

**CPR**  
(COMPASSIONATE PERSONAL RESUSITATION)  
**FOR PHYSICIAN  
WELLBEING**

**1 Hour Facilitated Discussion and Journal Club**

**PART ONE AND TWO: *Courageous  
Conversations***

***CME credits and \$30 meal expense is provided***

**WRSSMDS4WELLNESS COMMITTEE**

**Oct. 27 @1730-1830: Courageous Conversations- interactive workshop**

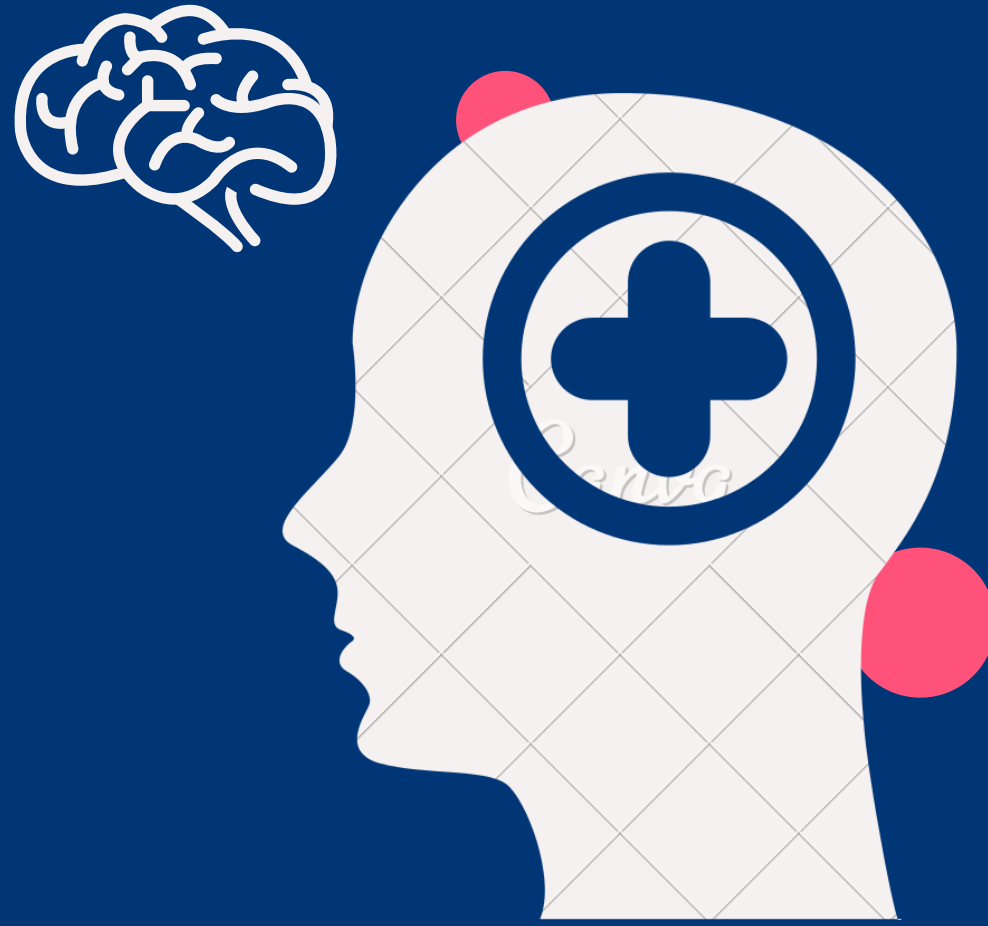
**Nov. 3@0730-0830: Courageous Conversations-journal club and reflection**

**RSVP: [sookymoore@gmail.com](mailto:sookymoore@gmail.com)**

**For ZOOM link and reading materials**

# Virtual Interdisciplinary

## Journal Club



Monthly 1.5 hour Sessions on the  
Last Wednesday of the Month  
via ZOOM

**Physicians may claim sessional time for  
attending or 1.5 Mainpro+ credits**

Recurring Meeting ID: 840 4871 4929

Password: PAH

+1 587 328 1099 Canada

Teleconference Password: 311283

Email [sookymoore@gmail.com](mailto:sookymoore@gmail.com) for more information on  
sessionals or if you would like to present.

## October 28, 2020 - Interdisciplinary Journal Club

Journal Club provides an opportunity for physicians from different departments to review and discuss new medical ideas and developments in a more relaxed and interactive setting. Attendees may choose between CME Credits or sessional payments.

Next Journal Club via Zoom: **October 28, 2020 from 6:45 pm - 8:15 pm**  
Presenter: **Dr. Gagan Dillon**  
Topic: **During this Pandemic**

Articles to be Discussed:

<https://ascopubs.org/doi/pdf/10.1200/OP.20.00269>

<https://www-longwoods-com.proxy.cpsbc.ca/content/26046/healthcare-quarterly/empowering-patients-5-questions-to-ask-about-your-medications>

<https://www-bmj-com.proxy.cpsbc.ca/content/bmj/368/bmj.m1182.full.pdf>

**Zoom Link:** [CLICK TO JOIN MEETING](#)

**ID: 840 4871 4929**  
**Password: PAH**

**Call-In:**

+1 438 809 7799 Canada

+1 587 328 1099 Canada

Meeting ID: 840 4871 4929

Passcode: 311283

Click below to watch the last Journal Club with Dr. Werner Spangehl on  
[The Quest for Longevity: a Brief Overview of How to increase  
our Lifespan and Healthspan](#)

Passcode is: aDre0ps\$



PHYSICIAN  
QUALITY  
IMPROVEMENT  
An SSC Initiative

## PQI Clinic

Leaders in Healthcare Improvement

Friday November 13, 2020  
12:00 PM - 2:00 PM

Peace Arch Hospital  
Meeting Room #2

**The purpose of the Peace Arch Hospital Physician QI Clinic is to facilitate quality improvement initiatives in a drop-in setting.**

- Provides coaching for projects already underway
- Helps to develop new project goals and ideas
  - Identifies problem areas in stalled projects
  - Provides data coaching

**Lunch Provided by Facility Engagement**

# GRAND ROUNDS

PEACE ARCH HOSPITAL PRESENTS

NOVEMBER 23, 2020 | MON | 6 - 7 PM

[LINK TO ZOOM MEETING](#)

Meeting ID: 874 1731 8284  
Passcode: PAH



**PRESENTER: KEVIN AFRA**

**TOPIC: CRUMBLING DOGMAS IN INFECTIOUS DISEASES.**

## **LEARNING OBJECTIVES:**

1. Understand the evidence for treatment durations in bacterial infections.
2. Review the evidence for oral antibiotic therapy for bacterial infections.
3. Recognize the exceptions to short course/oral antibiotic therapy.

## **BIOGRAPHY:**

Dr. Kevin Afra completed Medical School and Internal Medicine at the University of Calgary, followed by an Infectious Diseases subspecialty at UBC. Kevin went on to obtain a Master of Health Administration from UBC. Kevin is currently the Medical Director of the Fraser Health Antimicrobial Stewardship Program. His clinical Infectious Diseases practice spans several Fraser Health hospitals. He is also a Clinical Instructor with UBC, not only preceptoring trainees on clinical rotations, but also leading Sepsis week in the second year medical school.

This event is an accredited group learning activity as defined by the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada.



PEACE ARCH HOSPITAL  
PHYSICIAN SOCIETY