



**The Division**  
*E-bulletin - December 17, 2019*



***Merry Christmas and Happy Holidays***

**The board and staff of the Campbell River and District Division of Family Practice wish you and your family a wonderful holiday season. We look forward to a New Year filled with initiatives and activities to support your work and a healthy community.**

**All the best and good cheer!**

**DIVISION NEWS ~ UPDATES**

**Division Dispatch**  
**December 11, 2019**

**PATHWAYS**

**GPSC - Nov 2019**  
**Meeting Summary**

**ANNUAL GENERAL MEETING - Friday, November 29th**

The CR & District Division of Family Practice's Annual General Meeting (AGM) was held on Friday, November 29th, 2019 with 52 people attending and enjoying our guest speaker - Dr. Andrew Clarke.

Your new Board of Directors for the coming year are:

**Dr. Angela Logan – Chair**

**Dr. Jan Coetzee – Vice Chair**  
**Dr. Ninette Fourie**  
**Wendy Richardson – Treasurer (non-physician member)**  
**Brian Evernden (non-physician member)**  
**Kelly Hadfield (R1)**  
**Stephanie Vanner (R2)**

Your Physician Advisory Committee (PAC) members are: Drs: Gunther Klein; Chad Malloff; Katherine Miller; Willem Prinsloo; Aimen Salem; and Jordyn Vanderveen.

Thank you to all who all who came to our AGM to celebrate the past year. The following links will take you to a Power Point that highlights the work of 2018-2019 and the physician leads helping to keep the Division active.

**Annual Report - PPT**

**Your Leadership - PPT**



### **Highlights from the December - Division Dispatch**

#### **A new online tool has launched to help navigate seniors' living options**

The UBC Department of Family Practice is offering Clinician Scholar positions for family physicians in family practice scholarship starting July 1, 2020. To help physicians navigate the possible options for assisted living for their senior patients, **EngAge BC**, an operating arm of **BC Care Providers Association**, has launched **Route 65**, a free and confidential online resource that connects seniors with living and wellness options across BC.

Full details are available in the Division Dispatch - December 11 edition above or by clicking [here](#)

#### **New GPSC payment to support longitudinal care**

The GPSC is introducing a new, annual payment for community-based family physicians who work under fee-for-service and who care for a panel of patients.

Recognizing the long-term, relationship-based care family physicians provide to their patients, the Community Longitudinal Family Physician (CLFP) Payment also recognizes the additional, non-clinical responsibilities required to provide ongoing, coordinated care for which fee-for-service physicians are not compensated.

Full details are available by clicking [here](#)

### **GPSC Virtual Summit**

Attached is the Event Summary from the GPSC Virtual Summit, which took place October 10-11, 2019.

The Virtual Summit provided a venue for learning and knowledge sharing about collaborative approaches to primary health care system transformation and the [Event Summary](#) captures the highlights of the event.

On the last page of this summary you will find a resource section which includes links to the webinar recording along with presentation materials.

### **Readers' Choice: GPSC 2019**

[Readers' Choice: GPSC 2019](#) is a collection of the top ten stories that were most read and shared by family physicians and divisions throughout 2019. These stories, first published on the Divisions of Family Practice Website, the GPSC website, and the BC Medical Journal, highlight the work of physicians and partners in primary care transformation.

Readers' Choice features several stories about building an integrated system of primary and community care in BC. A digital copy of the 2018 stories may be found [here](#).

### **After Hours Access to Palliative Care Consultation**

Please see attached important information regarding the availability of Island Health palliative care physicians after-hours to provide clinical advice to physicians and nurse practitioners about pain and symptom management or difficult end-of-life decision-making

**New:** North Island and rural Vancouver Island – This palliative care physician group provides after-hours support to all communities outside of South Island and Nanaimo/Oceanside. See [attached](#) for details.

### **Specialized Community Services**

Efforts are underway provincially, through the Ministry of Health, to strengthen current, existing services and ensure linkages with other health care services.

Specialized community services aim to effectively meet the complex health care needs of individuals in the community through health authority and contracted community agencies.

For more details see [attached](#)

### **Oscar eForms Update for Downloading**

Attached [here](#) are the latest updates and resources from the OSCAR Canada Users Society.

If you have any questions or concerns, please contact Meg Cybak, Practice Support Program at: Tel: 250-519-7700 x 62238

### **Facility Patient Billing Codes - General Practice**

For community family physicians providing acute, sub-acute and LTC hospital in-patient care.

See [attached](#) for details and more information can be found on the [SGP website](#)

RACE is an innovative model of shared care where primary care providers can call one phone number and choose from a selection of specialty services, including psychiatry, for real-time telephone advice.

<http://www.raceconnect.ca/>. Sexual assault services has been newly added.

- **App-only specialties: Addictions, Ob/Gyn, Endocrinology, Ophthalmology, Infectious Diseases -Adult**, Urology, Neurology, Radiology, Child & Youth Psychiatry, Ear Nose Throat (go to [www.raceapp.ca](http://www.raceapp.ca) or download 'RACEapp+' for [iOS](#) or [Android](#)).
- **eCASE** (electronic Consultative Access to Specialist Expertise) is a novel strategy to enhance patient care, currently in the prototype phase. If your question is non-urgent, consider signing up for eCASE. [Click here for more information](#) and see the new specialties that have been added!

### **CONGRATULATIONS!**

**Dr. Angela Logan** for her appointment as the Division of Family Practice Representative, Vancouver Island on the GPSC Board. GPSC works on behalf of doctors to strengthen full-service family practice and patient care in BC.



**Dr. Alicia Pawluk** for her appointment to the Board of the BC College of Family Physicians.

### **Need Help Finding a Locum?**

If you need help finding a Locum, the Division is here to help. Please contact either [Sadie Mack](#) or [Julie Collis](#).

### **UpToDate - How To Tip Sheet**

UpToDate is accessed through the Division of Family Practice's website. [Attached](#) is an UpToDate Login, Registration, and Mobile Access Tip Sheet which may provide assistance when you need it most

*Be sure to check the "What's Up Doc" Division Board in the Physician's Lounge for current news and events including contact and photo list for physicians and residents.*

## **PHYSICIAN QUALITY IMPROVEMENT ~ PROJECT HIGHLIGHTS**

There are a number of our members who are engaging in Physician Quality Improvement work and we would like to spread the word! Please contact us if you wish to share information about your PQI work.

## **LOCAL TRAININGS ~ CMEs ~ WORKSHOPS**

**Do you have an idea for a training or workshop that would be of interest to Division Members? Please let [Julie Collis](#) know**

**Oscar - Tips and Treats:** Watch for details in your email and on the bulletin board in the physicians lounge for this quarterly event lead by Dr. Gunther Klien

## REGIONAL/PROVINCIAL TRAINING ~ CMEs ~ CONFERENCES

### Save the Date - BC Rural Health Conference: May 29-31, 2020 in Penticton

[Save the Date](#) for the popular BC Rural Health Conference (RHC) is coming back to Penticton for 2020. Bring your family and join rural colleagues from across the province for small group discussions, engaging plenaries, and hands-on-skills enhancement workshops that are taught by rural and regional faculty.

The nominations for the 2020 BC Rural Health Awards have opened! We encourage you and your local physicians to read through the [awards criteria](#) and consider nominating a deserving healthcare team, community and/or provider from your region for this award! [Nomination form](#)

Recipients of the 2020 BC Rural Health Awards will receive a plaque as well as \$2,500 which may be used to support a local healthcare organization, a learning resource, or a community celebration. In the past recipients have donated the monies to a local healthcare organization, hosted a community celebration, or both! Award recipients will be honoured at a brief ceremony at the upcoming BC Rural Health Conference.

### Updated Concussion E-Learning Course for Medical Professionals

The Concussion Awareness Training Tool for Medical Professionals (CATT MP) launched this June and an updated e-learning course is now available. The course will cover how to effectively assess a patient's concussion situation within the initial hours post-injury, how to optimally manage concussion care during the first two to four weeks post-injury, and how to identify when referral to specialty care is required.

The course is free-of-charge, available in both English and French, and is eligible for credits with the Maintenance of Certification (MOC) program through the Royal College of Physicians and Surgeons of Canada.

For more information, resources, or to take the course, [click here](#).

### Contemporary Topics in Early Antenatal Care: A Practical Course for Providers

This **free** interactive **online course** has been created for family doctors involved in any level of obstetrical care, with a focus on the first 20 weeks of pregnancy. Five modules cover a range of practical topics including aneuploidy screening, early bleeding management, management of hypertension, and much more. The program is certified by the CFPC for up to seven Mainpro+® credits.

Access is available 24/7 at: <https://maternitylearning.cfpc.ca>. Anticipated completion time for all five modules is seven hours and can be done over several visits. A certificate of participation is provided after each completed module. The course will be available until April 2020. This pilot is available in English only.

## Routine Growth Monitoring in Infancy Study

A provincial, interdisciplinary research project titled Routine Growth Monitoring in Infancy is seeking physicians that engage in Routine Growth Monitoring to participate in this study by completing a brief online survey.

The purpose of this study is to better understand the risks and benefits of growth monitoring in infancy, which could have implications for practitioners, policy makers, and most importantly, for patients. Attached the [information and consent form](#) and the survey itself to provide you with more detailed information on the purpose and goals of the study. The survey will take approximately 2-3 minutes to complete. This study has Research Ethics Board approval from Interior Health, College of the Rockies, and the University of British Columbia. Please follow the link ([https://ubc.ca1.qualtrics.com/jfe/form/SV\\_1UnzTSNJAgHuXYx](https://ubc.ca1.qualtrics.com/jfe/form/SV_1UnzTSNJAgHuXYx)) to complete the survey.

### UBC COURSES

For all UBC Courses, visit their [Website](#)

#### 22nd Annual UBC Respiratory Medicine Update

**Date:** Saturday, February 8, 2020

**Who Should Attend:** Family physicians, residents & students, respirologists, respiratory therapists, General Internists, respiratory educators, COPD educators, nurses.

**Accreditation:** 6.75 Mainpro+ | 6.75 MOC Section 1

[Information & Registration](#)

#### CME on the Run! 2019-2020

**Date:** January 31st | April 3rd | May 1st | June 5th, 2020

**Who Should Attend:** Family Physicians, Nurses, Nurse Practitioners, Residents and Students

**Course Format:** Set of 8 talks for each session. Each presentation is 15 minutes followed by 11 minutes of Q&A time.

**Accreditation:** 21.0 Mainpro+

[Information & Registration](#)

#### Care for the Elderly Intensive Review Course

**Dates:** Thursday, February 6 - Saturday, February 8, 2020

**Location:** UBC Robson Square, 800 Robson Street, Vancouver, BC

**Who should attend:** General practitioners, Geriatricians, Nurses, & Nurse Practitioners

**Accreditation:** 18.0 Mainpro+/ 18.0 MOC Section

[Information & Registration](#)

### PHYSICIAN WELLNESS CORNER

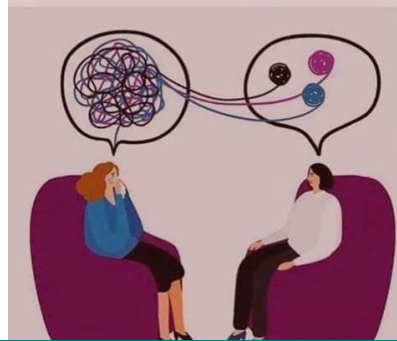
#### Fostering Resilience for Health Professionals

**June 7-12, 2020 - Hollyhock (Cortes Island):** Revitalize, restore, and build resilience during this 5-day Mindfulness-Based Cognitive Therapy (MBCT) meditation retreat for physicians, health professionals, and their partners. This Group Learning program

has been certified by the College of Family Physicians of Canada and the British Columbia Chapter for up to 31.25 Mainpro+ credits. Book by January 31, 2020 and receive a 10% discount.

For more information and registration, please visit their website at: [Hollyhock](#)

Absolutely love this depiction of therapy. Please remember how powerful talking is ❤️



## COMMUNITY & PARTNERS NEWS AND RESOURCES

### For Canada's working men, an opioid crisis and a blue-collar code of silence are a deadly mixture.

Read the December 7, 2019 article in the [Globe and Mail](#) which talks about the opioid crisis, Campbell River and features Dr. Erika Kellerhals.

### Managing opioid use disorder in primary care

[PEER simplified guideline](#) - To use the best available evidence and principles of shared, informed decision making to develop a clinical practice guideline for a simplified approach to managing opioid use disorder (OUD) in primary care.

## MyBooklet BC

[www.MyBookletBC.com](http://www.MyBookletBC.com) is a FREE online tool that families and people with disabilities can use to create a beautiful and personalized information booklet for a loved one or for themselves.

- Are you tired of constantly repeating your "story" to doctors, teachers, therapists, friends and family?
- Do you wish all your important information was in one document?
- Do you wish you could share more than just the medical and diagnostic facts?

### FNHA Signs MOU with RCCbc to Promote Rural Health Collaboration

The First Nations Health Authority (FNHA) and the Rural Coordination Centre of BC (RCCBC) have signed an agreement to work together to improve access to primary health services in rural communities through a structured process to ensure full and meaningful collaboration between the two partners. Read full press release [here](#).

### Practice Guide to Emergency Preparedness Planning

The Victoria Division produced a [practical guide to emergency planning](#) for clinics in case of disasters.

Please consider reviewing with your clinic team and should you want any support from our Division to do a more fulsome planning, contact [Julie Collis](#).

## 2020 Quality Awards

Click [here](#) to meet the 2020 Quality Award

## First Nations Health Authority - News Bulletin

Winners and Runners-Up! Celebrating the  
People & Projects Improving Care in BC

See the attached for the [December 2019](#)  
edition.

### Questions About the Work of the Division?

If you have questions or suggestions, we would be happy to connect with you to review what is in the works and hear about how we can better support our physicians and clinics.

Please contact [Christine Colbert](#) by email or Cell: **250-897-2358**



 Like

 Forward

Campbell River and District Division of Family Practice  
Campbell River Hospital, Administration: CRG0308  
375 2nd Avenue, Campbell River, BC V9W 3V1

You're receiving this email because you're a member of our  
organization or you've signed up for our newsletter.

[Preferences](#) | [Unsubscribe](#)