



The Division
E-bulletin - June 12, 2020



Flowing into Summer

DIVISION NEWS ~ UPDATES

GPSC - NEWS

Division Dispatch
May 29, 2020

HDC - UPDATE



COVID UPDATES

Since the beginning of the pandemic, your Division has been busy behind the scenes. Information changed hourly, daily and updates were emailed out as they became available to ensure physicians had easy access to the latest information. A COVID Family Physician Response Team was initialized and for a period of time, weekly Wednesday morning meetings for all our family physicians were held in order to disseminate information.

The people in our community were quick to step up to plate with PPE donations for our community clinics and we would like to thank the following:

* Dr. Natasha Rafo for her assistance in procuring 100 3D Face Shields. These shields were a community effort and made by the Quadra Island Community Centre. The Shield Project brought together a number of businesses, local governments and individuals to assemble and package over 5,500 face shields for distribution in the healthcare system. The face shields that we received have now been delivered to all family physicians as well as to those specialists with a practice outside of the hospital.

* Through a connection with Dani Daigle, NP with North Island Medical Clinic we received a donation of 1,000 masks from Spinners Sports and we were able to purchase an additional 1,000 at a discounted rate.

* A local couple, Emily and Nathan Hollenberg, delivered 100 - 3D printed Ear Savers for masks to the Division which were then shared out to all physicians and clinic staff.

* Shelter Point – as soon as the pandemic hit, we worked with Shelter Point to purchase hand sanitizer which they then delivered to each clinic within our district.

* Also individual clinics were willing to share their PPE supplies, so along with the general public, we thank all who donated gowns, gloves, eye protection, hand sanitizer & wipes, and masks.

If you need assistance in acquiring PPEs, please contact [Julie Collis](#).

We would also like to acknowledge the extraordinary efforts of our physicians during COVID-19. From the Emergency Department, Assessment Clinic, COVID Ward, LTC Facilities, physician leads, committees, and the individual clinics ~ we are in this together and we couldn't have done it without you!



Ear Savers being donated to the Division.
In picture, left to right: Julie Collis, Emily and Nathan Hollenberg, Sadie Mack.

Quadra Island Community Centre - The Shield Project packaging Face Shields.

Need Help Finding a Locum?

If you need help finding a Locum, the Division is here to help. Please contact either [Sadie Mack](#) or [Julie Collis](#).

UpToDate - How To Tip Sheet

UpToDate is accessed through the Division of Family Practice's website. [Attached](#) is an UpToDate Login, Registration, and Mobile Access Tip Sheet which may provide assistance when you need it most

Be sure to check the "What's Up Doc" Division Board in the Physician's Lounge for current news and events including contact and photo list for physicians and residents.

COVID Safety Plan: River City Medical Clinic has shared their [Safety Plan](#). The COVID Safety Plan requires you to assess the risks, implement protocols, develop policies, develop communications, monitor your workplace, and assess and address risk. This plan was drawn up using the WorkSafeBC template and the Doctor Is In Safety Plan Appendix. Thank you Dr. Gunther Klien and his team for sharing.

eForms Update for Providers

Island Health's Health Information Management (HIM) department has implemented a new process to centralize the management of clinical forms. This includes a new intake, review, and approval process for the creation or modification of all clinical paper forms and eForms. The new procedure will enable us to, where appropriate, regionalize form content, support process harmonization and reduce the number of changes required to build the forms into Electronic Medical Record (EMR) systems.

All approved Island Health forms will be published into Pathways and templates will be created, which then can be uploaded into community EMRs, including Oscar/Juno, Wolf, MedAccess, and IntraHealth.

For more details, please click [HERE](#)

Are you a Provider with a COVID-19 Question?

Have a COVID-19 related question? RE/AKT, a program where medical students are available to rapidly review the literature, resources, grey lit UBC offers could be of help.

Here is the website to ask a question and see answers <https://askreakt.com/>.

BC's Restart Plan

BC's Restart Plan lays out a series of steps that we will take together to protect people and ensure that our province can come back from COVID-19 stronger than before.

Visit the BC Government website for more information and to download a copy of BC's [Restart Plan](#).

Federal COVID supports: NEW [Online tool](#) to navigate federal COVID related benefits available

Mental Health: [Comprehensive list](#) of virtual mental health and wellness supports

For Seniors: [Keeping in touch](#): Database matches seniors who need support with non-medical essentials, to volunteers in their community who are willing to help.

[Senior Support Program](#). Support for Isolated Seniors. The Senior Support Program connects those who would benefit from a friendly phone call or video visit from volunteers. Available to all in the Strathcona Region.

First Nations Health Authority Virtual Doctor of the Day: [FAQ for patients](#) | [FAQ for Service Providers](#)

Community Resources: [Campbell River Community Resource mapping](#) compiled by Campbell River and District Coalition to End Homelessness.

Doctors of BC Taking Active Steps - COVID-19

Doctors of BC is taking active steps to support members with respect to Coronavirus (COVID-19). Their work includes: advocacy on behalf of physicians with government, the Provincial Health Officer and health authorities; and ensuring our members have access to appropriate benefits and insurance.

Updated resources and practice guides are also on their [Site](#).

Aligning Doctors of BC Services

Effective July 1, 2020 the GPSC Community Liaisons for the Divisions of Family Practice and the Facility Engagement Liaisons for Medical Staff Associations (MSAs) will be working on the same team and will have new titles – Engagement Partner.

Click [HERE](#) for more details.

Doctors Technology Office Updates

Using Zoom Webinars for Group Medical Visits & Team Meetings: [Quick Start Guide](#), [Webinar Recording](#) & [Video Tutorials](#).

We've also updated our [Virtual Care FAQ for Physicians & MOAs](#) with new content

Clinic Health and Safety for Physicians and Staff Extensive list of online toolkits and online courses

- [PICNet Guidelines/Toolkits](#)
- On [WHO's Channel about COVID](#) Resources: all courses will validate a “record of achievement” to those who receive min. 70%, with 3 chances to attempt, with exception of IPC course (shows certificate of completion when 100% course material completed).
 - [Standard Precautions: Enviro Cleaning & Disinfection](#): online course, approx. 1 hour. Will learn the role of an IPC professional in environmental cleaning and understand how cleaning and disinfection prevents contamination of the health care environment.
 - [Decontamination and sterilization of medical devices](#): online course, 2 parts, 1 hour each. Will learn about the overall procedure for managing decontamination and sterilization of medical devices.
 - [Standard precautions: Waste management](#): online course, approx. 1 hour. Will learn about the different categories of waste and the process for waste management.
 - [Standard precautions: Hand hygiene](#): online course, approx. 1 hour.
 - [Infection Prevention & Control \(IPC\) for COVID 19 Virus](#): online course, approx. 1 hour. This course will cover the Infection Prevention and Control (IPC) measures required in order to: Be prepared and ready to respond to an outbreak, in particular, the one due to COVID-19; Limit human to human transmission by way of implementing WHO recommended IPC interventions; Identify, isolate and report suspect and confirmed cases.
- [Alberta Health Services Resources](#): do not require login info to do online modules.
 - [AHS PPE & You](#) course: 30-45min online learning intended for both HCWs with direct patient contact and HCWs who have contact with the patient environment or patient equipment. It reviews the significance of PPE use and familiarizes HCWs with the various types of PPE, highlighting the importance of using a PCRA before every interaction to determine what PPE is required. Using practice scenarios, the module also outlines the specific processes required for PPE donning and doffing.
 - [Hand Hygiene](#): 20 min online course.
 - [Infection Prevention and Control Is Everyone's Business](#): 30-45 min online course provides a basic understanding of the AHS Infection Prevention and Control Program structure and role, basic IPC principles, and how those principles relate to every health care provider and their practice.
 - Other videos from AHS: [How to use Alcohol-Based Hand Rub](#), [How to Hand Wash](#).
- CDC YouTube:
 - [Demo of Donning PPE](#): 4.25 min
 - [Demo of Doffing PPE](#): 3.5 min

REGIONAL/PROVINCIAL TRAINING ~ CMEs ~ CONFERENCES

Grand Rounds - Alcohol Use Disorder (AUD) New Name, New Standard of Care, Dramatically Better Outcomes

Date: Tuesday, June 16th

Time: 5:00pm – 6:00pm PST

Summary: Alcohol Use Disorder (AUD) is a chronic brain disorder that can be effectively treated with medications and counselling. The rates of relapse for AUD is similar to other chronic conditions like diabetes, hypertension, and asthma. Hope, Compassion and Knowledge are essential in caring for people with AUD, just like any other disorder.

Presenter(s): Dr. Jeff Harries, Physician Lead, South Okanagan Similkameen Alcohol Use Disorder Initiative

WebEx Info:

1. Go to:

<https://ihaenterprise.webex.com/ihaenterprise/j.php?MTID=m9fa0f540f6920a3278280a5ea65c04f6>

2. If requested, enter your name and email address.

3. If a password is required, enter the meeting password: **team**

4. Click "Join"

5. Follow the instructions that appear on your screen.

Teleconference: Participant Toll Free Dial-In Number: 1-833-714-0918

Conference ID: 5858403

UBC COURSES

For all UBC Courses, visit their [Website](#)

Upcoming Webinar Series on COVID-19

Be sure to check out the [UBC CPD Website](#) for details on upcoming COVID-9 related webinars.

Upcoming UBC Conferences will be held Virtually

Click [Here](#) to review all upcoming courses and register early to ensure that you do not miss out.

COMMUNITY & PARTNERS NEWS AND RESOURCES

Dawn Thomas, Aa ap waa iik, is Island Health's first-ever Executive Lead, Indigenous Health

Island Health is pleased to announce that Dawn Thomas, Aa ap waa iik, is the organization's new Executive Lead, Indigenous Health. Thomas, a member of the Snuneymuxw First Nation on Vancouver Island, brings more than 20 years of experience with Indigenous children, families, communities and leadership to this newly-

First Nations Health Authority - News Bulletin

See the attached for the latest FNHA
[NEWS BULLETIN](#)

For Archived FNHA News Bulletins
- Click [HERE](#)

established senior leadership role. Click [HERE](#) for full announcement.

BC-CfE provides update on response to COVID-19, while teams lead new research into the virus

Read the [May 2020](#) BC Centre for Excellence in HIV/AIDS (BC-CfE) Newsletter.

Rural and Remote COVID-19 Survey

Centre for Rural Health Research in the Department of Family Practice at the University of British Columbia. We need your help to understand rural and remote B.C. communities' experiences of and responses to the COVID-19 pandemic through this [survey](#).

Lifeguard APP

People in the Island Health region will now have access to a new overdose prevention tool, **Lifeguard App**. The app was developed in partnership with the Provincial Health Services Authority (PHSA), regional health authorities and Lifeguard Digital Health to help save more lives and ensure people who use drugs alone have access to the supports they need. The App is activated by the individual before they take their dose. After 50 seconds the App will sound an alarm. If the individual doesn't hit a button to stop the alarm, indicating they are fine, the alarm grows louder. After 75 seconds a text-to-voice call will go straight to 9-1-1, alerting emergency medical dispatchers of a potential overdose.

This is one more tool available to prevent overdose deaths, particularly in the context of the dual public health emergency. For those who can't buddy up or connect with an overdose prevention or supervised consumption service, *Lifeguard App* may help.

[Trouble Shooting Guide for APP](#)
[Lifeguard App Promo Poster](#)
[Lifeguard App Poster](#)

The Mobile Outreach Unit for Health and Support Services (MOUHSS)

This RV – affectionately nicknamed "**the Moose**" – is an innovative community project bringing much-needed health services to the most vulnerable in Campbell River and the surrounding area. Read all about [the Moose](#) and the work that the team is accomplishing.



New Faces at MHSU

Cynthia “Cindy” Carlyle, RPN is the new Addiction Medicine Consult Service in Campbell River.

Cindy started on June 3 at the CR Hospital and with her years of experience, she has a good understanding of community resources and liaison work to bridge gaps that can happen at the time of discharge. Cindy will be working closely with each until to help identify folks as early as possible who may benefit from this service. In this consulting role, Cindy is able to help support the great care already happening in hospital and educate, alongside of the AMCS physicians, how to manage withdrawal and/or start OAT while patients receive their medical care, as well as help reduce/clarify misinformation or stigma that sometimes comes along with patients struggling with alcohol use disorder or substance use disorder.



Leanne Komm has joined the Comox Valley and Campbell River MHSU teams as the Community Manager covering off Petra’s one year temporary leave.

Leanne has been in the MHSU field for 30 years and has worked with Island Health since 2006. She has leadership experience with ACT, Tertiary Care, Residential Care, Home and Community Care and Withdrawal Management.

WELCOME AND CONGRATULATIONS!

Please join us in welcoming Dr. Amelia Stegeman. Dr. Stegeman recently graduate from the UBC Family Medicine Residency Program - Strathcona Site and has now joined the Seawatch Medical Clinic as of June 1, 2020.



Also, just a reminder that 4 new R1 Residents will be starting in Campbell River on July 4.



Congratulations to Drs. Natasha Rafo and Andrew Schissler on the birth of their son Theodore (Theo) James Schissler on May 11, 2020. And as you can see from his picture, Theo is just taking everything in stride.

Questions About the Work of the Division?

If you have questions or suggestions, we would be happy to connect with you to review what is in the works and hear about how we can better support our physicians and clinics.

Please contact [Christine Colbert](#) by email or Cell: **250-897-2358**



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 Forward

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