

## Meet Your Peer Supporters

Our diverse team of peer supporters consists of physicians from across the East Kootenay, each trained by the physician health program on how to respond in a supportive, nonjudgement and compassionate way.



**Dr. Shaun van Zyl**

Family Physician, Kimberley, B.C.

Dr. Shaun van Zyl recognizes the profound impact of peer support in his own journey, providing a safe space to share experiences and connect with colleagues who understand the challenges of practicing medicine. He believes that fostering community and empathy helps physicians feel supported, empowered, and resilient.



**Dr. Meghan Guy**

Family Physician, Golden, B.C.

Dr. Meghan Guy has been a rural family physician in the East Kootenay for 15 years. She notes peer support has been instrumental with helping her succeed in practice and navigate difficult times. She believes every physician should have access to peer support when they need it.



**Dr. Mike Walsh**

Family Physician, Invermere, B.C.

Dr. Mike Walsh has been a rural family physician for 32 years and understands the challenges and responsibilities that come with the profession. As a peer supporter, he is committed to listening to his colleagues and helping them navigate the difficulties of medical practice.



**Dr. Allison Clare**

Family Physician, Golden, B.C.

Dr. Allison Clare is a rural family physician practicing in Golden. She became a peer supporter after experiencing the benefits of the program herself through Doctors of BC. Of all the resources available, she found peer support to be the most valuable and hopes to offer the same support to her physician colleagues in the East Kootenay.



**PEER  
SUPPORT  
INITIATIVE**