

# Alexandra Neighbourhood House Youth & Family Programs

*Free, confidential and voluntary services offered in a variety of formats  
Self-referrals and inquiries welcome, referrals accepted year-round.*



## RECONNECT YOUTH SERVICES – ages 13 and up

- One-to-one support and individualized services for youth in South Surrey/White Rock
- Including supports for youth in and from care, and youth in transition to adulthood
- Areas of support may include employment, housing, education, mental health and wellness, communication and conflict with family and friends, coping skills, life skills and increasing positive connections
- Outreach, groups, workshops and drop-in services
- One-to-one support and individualized parent education for parents and caregivers of youth ages 13-18
- Parent-teen mediation (MCFD referral only) for families experiencing conflict with youth ages 13-18
- Referrals accepted from youth, families, MCFD, service providers, schools and community
- **Call: 604-538-5060 ext.23**
- **Email: [reconnect@alexhouse.net](mailto:reconnect@alexhouse.net)**
- **Text: 778-239-5960**
- **Instagram: @youthservices.alexhouse**

## SSWR YOUTH SPACE

- Safe, sober, inclusive space for youth ages 13-18 & 19-24 to create, connect and innovate
- Creating Connections group for youth ages 10-12 to support social skills
- Youth Collective leadership group and volunteer opportunities
- Activities and events are youth-led and reflect the interests of youth in the community
- **Call: 778-545-9188**
- **Website: [www.theyouthspace.com](http://www.theyouthspace.com)**
- **Text: 778-239-4931**
- **Instagram: @sswryouthspace**



## VINE YOUTH CLINIC – ages 12-21

- Provides free, confidential health care for youth ages 12-21
- Open Mondays from 3:30-6:30pm; drop-in & by appointment
- **Call: 604-542-3926**
- **Website: [www.vineyouthclinic.com](http://www.vineyouthclinic.com)**

## SERVICES TO STRENGTHEN FAMILIES – families with children 0-13

- One-to-one support and individualized parent education for families with children 13 years & under in South Surrey/White Rock
- Areas of support may include child development, family communication, collaborative problem solving, challenging behaviors, community resources
- Referrals accepted from parents, MCFD, service providers, schools and community
- **Call: 604-538-5060 ext.23**
- **Email: [referrals@alexhouse.net](mailto:referrals@alexhouse.net)**

## PARENT EDUCATION – families with children 6 and up

- Groups and/or workshop series for parents, grandparents and caregivers of children and youth ages 6 & up
- **Call: 604-538-5060 ext.23**
- **Email: [referrals@alexhouse.net](mailto:referrals@alexhouse.net)**