

# October E-bulletin

## IN THE NEWS

### Saanich Peninsula Clinic Crawl Recap

The 2023 Clinic Crawl was small but mighty! Family Medicine residents from the Victoria Site of UBC's Family Practice Residency Program visited six clinics and the Saanich Peninsula Hospital to explore future employment opportunities and to network with local Family Physicians. The residents enjoyed the behind-the-scenes insights into how each clinic is managed and valued the opportunity to have candid discussions with local Physicians in a low-stakes environment.

Thanks to our hosts for spending time with us and to our generous sponsors: the Saanich Peninsula Hospital & Healthcare Foundation, the Saanich Peninsula Hospital Medical Staff Association, and Shoreline Medical Society. Door prizes kindly donated by Mount Douglas Golf Course, All Ways Yoga, Victoria Butterfly Gardens, and the Butchart Gardens.

**We look forward to Clinic Crawl 2024!**

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### Federal Funding to Transform Primary Care Training in Canada

The recent announcement focuses on federal's "Foundation of Advancing Family Medicine" that offers numerous awards, grants, and scholarships, as well as initiatives to support the training and continuing professional development of medical students, family medicine residents, and family physicians at every stage of their career. Read more [here](#).

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### Mental Health Recovery Partners (MHRP) Support for family's with Mental Health challenges

MHRP offers support to families living on the Saanich Peninsula who have a family member with a MH issue. They are offering one hour appointments, free of charge, from a wellness center in Brentwood Bay. Learn more [here](#).

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### EMR Small Group Learning Session

In follow up to the Division Member Survey this year, additional EMR support was requested by clinics. If you are interested in attending an EMR Small Group Learning Session, please connect with the **Practice Support Program (PSP)**, DoBC via Christina Thomas, Health Technology Service Delivery Manager, at [cthomas@doctorsofbc.ca](mailto:cthomas@doctorsofbc.ca). The sessions are open to physicians, MOAs and clinic staff. Remuneration for MOAs and AHPs is dependent on whether a physician is involved in a QI project through PSP. Please respond to Christina by **October 15, 2023**, to indicate your role and which EMR you use.

## Communication Changes for Forensic Psychiatric Hospital

This will affect physicians on the Island if you are receiving reports from the Forensic Psychiatric Hospital, as the distribution of reports will now be done through Excelleris. This communication is to let physicians know to set up those preferences with Excelleris if you have not already done so, so you can continue receiving these reports either by EMR, Excelleris Launchpad or fax.

For more info, please click [here](#).

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## Island Health COVID-19 Therapeutics

The latest [Island Health Medical Health Officer Newsletter](#) shares that influenza and COVID-19 vaccines are arriving soon, and physicians and nurse practitioners are welcome to order both/either vaccines to administer to their patients. Ordering will start the week of October 2nd, with pick up starting the week of October 10th, which will align with the planned start of the provincial campaign. All details on ordering, storing, handling, administering, and documenting is at [bit.ly/CVPislandhealth](https://bit.ly/CVPislandhealth), and this site will be updated throughout the season. If you have questions after reviewing the website, please contact your local health unit (see [islandhealth.ca/our-locations/health-unit-locations](https://islandhealth.ca/our-locations/health-unit-locations)).

As a follow up, Island Health is sending additional information from the [Government of BC](#) and the [BCCDC](#) on COVID-19 therapeutics. Please note that if a physician is aware that a patient will likely require Remdesivir, they can refer for treatment within Island Health with a referral form available on pathways or on the [Island Health public website](#).

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## Interested in Provincial Screening Program for Developmental Dysplasia of the Hip (DDH)?

On behalf of the HIPpy Lab at BC Children's Hospital and Child Health BC, Provincial Health Services Authority, where a group of researchers are currently working to design and implement a Provincial Screening Program for Developmental Dysplasia of the Hip (DDH), they are looking to recruit family physicians to be on their expert panel to reach consensus on best practices for the screening, detection, and management of DDH, and produce region specific algorithms for DDH screening. View the full job description [here](#).

**Physicians will receive DoBC rates for their participation.**

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## Provincial Attachment System is live!

The new [Provincial Attachment System's](#) Panel Registry and Clinic and Provider Registry have officially launched for providers. Read the full newsletter [here](#) from DoBC.

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## New pilot program offers after hours care for attached patients of family doctors and nurse practitioners in four BC regions

On September 19, 2023, FPSC launched a pilot program in partnership with HealthLink BC to provide after hours care for attached patients of family physicians and nurse practitioners in the Langley, South Island, South Okanagan Similkameen, Thompson Region, and Victoria divisions of family practice.

Family physicians in the pilot regions can also sign up to work the after hours service and receive compensation for their time, paid hourly through a physician group contract with the B.C. Ministry of Health.

FPSC developed the program together with HealthLink BC and the five divisions of family practice to reduce the challenges family physicians face in providing patients with care outside regular office hours. After hours care was one of the top burdens family doctors identified during Doctors of BC's primary care engagement in summer 2022. The new program meets the College of Physicians and Surgeons of BC's Practice Standard for Care Coverage Outside Regular Office Hours.

**For further information on the launch, please find the full FPSCbc.ca News Story HERE.**

If you have any other questions or would like to get involved, please contact Myla Yeomans-Routledge by email at [myla.yr@sidfp.com](mailto:myla.yr@sidfp.com).

## Perinatal Care Update

Thank you to everyone who participated in the Perinatal Provider Needs Assessment survey. We received 99 responses across the Greater Victoria region from Family Physicians (47%), Midwives (29%), Family Physicians with an OB practice (18%), and Nurse Practitioners (2%). The Patient Needs Assessment survey sent to clinics and community received 108 responses. A summary of the findings of both surveys will be available soon.

Please email Myla Yeomans-Routledge, Project Manager, at [myla.yr@sidfp.com](mailto:myla.yr@sidfp.com) if you wish to see these or have any further questions.

## MHSU Referral Form - Revised is now available!

SIDFP Family Physicians, Psychiatrists and the Island Health Authority collaborated to revise the *Mental Health & Substance Use Intake Referral Form (for Patients 19+)*. The revised form will facilitate improved patient information for referral to psychiatric assessment and/or other Island Health MHSU services. Major changes to note:

1. Inclusion of sex/gender spectrum options
2. Space for clinic sticker
3. Inclusion of non-urgent, semi-urgent, and urgent options
4. Both check boxes and text space to describe symptoms
5. Text space for referring physician's suspected diagnosis and (if known) type of MHSU support service seeking
6. Patient collateral form to be filled out by the patient or their caregiver

The form is laid out in an intuitive manner in order to capture as much information on the MHSU patient for efficient and effective referral. An electronic PDF fillable version of the form is available **here** and the patient collateral form available **here**. These forms can also be found in **Pathways (Mental Health & Substance Use (MHSU) Intake Fillable Referral/Patient Collateral Form - Victoria / Westshore CARES and Mental Health & Substance Use (MHSU) Fillable Patient Collateral Form Only - Victoria / Westshore CARES)** and on the **Island Health Authority site**

## A safer sleep for baby: Island Health's Baby Bed program serves families across the region

Families across the Island Health region can access the Baby Bed program that promotes safe sleep for babies and strong connections between families and caregivers. Read the full article **here!**



## NEW – 2023 Board of Directors

We are pleased to announce that the following members will be joining our Board of Directors – Dr. Maryam Ashour and Dr. Alexander Kilpatrick.

Dr. Randal Mason has renewed his term and will remain on the Board for another two years.



*Dr. Ashour*



*Dr. Kilpatrick*

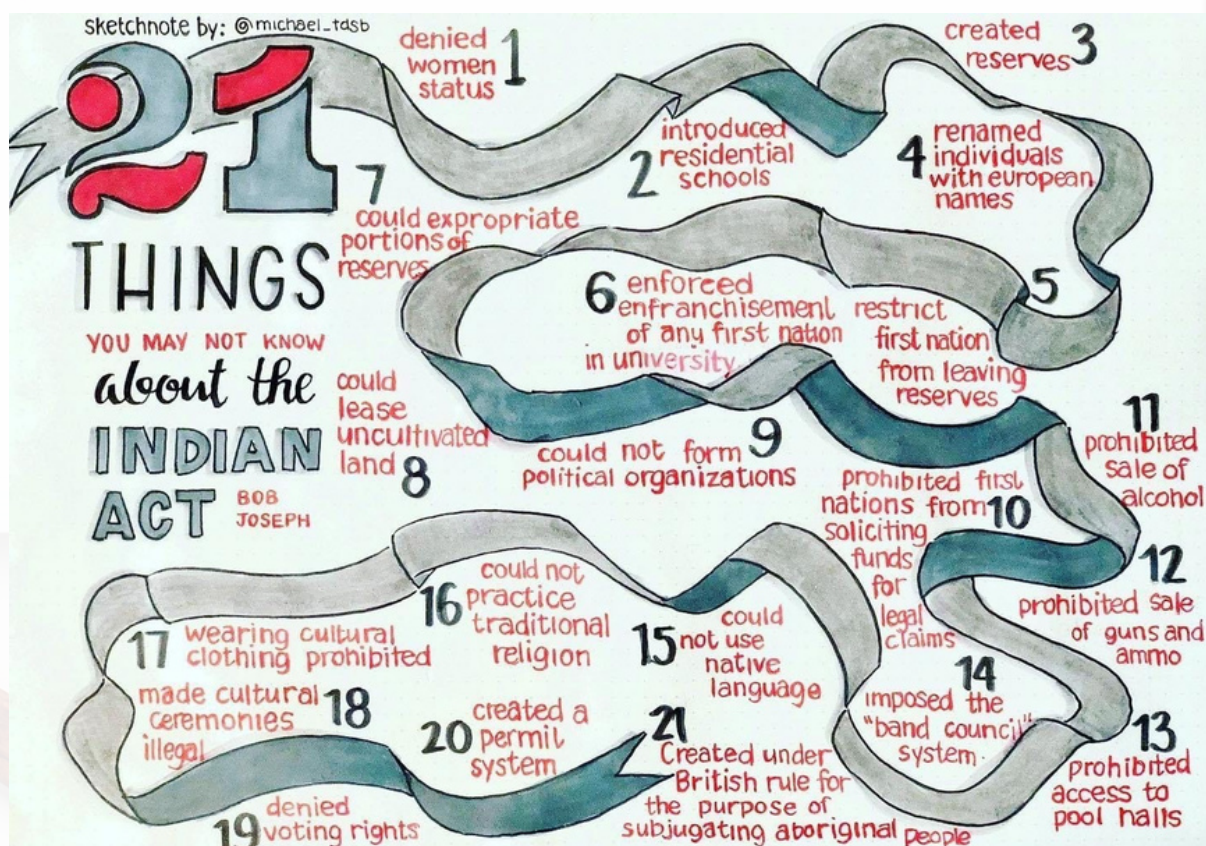


*Dr. Mason*

## Urban Locum Program an option for retirees

Did you know? The Urban Locum Program is also an option for those transitioning to retirement who wish to remain involved in family medicine without the pressures of long hours and extended time commitments. Express interest here or email Becky Litt at [blitt@victoriadivision.ca](mailto:blitt@victoriadivision.ca) with questions.

## 21 things you may not know about the Indian Act



# GET INVOLVED

## 35th Annual Diabetes Directors Seminar - Now Accredited!

The 35th Annual Diabetes Directors Seminar is an interactive series covering the latest aspects of diabetes therapeutics and clinical care. Topics for this year include: impact of diabetes on bone, diabetes technology, screening for CAD in patients with diabetes, medication updates, cardiovascular risk and lipid management in diabetes, finerenone in diabetic kidney disease, euglycemic DKA with SGLT-2 inhibitors, and anesthesia concerns with GLP-1 agonists. Learn more [here!](#)

**Oct 13 (Fri) | 8am - 4pm | Holiday-Inn Centre (Broadway) - Vancouver | Up to 6.5 Mainpro+ and 6.5 MOC credits | Register [here!](#)**

## Mindful Mondays are Back!

The best way to spend a Monday evening has returned! Join our physician facilitator and your colleagues for an hour of mindful meditation and connection.

No experience necessary – please bring your curiosity and open mind.

Next session: Monday, [October 16th from 8:00-9:00pm.](#)

- Monday, [October 30th from 8:00-9:00pm.](#)
- Monday, [November 6th from 8:00-9:00pm.](#)
- Monday, [November 20th from 8:00-9:00pm.](#)
- Monday, [December 4th from 8:00-9:00pm.](#)



## You're Invited! LTCI Learning Series: Dermatological Conditions

Register [here!](#)



VIC-SI LTCI LEARNING SERIES EVENT

WHO SHOULD ATTEND?

This presentation is open to physicians, nurses, and allied health professionals practicing in Long-term care.

WEDNESDAY  
Oct 18  
2023  
5-6:30 PM PST

VIRTUAL PRESENTATION

LTCI Learning Series

Treatment of Common Dermatological Conditions in Long-term Care

Join colleagues for an evening of education at the new LTCI Virtual Learning Series

Enjoy a presentation by Dr. Matthew Galas, a local family physician with a special interest in dermatology

Mainpro

This presentation has been certified for 1.5 Group Learning Mainpro+ credits from the College of Family Physicians of Canada

CLICK TO REGISTER

After registering, you will receive a confirmation email containing information about joining the webinar.

5-6:30 PM  
PACIFIC TIME

ONLINE VIA  
ZOOM

RSVP BY  
OCT 17

LTCI

Victoria Division of Family Practice

South Island Division of Family Practice

Island Health



# Puberty Suppression for Two-Spirit, Trans & Gender Diverse Youth Webinar

Trans Care BC (PHSA) is hosting a CME-Accredited Webinar for Family Physicians, Nurse Practitioners, Pediatricians and Adolescent Medicine Physicians. This session will cover cultural safety concepts and skills, an approach to screening and assessment/care planning, and endocrine education with a focus on puberty suppression, to enable providers to take their practice to a more advanced level of care, as appropriate.

**Oct 20** (Fri) | 1pm - 4:30pm | Virtual via Zoom | Up to 3.25 Mainpro+ or MOC credits

Learn more & Register [here!](#)

## You're Invited: SIDFP AGM!

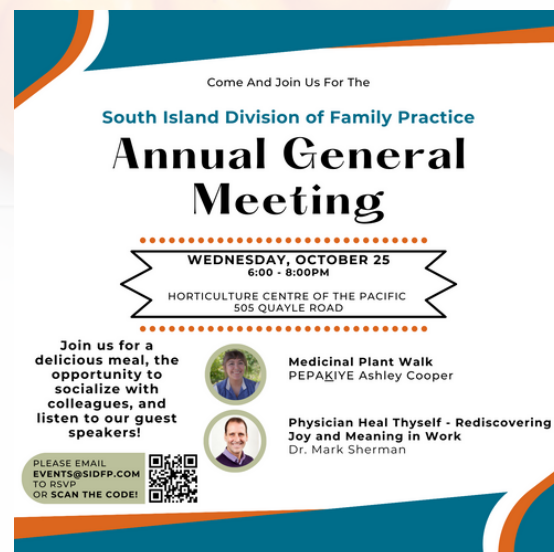
We invite you to join us at our 2023 Annual General Meeting! Join us to socialize with your colleagues, enjoy a delicious meal, and a chance to win door prizes.

We're so excited to start off the evening with a **medicinal plant walk**, led by PEPAKIYE Ashley Cooper. To follow, Dr. Mark Sherman will lead a conversation on **Physician Heal Thyself - Rediscovering Joy and Meaning in Work**.

Click [here](#) to learn more about our guest speakers!

Register [here!](#)

**Oct 25** (Wed) | 6pm - 8pm | Horticulture Centre of the Pacific - 505 Quayle Rd



Come And Join Us For The

South Island Division of Family Practice

### Annual General Meeting

WEDNESDAY, OCTOBER 25  
6:00 - 8:00PM

HORTICULTURE CENTRE OF THE PACIFIC  
505 QUAYLE ROAD

Join us for a delicious meal, the opportunity to socialize with colleagues, and listen to our guest speakers!

Medicinal Plant Walk  
PEPAKIYE Ashley Cooper

Physician Heal Thyself - Rediscovering Joy and Meaning in Work  
Dr. Mark Sherman

PLEASE EMAIL  
EVENTS@SIDFP.COM  
TO RSVP  
OR SCAN THE CODE!

## Announcing the 1st Annual Pregnancy for Professionals: Virtual Interdisciplinary Perinatal Health Summit!



**FREE VIRTUAL EVENT!**

### PREGNANCY FOR PROFESSIONALS

COLLABORATIVE + PROVIDER-FOCUSED + INTERDISCIPLINARY LEARNING

REGISTER HERE!

### INTERDISCIPLINARY PERINATAL HEALTH SUMMIT: COLLABORATIVE CARE FOR PREGNANCY, BIRTH, AND POSTPARTUM

SATURDAY | 4 NOV 2023 | 8:30 AM - 5:00 PM PST

Join our free, online, interdisciplinary, full day learning event where we will follow the perinatal patient's journey from conception through to postpartum. Topics are diverse and speakers range from a variety of backgrounds and expertise. The day is structured into multiple, interdisciplinary panels as well as smaller presentations, aiming to present a better approach to care, for patients and providers alike.

Some speakers include:

- Dr. Ginevra Mills
- Rowan K. McNiven
- Trystan Reese
- Noelle Martin
- Dr. Sinéad Dufour
- Dr. Alicia Power
- Dr. Sarah Lea (Co-Hosts)

**DO YOU HAVE A FAMILY MEMBER OR LOVED ONE LIVING WITH MENTAL ILLNESS OR MENTAL HEALTH CHALLENGES WITH OR WITHOUT SUBSTANCE USE?**

**DO YOU LIVE IN THE SAANICH PENSINSULA\*?**

**1:1 SUPPORT FOR FAMILY MEMBERS AND LOVED ONES, AT NO COST**

**You are not alone...and we can help!**

**Problem Solving, Emotional Support & Resource Referral**

**Sessions available SUNDAYS between 1-4pm (September 10th & 24th, October 1st & 29th, and November 5th & 19th) at fūnketown, 101-7161 West Saanich Road.**

**Please call 250-384-4225 or email [admin@mhrpsi.ca](mailto:admin@mhrpsi.ca) to find out more and schedule a FREE appointment.**

THIS PROGRAM IS PROVIDED BY



**Mental Health Recovery Partners  
South Island**  
*Hope and Support for All*

FOR MORE INFO VISIT [MHRP.CA](http://MHRP.CA)

**\*PARTICIPATION IS NOT LIMITED TO  
RESIDENTS OF THIS AREA, ALL ARE WELCOME**

With great respect & appreciation, the MHRP SI team acknowledges our work takes place on the homelands & territories of the ləkʷəŋən, W̱SÁNEĆ, SC'IAṆEW & T'Sou-ke Nations. Reconciliation is an ongoing journey of learning, trust & relationship-building. We commit our hearts, minds & efforts to this journey.

## CST Go-live will result in changes to electronic reports distribution from Forensic Psychiatric Hospital on Saturday, October 14<sup>th</sup>, 2023

Health care providers will notice that Clinical Documents from UBC Hospital will now be delivered via Excelleris.

- The format in which you receive reports will depend on the preferred method of delivery that you have registered with Excelleris.
- Reports from CST Cerner will be distributed to physicians by Excelleris via EMR, Launchpad, or fax.
- Reports from CST Cerner will be distributed to a **single location per physician**.

### Where do my reports go if I practice at multiple locations?

- Reports from the new clinical information system will be distributed to one location per physician. Please contact Excelleris at [Excelleris-support@lifelabs.com](mailto:Excelleris-support@lifelabs.com) to ensure that your **primary location and preferred method of delivery is up to date**.

These changes are part of the Clinical and Systems Transformation (CST) and Electronic Results Distribution projects. Please visit the CST website [here](#) for more information.

For help with distribution, please contact the department indicated on the report. For support with Excelleris registration, or to set up your report delivery preference, please contact Excelleris Support via email at [Excelleris-support@lifelabs.com](mailto:Excelleris-support@lifelabs.com) or by phone at 1-866-728-4777.



**Project Title:** Early identification, screening, and surveillance of DDH in children and youth in BC

**Project Goal:** To Establish a standardized care pathway for DDH early identification and screening of children and youth in BC and a foundation for on-going population and clinical-level health surveillance.

**Background:** DDH is a major cause of early hip replacement or osteoarthritis in young adults; in fact, it is the most common cause of hip arthritis before the age of 50. DDH, ranging in severity from mild dysplasia to hip dislocation, is the most common pediatric hip condition. The burden of disease is significant, with a DDH diagnosis in 15-20/1000 live births and a hip dislocation diagnosis in 1-3/1000 live births. Missed or late DDH diagnoses can lead to more complex, invasive treatments (i.e. total hip replacement), avoidable health outcomes for patients, and longer-term financial costs for patients and the healthcare system. A streamlined and standardized process for early identification and screening DDH is critical.

Currently, all children receive a clinical exam at birth to screen for hip instability. Should the practicing physician performing the clinical exam suspect instability, or the infant has other risk factors for DDH warranting further screening (history of hip instability and/or incorrect swaddling, breech presentation, family history), the infant is referred for consultation with an orthopaedic surgeon. However, it is difficult for primary care physicians to be confident in their ability to clinically screen due to limited numbers of newborns they have the opportunity to examine with hip pathology on a regular basis.

Additionally, clinical examination alone cannot detect acetabular dysplasia in the absence of hip instability or dislocation. Furthermore, neonatal hip ultrasound is also a specialized skill and many centres lack the expertise necessary to provide it. Poor quality ultrasounds can lead to erroneous treatment or miss significant pathology.

More problematic in a geographic area like British Columbia and the Yukon is the limited access to resources and cost of travel for families living in remote locations such as Whitehorse or Prince George. Access to specialized services like ultrasound is scarce, thus necessitating travel for imaging that potentially may not be required. Even if imaging is required, these long journeys can be a financial burden and emotional stressor for patients and families. Furthermore, without a standardized screening program that connects pediatricians, radiologists, and orthopaedic surgeons in order to streamline appointments, patients have to travel for 3-4 separate visits to healthcare facilities.

There is an urgent need to: (i) identify best treatment practices and standardize DDH screening to decrease incidence of late presentation and improve patient outcomes, (ii) educate families, general practitioners, and community specialists.

**The Solution:** We propose a standardized provincial screening program for DDH and an on-going surveillance system. The program has the potential to reduce the long-term burden of DDH by providing the best care practices to patients from across British Columbia while taking into account the resources in their region.

To address the issue of BC's large geographical area, we hope to identify nodal centres for DDH screening in each health authority and train community clinicians. In addition, we plan to implement virtual care for those who require radiograph follow-up. This includes both teleradiology and virtual appointments.

**Anticipated outcomes of a Provincial DDH Screening Program:** Improve patient health outcomes, allow physicians to treat this condition more effectively, decrease the number of referrals to BCCH, reduce travel times/costs for patients, alleviate strain on hospital and patient resources.