



Take Two | E-Newsletter | February 2020

In This Issue

- [EK Division Update](#)
- [Palliative Approach in Primary Care Survey](#)
- [Rural Physician CME Program](#)
- [IH MHSU Changes](#)
- [Transition to Adult Mental Health Services](#)

Education and Conference Calendar

- [Shared Care Chronic Pain Conference *registration deadline TODAY*](#)
- [Rural Obstetrical and Maternity Sustainability Program Webinar](#)

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-  [Email](#)

East Kootenay Division Update

Working with our communities, we now have a Regional CME program. Every community in the EK has agreed to contribute a percentage of the annual community CME funding into a regional fund, held by the Division. We will work together to organize a series of regional CME events across the EK in the year ahead. We will be reaching out to the CME leads in each community to establish the regional planning committee.

PCN planning is still ongoing, following our meeting with the Ministry of Health. We will be reaching out to physicians to set up a teleconference with each community in March to share the resources approved for your community, discuss the timelines and space requirements, as well as answer any questions you may have.



Over the past 5.5 years, a key focus of the **BC Centre for Palliative Care** has been to improve the uptake of a PAC in primary care. To help focus our efforts we are asking for your participation in a **survey** to help us understand the various initiatives in this area and explore potential interest in further collaboration. The objective is to:

1. Identify Divisions and physician groups who are:
 - a. Interested in exploring opportunities to integrate a palliative approach to care;
 - b. Already engaged in activities to promote advance care planning or palliative care;
 - c. Interested in partnering with others engaged in similar activities
2. Understand the:
 - a. Issues facing primary care providers in the provision of palliative care;
 - b. Current uptake of screening and assessment tools into practice;
 - c. Uptake of various educational offerings (e.g. PSP End of Life module; LEAP, or Serious Illness Conversation training) as well as gaps in in this area;
 - d. Barriers and enablers of integrating a palliative approach at local levels.

Palliative approach in primary care survey

Dr. Doris Barwich, Dr. Neil Hilliard and Kathleen Yue



REAP's New Rural Physician

CME Program makes funding available for new rural physicians to attend rurally-relevant events. Physicians must be in their first two years of practice in BC and have a formal commitment to practice in an RSA Community. This program provides funding for events such as the upcoming RCCbc Rural Health Conferences and courses including ACLS, CARE, HOUSE and many more. To learn more about this new program and to see a full list of approved events, please visit

<https://rccbc.ca/practitioner-support/rural-physicians/reap-programs/new-rural-physician-cme-program/>

Or email

REAPPhysicians@familymed.ubc.ca.



Interior Health's Mental Health & Substance Use Network Director has provided information regarding service name changes and website updates for **Mental Health and Substance Use**.



Is your patient with a mental health disorder ready to **transition into adult mental health services**?

The BC Pediatric Society has developed a set of **factsheets and resources** to support your transition planning.

Resources include a variety of topics, such as:

- how to find **adult mental health services** in your Health Authority,
- transitioning a patient with a **developmental disability and mental health disorder**, and
- transitioning **Aboriginal youth with a mental health disorder** including information about Jordan's Principle.

Our website also contains helpful information in regard to various aspects of child and youth mental health - **for physicians** and **for families**.

Like what you see, or have a comment? Please contact us at brian.evoy@cw.bc.ca.

Thanks to the Specialist Services Committee for supporting this work. And thanks to the many physicians, HA staff, service providers, and Advisory Committee members for their work on these resources

Education and Conference Details



Thank you to all that attended the EK Pediatric Conference and helped make this event a success.

The weekend saw 35 physicians and 29 allied providers and school representatives come together to hear from our speakers.

"Thanks for a fun learning experience. I gained lots of valuable tools to implement in my practice" – EK Family Physician



Chronic Pain: Let's Get Better! on February 26th and 27th at Park Place Lodge in Fernie, BC

The **East Kootenay Division of Family Practice** and **Shared Care** are pleased to announce three upcoming events for the public and health professionals to discuss and learn about chronic pain:

Wednesday February 26th, 5:15pm-9:30pm. [Free conference for Primary Care Providers](#) facilitated by addiction and pain specialist Dr. Mandy Manak and physiotherapist Neil Pearson.

The conference will be followed by a panel discussion with our guest speakers and Lee Sims, local pharmacist.

A meal will be offered at 6:30pm between the two presentations.

Please, make sure to register before February 20th.

Thursday February 27th, 3:00pm-5:00pm. [Free public seminar to learn about chronic pain](#) facilitated by renowned physiotherapist and pain specialist Neil Pearson.

Understand that pain is complex, that individuals have abilities to influence pain and learn new pain care techniques.

Event is open to everyone. Snacks and drinks will be provided thanks to Teck's support.

Thursday February 27th, 5:30pm-9:30pm. [Workshop on non-pharmacological pain management methods for health providers](#) facilitated by renowned

patients move with more ease. Neil Pearson will describe treatment approaches that have evidence in pain management and explain how to create biopsychosocial non-pharmacological treatment plans.

This event will be the occasion for local health providers dealing with chronic pain patients to connect.

A meal will precede the workshop. Please, make sure to register before February 20th.

Rural Coordination Centre of BC



Are you interested in creating and supporting initiatives to sustain maternity services in your community? Join us at a webinar to introduce the **Rural Obstetrical and Maternity Sustainability Program** (ROAM-SP) led by Lee Yeates (RM), Integration Clinical Lead for ROAM-SP, and Tatiana Ticona, Project Coordinator for ROAM-SP. In this 1-hour webinar, you will learn the following:

- ROAM-SP background information and core team members
- Which communities are eligible to participate in ROAM-SP
- The 3 main elements of ROAM-SP
- Examples of initiatives that ROAM-SP could support in your community
- How to access funding and other resources available through ROAM-SP

The webinar will end with a Q&A session to address any concerns not discussed during the webinar.

To ensure that you can all attend, we will hold **2 webinar sessions** on the following dates:

- Monday, March 2nd from 8:00-9:00 am
- Tuesday, April 14th from 8:00-9:00 am

To reserve your spot, simply **RSVP by email**. Don't forget to include your **name, community, and position**.

Divisions Dispatch

PMH-PCN Update

PCN Steering Committee ToR Template

PCN EOI information package

Register now for the Business Cost Premium

Reminder: GPSC billing webinar on February 18 and 19

Clinic Cybersecurity message from Doctors of BC and the Ministry of Health

Call for applications to the Sue Harris Family Practice Research Grant

DTO resources for Windows 7 operating system support

Registration open for 2020 Run for Rural Medicine

Divisions in the News

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For more information about the East Kootenay Division of Family Practice or to suggest future news items for Take 2 please contact:

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