WORKSHOPS

Below is a list of upcoming Events and Workshops that the Division is support. Please click on the links to find out more information on registration details.

Billing Webinar for New-to-Practice GPs

This billing webinar series is for new-to-practice GPs. The GPSC and SGP are pleased to present their three-part series this Spring. For more information on the billing webinar series and registration, please visit the GPSC [Website](#)

Preterm Birth Pathway

Drs Jennifer Kask & Kirsten Duckitt are offering the Preterm Birth Pathway program in Campbell River on **Tuesday April 16th** at the Campbell River Hospital - Conference Centre rooms 1-3. Target audience is GPs, OBs, and Midwives. Up to 9 Mainpro credits.

[Poster and Registration Information](#)

Mini LEAP

Date: Friday April 26, 2019
Time: 6:00pm
Reminder only as this course is full
[Poster & Registration](#)

Addictions Info Session

Standing Orders for Starts; New Alcohol Use Disorder Guidelines. Please watch for more information as we confirm the location and date in May 2019

OSCAR EMR ~ Tips & Tricks

Date: Tuesday, June 11, 2019
Time: 6:15pm - 7:15pm
Location: River City Medical Clinic
[Poster & Registration](#)

Advances in Labour and Risk Management ~ ALARM

Date: SAT, June 22 & SUN, June 23, 2019
Time: 7:30am to 5:00pm
Location: TBA
[Poster & Registration](#)

Walk With Your Doc

Since 2010 *Walk With Your Doc* has been spreading the word to British Columbians about the health

benefits of daily walking. Each year, during the **week of May 10**, the World Health Organization's international *Move for Health Day*, doctors across BC host walking events for their patients and often for their community too. To date, over 200 walks have been organized, with hundreds of doctors and thousands of people participating. For more information, visit the [Walk With Your Doc](#) website

If your clinic would like to participate during the week of May 10, please contact [Julie Collis](#)

REGIONAL/PROVINCIAL TRAINING ~ CMEs ~ CONFERENCES

Vancouver Island Quality Showcase - 2019

Physician Quality Improvement, Island Health and Facility Engagement are hosting the Vancouver Island Quality Showcase 2019 on Thursday, April 25, 2019 in Nanaimo. This conference is to showcase and demonstrate the efforts and achievements of quality work being done in Island Health to provide excellent health and care for everyone, everywhere, every time by:

- Celebrating our accomplishments
- Collaborating with patients and peers
- Inspiring involvement in engagement and improvement

The Planning Committee invites the submission of abstracts of clinical improvement work as well as request from program areas to demonstrate how they support quality improvement. To find out more information or to register [Click Here](#)

Fostering Resilience

An MBCT Retreat for Health Professionals - May 31 - June 5, 2109

Revitalize, restore, and build resilience during this 5-day Mindfulness-Based Cognitive Therapy (MBCT) meditation retreat for physicians, health professionals, and their partners at Hollyhock, Cortes Island. For more information, see attached [Poster](#)

UBC COURSES

For all UBC Courses, visit their [Website](#)

7th Annual BC Obesity Summit 2019

Date: April 6, 2019

Location: Morris J. Wosk Centre for Dialogue |
Vancouver, BC

Target Audience: family physicians,
surgeons, residents & AHP
Up to 6.5 MOC Section 1 / Mainpro+ credits

[Course Content](#) | [Registration](#)

Saying Goodbye to the CL19

Supporting Care and Recovery of People
Involved in MVAs

Date: April 3 or April 9 | 19:00 - 20:00

Location: Online Webinar

Target Audience: Family physicians &
specialists who support patients in MVAs
Up to 1.0 Mainpro+ / MOC Section 1

[Course Content](#) | [Registration](#)

BC Virtual Health Grand Grounds

16th Annual Pediatric Emergency

Medicine Update

Bringing Primary, Emergency & Specialized Healthcare to the People through Technology: What's Working in Remote BC?

Date: April 26, 2109 | 08:00-0:900

Location: WebEx - [Registration](#)

Target Audience: Family physicians, specialists, and all other healthcare providers.
1 Mainpro+ credit

Date: May 3-4, 2019

Location: UBC Robson Square|Vancouver, BC

Target Audience: pediatricians, emergency physicians, family physicians, residents & AHP
Up to 12.5 MOC Section 1 / Mainpro+ credits

[Course Content](#) | [Registration](#)

Non-Alcoholic Fatty Liver Disease

How concerned should we be and What to do Beyond recommending weight loss?

Date: May 28, 2019 | 19:00-20:00

Location: Online Webinar - [Registration](#)

Target Audience: All physicians and healthcare providers
1 MOC Section 1 & 1.0 Mainpro+ credits

4th Annual UBC Heart Failure Symposium

Date: June 7-8, 2019

Location: Sheraton Vancouver Wall Centre | Vancouver, BC

Target Audience: Family physicians, internists, hospitalists, cardiologists, residents & AHP
Up to 8.5 MOC Section 1 / Mainpro+ credits

[Course Content](#) | [Registration](#)

RURAL EMERGENCY MEDICINE PEER COACHING PROGRAM

The Peer Coaching stream of The Clinical Coaching for Excellence program supports you as a rural emergency medicine practitioner while you are on shift with backup from a peer coach who will support you over a 6 month period. This is a personal coaching relationship and the conversations between you will remain completely private. Your coach may be somebody local, where you can have an in-person relationship (in person coaching), or can support you by video, phone, or text (virtual coaching). Your coach will remain in touch with you between shifts to provide a supportive ongoing relationship. Your coach will be a rural generalist who understands personal and professional challenges of working in small communities and low resource settings.

- In person or virtual coaching
- Certified for Up to 75.5 Mainpro+ (1 credit/hr) for Coaches, and
- Up to 73.5 Mainpro+ (1 credit/hr) for Coachees
- [Website Information](#) | [Poster Information](#)

The relationship with your coach is solely for your benefit. Information is not passed to any regulatory bodies.

Practice Survival Skills: What I Wish I Knew In My First Years of Practice

Date: June 15, 2019

Location: The AMS Nest, UBC Main Campus | Vancouver, BC

Target Audience: Family physicians, specialty physicians, locums, IMGs, physicians new to BC, residents

COMMUNITY & PARTNERS NEWS AND RESOURCES

Join the Conversation - Climate Change & Vancouver Island

Date: Thursday, April 4, 2019

Time: 6:00pm to 8:15pm

No Charge | Drop In | See [POSTER](#) for details

Location: Maritime Heritage Centre (621 Island Highway) ~ Rotary Hall

Island Health Announces Community Wellness

Healthy living and community well-being will be supported by 52 projects across Island Health, thanks to Island Health's Community Wellness Granting Program. Grant recipients for 2019 include dozens of community-based projects including a collaboration in Sayward aimed at improving the physical and mental well-being for all members of the community, a young cooks program in Courtenay in partnership with Komoks First Nation, a lunch and learn program for seniors from Ucluelet and Tofino and local First Nations Elders, the establishment of a support group for individuals experiencing grief from traumatic loss in Cowichan, and a pilot project expanding parenting programs to Victoria and the West Shore.

For more information on [Click Here](#)

NPs in Primary Care - Webinar Recording

The *NPs in Primary Care* webinar was held on March 25, 2019. During this webinar Natasha Prodan-Bhalla, Executive Director, Nurse Practitioners & Primary Health Care with the Ministry of Health, provided a high level overview of the role of NPs in Primary Care; and Dr Blair Stanley (GP) and Lori Verigin (NP) also spoke about their experiences practicing together. If you are interested in listening to this webinar recording, it can be downloaded [Here](#).

This recording has been sent to PCN Wave 1 and 2 communities, as well as Collaborative Services Committee Co-Chairs and Executive Directors in Future PCN communities.

Strathcona Community Health Network has just released community data profiles for Campbell River and the surrounding communities

Visit the Strathcona Community Health Network [Website](#) to view the profiles.

Congratulations

Congrats to our very own Julie Collis.

In February, Julie entered her photo into the BC Ferries Wildlife Photo Contest and it was

announced on March 20th that she was the grand prize winner of a 6 night Great Bear Circle Tour of beautiful British Columbia.



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