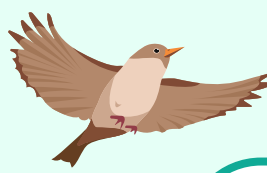


The Right Care at the Right Place



Call **9-1-1** or go
to the nearest
**Emergency
Department**

Health Emergency

Contact your Family Physician or
Nurse Practitioner
for a same-day appointment

Comox Valley UPCC

Call **1-833-688-8722** to book an urgent
appointment

M-F 1-9pm, Sat/Sun/Stats 8am-8pm

Walmart Walk-in Clinic

Walk-in at 3199 Cliff ave. Open at 8am
Mon - Sat. First come, first serve

First Nations Virtual Doctor of the Day

Call **1-855-344-3800** for a virtual
appointment

Comox Valley MHSU

Walk-in at 941C England ave
or call **250-331-8524**
M-F 9am-2pm, Weds 9-11am

**Mental Health &
Substance Use (MHSU)**

The Village Clinic

Specializes in opioid &
alcohol use disorder.
Walk-in at 519E 5th St or
call **250-331-6333**

Same-day Care

Child & Youth Mental Health Intake

Ages 0-18, Walk-in at 2455 Mansfield Drive
or call **250-334-5820** to book.
Weds 9am - 2pm

Foundry Comox Valley

Ages 12-24, Walk in at 575 10th street or call
250-338-7341 to book.
M/W/F 8:30am - 4:30pm, T/T 8:30am - 6pm

Children & Youth

Speak to your Pharmacist

Who may be also able
to prescribe
for 21 minor ailments
& contraceptives.
gov.bc.ca/seeapharmacist

**Urgent Medication
Refill**

Crisis Lines

Vancouver Island Crisis Line

1-888-494-3888

Suicide Crisis Helpline

call or text **9-8-8**

KUU-US Crisis Line

1-800-588-8717

Women's Health

Rosewall Women's Clinic

No referral needed. Same day or week
appointments available.

Call **778-225-9738** or book online @
rosewallwomensclinic.ca

Pregnant in the Comox Valley

visit pregnantinthecomoxvalley.ca to find a
maternity care provider, other care options,
and local resources

Health Connect Registry

Register online @
healthlinkbc.ca

or

Call **8-1-1**

to register and/or
receive trusted health
advice

**Need a Family Doctor,
Nurse Practitioner or
Health Advice?**



Comox Valley

Division of Family Practice

An FPSC initiative

Navigating your Health Services:

