

POLYPHARMACY RISK REDUCTION IN LONG-TERM CARE

Highlights



This peer mentorship program led by provincially-trained local family physicians supports residential care teams in reducing the pharmaceutical burden and adverse effects of multiple medications on frail elderly patients.

As of Nov 2018, 30% of physicians in Penticton and Summerland, 60% in Oliver and Osoyoos, and 90% in Keremeos and Princeton have received mentorship.

- The project has decreased the number of elderly long-term care patients on 9 or more medications (in particular, antipsychotics).
- The project is part of a local and global medical culture shift towards deprescribing, and as such, mentored physicians have gained strategies for how to effectively and collaboratively initiate a practical deprescribing plan.



Project: Nov 2015 — Mar 2019