The Thompson Region Division of Family Practice was created when the Document of Intent was signed on November 24, 2009. The Division began when a dedicated group of family practitioners came together to contribute ideas about problems that they identified in the community.

> In the past decade the Division has grown substantially. The partnerships we have developed will only lead us to a stronger future.

### Thank you to everyone who has served on our Board of Directors in the last decade:

Dr. Ben Anders Dr. Chip Bantock Dr. Cornel Barnard Dr. Isabel Barnard Dr. Krista Bradley Dr. Joslyn Conley

fold

- Dr. Graham Dodd Dr. Wayne Dong Dr. Miranda du Preez Dr. Paul Farrell Dr. Peter Gorman Chris Hollstedt
- Dr. Harpreet Kelly Dr. Selena Lawrie Dr. Peter Loland Dr. Paul Mackey Natalie Manhard, NP(F) Dr. Kraig Montalbetti
- Dr. Bruce Newmarch Dr. Lennard Pretorius Dr. Shirley Sze Dr. Servaas Swart

۲



Unit 209 – 310 Nicola Street, Kamloops, BC, Canada, V2C 2P5 **TEL:** 250.372.1621 **FAX:** 250.372.1610

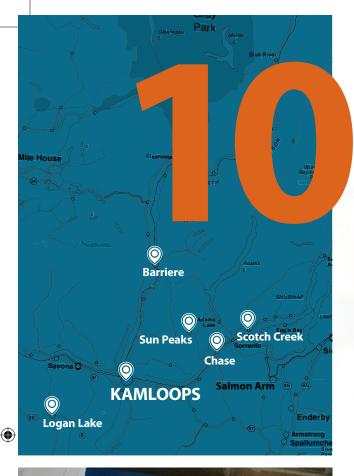




## 0 **YOUR DIVISION YOUR WORK HERE 10 YEARS IN REVIEW**



Thompson Region Division of Family Practice



KAMLOC

# **AREAS WE'VE BUILT RELATIONSHIPS FOR SYSTEM CHANGE**

#### SPECIAL ISTS

Co-hosted 6 full community events outside of projects, with Royal Inland Hospital Physician Association

Synchronized resources for physicians and medical partners with the creation of the Thompson Medical Alliance

"Kamloops is by far one of the best medical communities you could work in. To be able to know the specialists and just call them up and ask guestions is unheard of in other cities. It allows us to coordinate care in a timely manner."

Supported 4 local health tables (Kamloops, Logan Lake, Chase, North Shuswap)

COMMUNITY

Talked to 2500 community members about their health care

Heard that more than **85% of people** appreciated their primary care provider

"It is important to get residents involved in enhancing healthcare in our community. We can support clinics by getting the community involved in assessing needs and advocating for those needs."

#### MATERNITY

Heard that 86% of maternity patients were satisfied with the care they received

Had **8500 hits** on the maternity page in the last year

"Interdisciplinary maternity care is a very beautiful thing. Patients comment on it and that always feels great when they see a team."

#### LONG-TERM CARE

Purchased bladder scanners for 7 long-term care homes which initiated a TRU research project

24 physicians currently

receive the LTC incentive

95% of patients in long-term care had at least one proactive visit in 2018/19

"The long-term care initiative has improved care in our facility by encouraging community physicians to continue to follow their patients from community into long term care. This promotes continuity of care."

## RESIDENTS

Welcomed 40 residents through the Family Practice Residency Program

Retained 14 graduates in the Thompson Region

"These young physicians will make significant contributions to our community with their fresh ideas and energy and hopefully will stay longer term to fill some of the gaps."

#### MENTAL HEALTH

Developed **8 tools** under Child and Youth Mental Health project

Inspired the creation of a **Provincial** Collaborative through our local work

"A long time vision was realized through the creation of the King Street Clinic whose goal is to provide primary care and multidisciplinary support to complex mental health patients that do not have a family physician. I am still astounded at the energy and enthusiasm of all parties that came together to make this happen."

#### IN PATIENT CARE

14 physicians currently associated with assigned in patient care network

23 physicians provide support on other call groups

"In 2010 we rallied around the impacts of the hospitalist program and the loss of the doctor of the day service. What was done locally translated into a provincial in hospital network fee that benefits all GPs who support their own patients in hospital. PRACTICE SUPPORT

Recruited 45 physicians to our region

Supported attachment of over 10,000 patients

Developed a suite of practice development tools

Developed and delivered 16 educational workshops or modules

"I feel the tools are the most useful business information that I had ever had offered to me, a must for all new residents starting in practice, those who are taking new doctors into their practice, and for those contemplating retirement."

#### **TEAM BASED CARE**

#### 92% of family physicians

participating agreed that the IPCC program had improved coordination of community-based health care services.

fold

Developed a team-based care business plan which is being modeled at Orchards Walk, Sun Peaks, Learning Centre, and is shared provincially

"I have a passion for excellence, compassion, and guality in health care that respects all of us – patients, providers, students, staff, and many others. I am very inspired by the possibilities when we all work together."

#### **OLDER ADULTS**

Focused 4 projects specifically on care for seniors and 3 projects on polypharmacy risk reduction

Collaborated on the development of the **Seniors Health and Wellness Centre** 

Worked directly with Interior Health and the Ministry of Health to Reposition Care for Older Adults

**Trained 22 primary care** providers in providing meaningful medication reviews

"It takes a community to provide quality care for older adults in the Thompson Region."

# Then & Now

Funding then \$224,995.00 Funding now \$1,508,189.00

> Members then 112 Members now 172

> > Number of events 51 Number of newsletters 54

Number of Board members 22