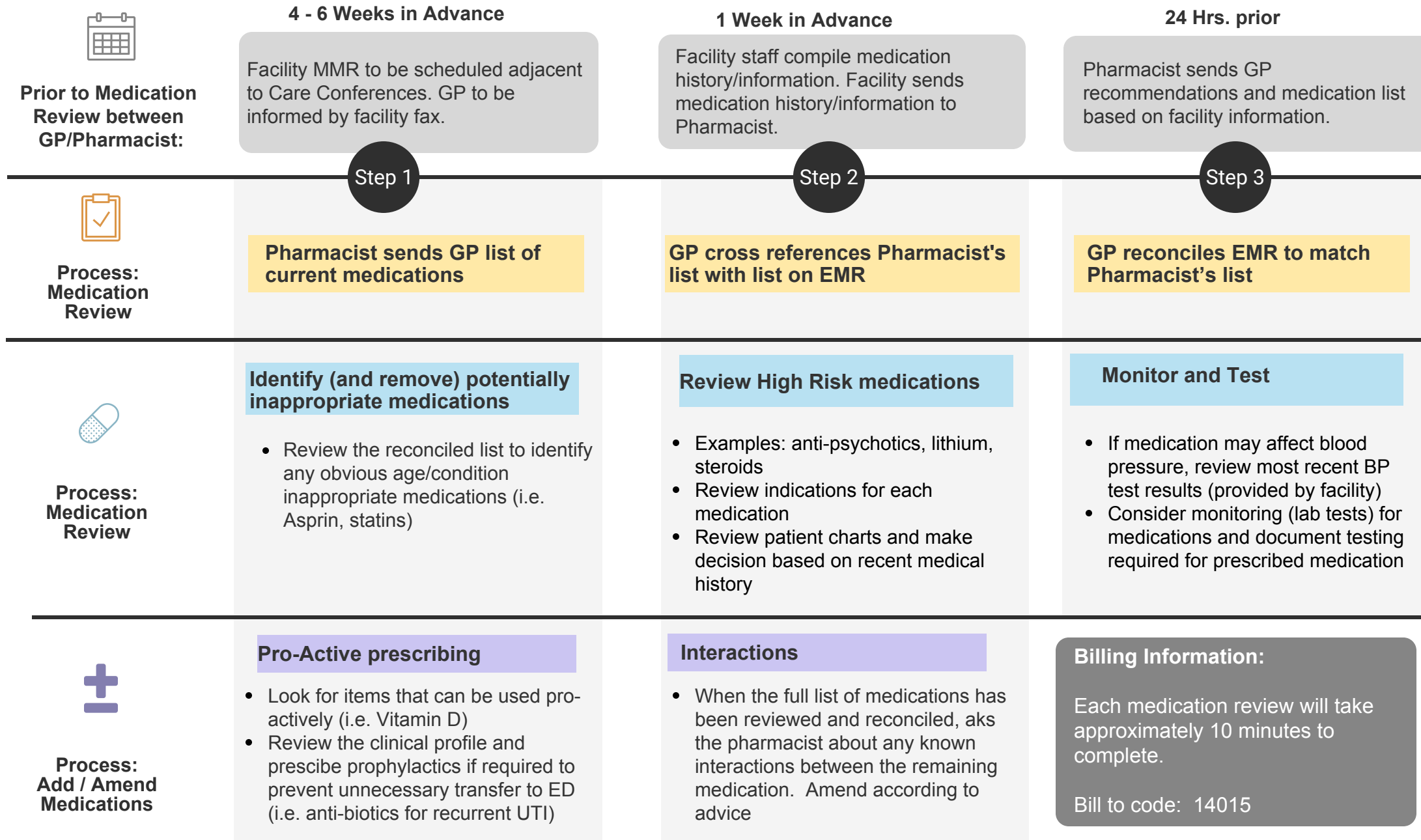


# Scheduled Meaningful Medication Review - Best Practice Guidelines

A Meaningful Medication Review (MMR) should be conducted between a GP and Pharmacist, ideally face-to-face. The aim of the review is to determine the appropriateness of medication. For each stage below, the GP should query the medication with the pharmacist and discuss medical history, reasons for medication, and potential side effects. If there is no perceived benefit to the patient, then the medication should be removed in a safe manner.

For **EACH** medication, consider and discuss with the Pharmacist



- Does the patient need it?
- Are there any interactions?
- Are there any side effects?
- Is there any special monitoring required?
- Can the medication be safely tapered?

Things to consider during each process

- Treat to age appropriate targets
- Reason(s) for anti-psychotics
- Reason(s) for anti-depressants
- Reason for Proton Pump Inhibitors
- Assess possibility of safe deprescribing