

The Division
E-bulletin - December 18, 2020



Wishing you and your family a wonderful holiday season.

DIVISION NEWS ~ UPDATES

[GPSC - The Update](#)

[Division Dispatch
December 7, 2020](#)

[RCCbc - eNEWS](#)

SAVE THE DATE

SPIRIT AWARDS - Saturday, February 20th, 2021

You are cordially invited to be a part of the 2020 **Virtual** Spirit Awards Event on the evening of Saturday, February 20th at 7:00 pm.

Thank you to everyone who nominated their peers and community champions who bring excellence in health care to our community. The Spirit Awards will honour, feature and celebrate the recipients of all 2020 Spirit Awards, as well as community leaders, musical guests and more.

Details on how to register and watch this event will be sent out to all physicians via email.

Upcoming Sessions And Events You Don't Want To Miss

Upcoming meetings/events you don't want to miss. All will be conducted via ZOOM and login details will be emailed.

- Members Information COVID Update meeting - Wednesday, January 13, 2021 - 7:45 to 8:30 am
- Full Membership COVID Update meeting - Wednesday, February 10, 2021 - 7:45 to 8:30 am
- SPIRIT AWARDS - Saturday, February 20, 2021 - 7:00 pm to 8:00 pm

In the News

Doctors lead the way delivering flu vaccines and innovative care in BC's small, rural communities - [Doctors of BC](#)

Community Longitudinal Payment

The GPSC's Community Longitudinal Family Physician (CLFP) Payment now includes new-to-practice family physicians who provide longitudinal care. Visit the [GPSC website](#) for more information.

PSP SUPPORT

Your PSP coordinator is available to help with individual office support to adapt your practices and increase your number of patient visits through IMIT, telehealth options, workflow changes in alignment with all relevant guidelines, as well as patient outreach and scheduling processes. Now is also a great time to complete the PMH assessment, start panel work or take advantage of flexible, individualized learning opportunities.

PSP-supported quality improvement work is eligible for compensation and CME. Please connect with your local PSP contact or email RSP@viha.ca.

Need Help Finding a Locum?

If you need help finding a Locum, the Division is here to help. Please contact either [Sadie Mack](#) or [Julie Collis](#).

UpToDate - How To Tip Sheet

UpToDate is accessed through the Division of Family Practice's website. [Attached](#) is an UpToDate Login, Registration, and Mobile Access Tip Sheet which may provide assistance when you need it most

Be sure to check the "What's Up Doc" Division Board in the Physician's Lounge for current news and events including contact and photo list for physicians and residents.

COVID-19 & PHYSICIAN WELLNESS RESOURCES

COVID Redeployment Opportunities

The Ministry of Health is seeking community family physicians who are interested in potential redeployment opportunities as part of the COVID-19 response this fall and winter.

COVID Resources

[COVID-19 Resource Hub](#) - reliable education & resources offered by UBC CPD and other educational providers.

[REAKT](#) - Rapid Evidence & Knowledge Translation during COVID-19

This need is not immediate, but it is important to be prepared in the event that landscape changes in the weeks and months to come.

Click [here](#) to read more.

BC Centre for Disease Control - COVID Update Information:

- [Geographic Distribution](#) of COVID by Health Authority
- [Situation Report](#) - December 11, 2020

MASK POLICY - Q & A

When the Ministry of Health (MoH) announced its new mask policy for mandatory masks in health care facilities, including doctors' offices, many physicians and divisions had questions, the Doctors of BC followed up with the Ministry, and they are now sharing with you its Q and A for doctors, nurses and other health care practitioners. They are also sharing the attached document - [Mask Use in Health-Care Facilities During the COVID-19 Pandemic](#).

If you have further questions, please email covid19@doctorsofbc.ca and they will forward them to the Ministry for response.

Attached is the December 10th COVID approved [eye and face protection](#)

Physician Wellness Resources

CMA Virtual Group Support Sessions: led by trained facilitators available each week.

- Peer Support
- Compassion Rounds
- Mindful Parenting
- Psychological First Aid
- Stress Reduction Practices
- More info or to register click [here](#)

Doctors of BC Physician Health Program: prompt support referrals and counselling

- Relationship Stress
- Mental Health
- Career and life transitions
- Substance use
- Concern for colleagues
- Occupational health
- Financial issues
- 24/7 Confidential Helpline: 1.800.663.6729
- For more information or to access supports, click [here](#)

COVID-19 Physician Wellness Resources [here](#)

Gratitude Space: share stories or words of gratitude [here](#)

[Video Vignettes](#) for Compassionate Communication

REGIONAL/PROVINCIAL TRAINING ~ CMES ~ CONFERENCES

UBC Continuing Professional Development - [Website](#)

Virtual Series: Orthopaedics for Primary Care

CME on the RUN!

Date: January 29, March 5, May 7, June 4, 2021

Dates: January 6, 13, 20, 27, 2021

Target Audience: Family Physicians, Specialists, Residents

Accreditation: 1 Mainpro+ | 1 MOC Section per session.

Course Format: Offered each Wednesday in January - learn about primary care management of orthopaedic injuries from experts in the field.

[Course Outline & Registration](#)

Time: 13:00 - 17:00pm

Target Audience: Family physicians, Residents, NPs and nurses

Outline: Unique and award winning series of 6-half day short snapper style focused CPD now delivered online only. We are excited to introduce our next series of lectures and incredible speakers.

Accreditation: 21.0 Mainpro+

[Course Outline & Registration](#)

Victoria Gynecology Update 2021

Date: Saturday, January 30, 2021

Time: 9:00 - 15:45pm - Online Course

Target Audience: Family Physicians, Residents, NPs, nurses, pelvic floor physiotherapists, midwives, AHP

Outline: The Victoria Society of OB&G is hosting its annual Gynecology Update for primary care providers, with updates on a wide range of topics which include: chronic pelvic pain, cervical lesions, ectopic pregnancy, vulvar lichen, ovarian cancer, and many more.

Accreditation: 5.5 Mainpro+

[Course Outline | Registration](#)

Care for the Elderly - Virtual Conference

Dates: February 12, 2021

Time: 08:00 - 15:15 - Online Course

Target Audience: Family Physicians, Residents, Geriatricians, NPs, nurses,

Outline: This popular 3-day intensive course has been condensed into 1-day. Topics are tailored for primary care providers who work with elderly patients. Participants will also have the opportunity to express their learning needs on each topic prior to the event.

Accreditation: 6.0 Mainpro+ | MOC Section 1 credit

[Course Outline | Registration](#)

Respiratory Medicine Update

Dates: Friday, Feb 19, 2021 - 13:00 - 17:30

Saturday, Feb 20, 2021 - 8:00 - 11:30

Online Course

Target Audience: Family Physicians, General Internists, Residents, NPs, nurses, COPD & Respiratory educators, respiratory therapists

Outline: This annual comprehensive update is hosted by UBC Division of Respiratory Medicine and features respiratory updates with renowned local speakers. Fri, Feb 19 is targeted towards respirologists, while Sat, Feb 20 is targeted towards family medicine. You are welcome to attend both!

Accreditation: 7.0 Mainpro+ | MOC Section 1 credit

[Course Outline & Registration](#)

56th Annual Family Practice Review

Dates: Friday, Feb 19, 2021 - 8:00 - 15:00

Online Course

Target Audience: Family Physicians, Residents, NPs, nurses

Outline: This comprehensive review course (formerly known as the Annual Post Graduate Review) offers an update of knowledge central to the practice of family medicine in both rural and urban settings. Committed to addressing everyday practical issues, speakers present equally on current and special areas of concern to the primary health care professionals. Topics include Top 10 Articles That Changed My Practice, Pediatric Anxiety, Contraceptive Update, Dermatology Cases, and many more!

Accreditation: 5.25 Mainpro+

COMMUNITY & PARTNERS NEWS AND RESOURCES

BC-CfE Newsletter
- Oct/Nov 2020

BCCPC -
CentrePoint
December
Newsletter

FNHA - News
Bulletin

Campbell River Maternity Clinic Celebrates Anniversary

It has been five years since the maternity clinic moved into the Campbell River Hospital on Nov 5, 2015. Since 2015, there have been 9,339 patient visits; 8,699 in Campbell River, and 640 in Port Hardy. Providing visits in Port Hardy has saved roughly 298,240 km of travel for families. Indigenous families contribute to approximately 27% of patient visits.

Campbell River Maternity Clinic offers prenatal, post-partum, and newborn visits at the Campbell River Hospital. The clinic has one amazing medical office assistant, six physicians, runs four half-days per week and has served families from 39 communities.

Read more about the Campbell River Maternity Clinic [here](#).

Invitation to Participate in BC Guidelines External Review

The Assessment and Management of Obstructive Sleep Apnea (OSA) in Adults guideline is available for External Review until **January 1st, 2021**. This guideline applies to adult patients with suspected Obstructive Sleep Apnea. A brief section on children is included to support referral and diagnosis.

Please visit the [BC Guidelines External Review page](#) to download the [draft guideline](#) and submit your feedback via our [online questionnaire](#)

Rural Continuing Medical Education Community Program

The RCME Community Program team is pleased to share the third issue of the [RCME Community Program e-newsletter!](#)

This communication aims to highlight key community developments and exciting new initiatives as well as share provincial education opportunities and funding supports.

Current and past issues of this newsletter can be found on the on our [Medical Staff Website](#), under the Rural CME Program page.

The 2021 Quality Awards Call for Nominations Has Launched! The Deadline for Phase 1 is January 22

We're celebrating people and projects that improved the quality of health care in BC - and you can nominate them! This year the awards will recognize projects within the [five areas of care](#) along with four inspiring individuals, including patients, caregivers and health care professionals.

Click [here](#) for Poster or visit the BC Patient Safety & Quality Council [Website](#) for more information.

Central Island Pediatric Eating Disorder Clinic

The Central Island Pediatric Eating Disorder clinic will be temporarily discontinuing this service on December 21, 2020. Effective immediately, they will no longer be accepting new referrals and will work with you to create transition plans for existing patients.

Please click [here](#) to see the following for guidance on where to send your patients.

New Community Kitchen and Social Support Program Receives Funding to Help Local Vulnerable Populations During COVID-19

Click [here](#) to read about: Campbell River receives new Community Kitchen and Social Support Program made possible through funds awarded by the Emergency Community Support Fund (ECSF) via the Campbell River Community Foundation to Laichwiltach Family Life Society and supported by the Strathcona Community Health Network.

Campbell River Overdose Prevention Site

The Campbell River Overdose Prevention Site (OPS) is formally sanctioned as an inhalation site as well as injection site. The hours of operation are enhanced from 0900-1900.

This site has also been enhanced with a covered tent, additional lighting, and upcoming security features with these revisions.

Essential Imaging

The Call to Action for the [Essential Imaging](#) quality improvement initiative has been relaunched! Essential Imaging will help teams successfully initiate, implement and spread best practices for appropriate medical imaging in five common areas.

With the high post-COVID imaging volumes we are experiencing in most B.C. hospitals, reducing exams that may have limited clinical impact has never been more important. By being part of this initiative, you can receive additional coaching/support from the BC Patient Safety & Quality Council staff towards such important appropriateness projects. Please click on the links below for more information.

[Poster](#) | [FAQ](#) | [Template](#)

CBT Skills Groups

For your patients who are finding stressful situations harder to deal with than you used to? Or suffering from mild to moderate depression or anxiety? The CBT Skills Group is here to help. The Cognitive Behavioural Therapy (CBT) Skills Groups are an 8-week psycho-educational class for adults, age 17.5-75. They are designed to teach participants practical tools to recognize, understand, and manage patterns of feeling, thinking, and behaving aimed at improving your mental health.

Designed by psychiatrists and taught by physicians this course integrates neuroscience, mindfulness, and CBT skills and concepts.

For more information, attached is their [brochure](#) and please visit the [CBT Skills Website](#).

Enhancing Access Initiative Survey

The Specialist Services Committee, Enhancing Access Initiative is piloting the use of a central

intake/pooled referral model with several specialist groups. Under a pooled referral model, a patient has the option of seeing the first available specialist in a group instead of waiting to see a particular specialist working alone. As part of the evaluation they would like to survey family physicians around the province to see what they think about the central intake/pooled referral model.

The survey will take approximately 5-10 minutes to complete and those who do will be entered into a **draw for \$100 at MEC or London Drugs**. Click [here](#) to complete the survey by January 15th, 2021.



Questions About the Work of the Division?

If you have questions or suggestions, we would be happy to connect with you to review what is in the works and hear about how we can better support our physicians and clinics.

Please contact [Christine Colbert](#) by email or Cell: **250-897-2358**



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