REGENERATIVE ORTHOPAEDIC MEDICINE



34th Annual Conference:

INN AT LAUREL POINT, VICTORIA, BC

INNOVATIVE
APPROACHES TO
TREATING
CHRONIC PAIN



The CAOM is pleased to invite you to the 34th annual 3-day conference, "Innovative approaches to treating chronic pain". We have a great variety of expert speakers covering topics that matter and that enhance patient treatment in very practical ways. This year we are including presentations on what to do for head and neck injuries, concussion, brain pain, migraine, and neuroplasticity. We will be covering many types of pain treatments and also very important issues that affect the recovery of our patients, including in-depth nutrition, supplement and hormone support, as well as functional genomics. Please join us in Victoria: **OCTOBER 25 - 27, 2019**

Some of our Speakers:

Dr. Francois Louw, Dr. Pankaj Dhawan, Dr. Pam Squire, Dr. Adrian Gretton, Dr. Brent MacNicol and many others



Dr. Corrie Graboski: MD FRCPC Physiatry, Migraine expert, Brentwood Bay Victoria



Dr. Martin Gallagher: MD, DC, director of a multidisciplinary integrative heatlh care facility, Pennsylvania



Dr. Mansoor Mohammed: PhD – Clinical Genomicist Lifestyle and Personalized Genomics Consultant

Special thanks to the planning committee:

Dr. D. Bowler, Dr. Louw, Dr. Graboski, Dr. Cass, Dr. J. Bowler, Dr. Ouellette and Dr. Marshall

Workshops

This year we are offering 3 separate workshops: prolotherapy basics (upper limb and lower limb), manual medicine to enhance your practice (beginner and advanced), and ultrasound-guided techniques including botulinum toxin for dystonia, peripheral nerve blocks, neuraxial techniques, and ask the expert.

Keynote speakers include Dr. Marty Gallagher and Dr. Mansoor Mohammed

Target Audience:

Physicians and some allied health practitioners (nurse practitioners, naturopaths, DOs, dentists, physiotherapists). We offer discounted rates for students and residents.

CANADIAN ASSOCIATION OF ORTHOPAEDIC MEDICINE



ASSOCIATION CANADIENNE DE MÉDECINE ORTHOPÉDIQUE



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Regenerative Orthopaedic Medicine 34th Annual Conference

Oct 25 - 27, 2019 Inn at Laurel Point, Victoria BC

Innovative approaches to treating chronic pain

Friday Oct 25th

07:00 Registration and breakfast

07:50 Welcome and announcements

08:00 Tribute to Dr. Robert Kidd (by Dr. Cass)

08:10 **Dr. Marty Gallagher**: optimum health -

guide to nutrition, supplements and hormones

09:25 Q & A

09:40 Drs. Fehlau and Hooper: introduction to concussion

09:55 Dr. McCrodan: neuro-optometry after concussion

10:25 Nutrition break and visit exhibitors

10:55 Dr. Gretton: neuroplasticity

11:25 **Dr. Squire**: post-whiplash headache management

11:55 Dr. MacNicol: RFN, cryolysis and facet blocks

12:25 Lunch

1:30 **Dr. Pagdin**: Bone marrow aspirate stem cells

2:00 **Dr. Mohammed**: functional genomics - continuing the

pursuit of optimum health: a) the brain b) hormones

3:15 Q & A

3:30 Nutrition break

3:55 **Dr. Chamberland:** herbal remedies for the treatment of

pain including cannabis

4:35 **Dr. Johnson**: common sports medicine problems

5:05 **Dr. Graboski**: update treating migraine: an update including CGRP receptor antagonist medications and

botulinum A

5:45 - 6:45 CAOM AGM (anyone welcome)

6.45 pm Welcome reception/light supper

Saturday Oct 26th

07:00 Breakfast

08:00 Dr. Gallagher: ozone in chronic pain

08:30 Dr. J. Bowler: workshop announcement

08:35 Dr. Stoddard: PRP and adipose stem cells

09:15 Drs. D and J Bowler: perineural injections with and

without ultrasound guidance

10:00 Nutrition break

10:25 **Dr. Louw**: Hyaluronic acid supplementation including

use with platelet-rich plasma

10:50 **Dr. Creswell**: ultrasound-guided injections

11:30 Dr. Dhawan: botulinum toxin update: dystonia

12:00 Lunch

Saturday Oct 26th AFTERNOON WORKSHOPS

Choose 2 out of 3 workshops, which will run as follows:

1 - 2:45 First workshop

2:45 - 3:15 Nutrition break

3:15 -5 Second workshop

WORKSHOP A: Manual Medicine

Drs. Gallagher and Johnson

Introductory workshop will be offered twice during the

afternoon.

Advanced workshop will be offered once, and

continued after the break.

WORKSHOP B: **Ultrasound**-guided procedures - **botox**

for dystonia and useful **neuraxial and peripheral nerve**

injections, and "ask the expert"

Drs. Dhawan and MacNicol

You may attend either during the first or second workshop but topics covered during the workshops will

vary: if you wish, you may attend both.

WORKSHOP C: Prolotherapy

Drs. Gretton, Ouellette and Louw

The first workshop will cover an introduction to the upper limb and the second workshop will cover an introduction to the lower limb, so you may attend the

first or second workshop or attend both.

Sunday Oct 27th

07:30 Breakfast

08:00 Announcements

08:05 **Dr. Ouellette**: evidence for prolotherapy

08:35 Island Pharmacy: topical medication for pain

09:00 Dr. Louw: safety standards for office procedures,

and use of inhaled analgesics

09:30 Nutrition break

10:00 **Dr. Harrison**: evidence for platelet-rich plasma

10:30 **Dr. Helene Bertrand**: treating sacroiliac pain

10:55 Dr. Basson: this changed my practice

11:15 Dr. Louw: RCT on TMJ

11:35 Panel: treating orthopaedic pain successfully

12:00 Closing remarks and forms

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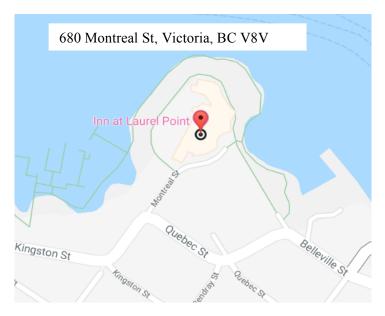
INNOVATIVE APPROACHES TO TREATING CHRONIC PAIN

Registration

For registration, please visit: www.caom.ca and follow the links to sign up!



Venue: Inn at Laurel Point



For accommodation, follow the links on the website, or phone 1-800-663-7667 and mention you are attending the CAOM conference for the special rate of \$179 per night (this rate is in effect until Sept 19th or sooner if full).

www.caom.ca

Fees: please use alternative browser to Safari for payment

Become a CAOM member	\$100
Full conference	\$790
Full conference (Earlybird until August 25 th)	\$750
Full conference for CAOM members	\$700
Full conference for residents/students/retired MDs	\$390
Friday only	\$350
Saturday only	\$350
Sunday only	\$225

