



Take Two | E-Newsletter | September 2019

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EK Division Update:

- Capasiti Consulting in Fernie was awarded the contract for scoping a **Community Health Centre in Fernie**. This is the first step to developing a potential business model to co-locate primary care services in the community. The funding has been provided by the Rural Coordination Centre of BC for PCN planning support.
- **New opportunity** – Are you interested in joining the Psychiatric Unit Inpatient Call Rotation in Cranbrook? They are seeking a GP who is interested in joining the rotation 5-6 times per year. Payment is by sessional, and you would need to be local to Cranbrook to meet the level 2 MOCAP requirements (attendance at the site), or there may be some opportunity for accommodation to be provided, if you are from out of town. Please contact Megan Purcell, if you are interested at mpurcell@divisionsbc.ca.
- **PCN update** – The Ministry of Health has developed a new policy framework for rural PCNs in BC. We are currently waiting for feedback on our proposal submitted in July, and how this new Framework aligns with the proposal.
- **New information on hiring of RNs in PCN** – BCNU has agreed to allow for interviewing for primary care positions, as well as to ban bumping with those positions. This is good news for stability of the teams and physician input into the selection processes.
- **Shared Care Projects:**
 - **Maternity Project, Golden**
 - **Palliative Project, spreading across the East Kootenay**
 - **Chronic Pain, Elk Valley**
 - **New* - HEAL ED – evaluating the effectiveness of the Eating Disorder Clinic**
- **Pathways** – we continue to gather surveys from GPs and Specialists in our region. The information from which will be used to populate the website. Once we have 80% of the information, the site will launch in the EK. For more information about Pathways, go here - <https://pathwaysbc.ca/info>

Advancing team-based care in the East Kootenay

Across BC, work is underway to transform the primary care system through the expansion of team-based care.

For Dr. Todd Loewen, a family doctor in Fernie, B.C. and the Physician Lead for the East Kootenay Division of Family Practice (EK Division), this shift towards team-based care is an affirmation of the principles that he and other rural family physicians practice on a daily basis.

“In the smaller communities, where family doctors provide the full spectrum of acute and community care, and where resources are often limited, we’ve had to learn how to work collaboratively and creatively,” he says.

In his role as Physician Lead for the EK Division, Dr. Loewen has helped to

develop a number of team-based initiatives in the East Kootenay, including the primary care social work program, and is initiating planning for a community health centre for Fernie.

Through the primary care social work program, developed by the EK Division of Family Practice and the Ktunaxa Nation, family doctors and Band health centres across the region now have access to social workers dedicated to supporting patients with complex needs.

"We know that social determinants like poverty and access to housing have a direct and profound impact on patients' health," says Dr. Loewen. "The addition of social workers to the primary care teams means patients needing support are more easily connected to community services, freeing up doctors to focus on their patients' medical treatment."

The proposed development of a community health centre in Fernie is another initiative that will advance team-based care. Once built, the centre would bring together a wide-range of health and social services in one central community location.

"Bringing health care, social work, counselling, pharmacy and other services, together, under one roof, has huge benefit for patients – especially those who are elderly or require extra support," says Dr. Loewen. "It also provides greater opportunity for team work among practitioners, resulting in more coordinated, comprehensive care."

Under the province's new health care strategy, Dr. Loewen is hopeful that team-based care will strengthen local services across the province, making it easier for patients and providers to navigate the system.

"There are still people in our province who are being left out of proper, comprehensive care, either because they don't have a family doctor, or they can't access necessary services," says Dr. Loewen. "If properly implemented and supported, team-based care has the potential to connect more people to the care they need".

MESSAGE FROM DOCTORS OF BC



The Ministry of Health has informed us it intends to offer new **Alternative Payment contracts** to full service family physicians who are currently involved in developing Primary Care Networks.

This contract would be a complement to the contract it developed for new-to-practice GPs.

It is essential that physicians are engaged in the development of these new contracts and their input provided. At the September 20th Doctors of BC Board meeting, the Board appointed five members to a new Alternative Payment Committee that will consult with government on the development of this new model of compensation – a process established in the Physician Master Agreement. Some members have been asking for a change from the FFS model, so as we move forward in a careful and informed way, we will ensure physician interests continue to be protected.

Please note that this is a consultative process. At the end of the day, the Ministry has the right to offer any new contract to physicians which does not conflict with the Physician Master Agreement, and it will be up to each physician to decide. Doctors of BC's goal is to do its best to ensure that the end result is a contract that is fair and reasonable for our members.

RCCbc has visited many rural communities across BC to listen to your perspectives on health care delivery (what innovations exist, what works well, what the biggest challenges are). A report of the collective feedback and updates on our project is **now available**.

The focuses for this report are:

- New Graduates and Residents
- Proposed and Potential Solutions
- Sharing Innovations

Rural Coordination
Centre of BC



emergency contraception, Ella.

Further information on the study and participation details please click [here](#).

Education and Conference Details

Resilience for the Frontline, Kimberley BC October 4, 2019

This Workshop is designed to increase awareness and prevent workplace injuries to Healthcare Staff & Emergency Responders. It can assist you in gaining an understanding of workplace trauma and preventing burnout related to critical incidents and post traumatic stress. Bruce Ramsay will present information to support your understanding of trauma.

The Presentation will offer:

An understanding of trauma in the workplace as it relates to your "normal" employment expectations as a frontline worker.

Exploration of the human stress responses and how stress impacts our day-to-day functioning and task management.

Descriptions of the impacts of chronic stress and the link between critical incidents and post traumatic stress. Suggestions for management of job related stress and overcoming trauma, increasing resiliency.

Networking opportunities and resources for overcoming traumatic events, day-to-day workplace stress and enhancing community amongst Frontline Staff.

Letter of completion available for participants to submit in request of Continuing educational credits with their licensing board, depending on their occupation and scope of practice.

Event Details:

October 4th, Friday, 8:30 am - 2:30 pm

10:30 am - Coffee and snacks provided in the morning

12:30-1:00 pm - Delicious Buffet Lunch will be served for all participants - included in the event fees.

Location: Kimberley Alpine Resort, Kimberley Conference and Athletic Training Centre.

Presenter:

Bruce Ramsay, Certified Traumatologist, CTR, TFT-ADV. Bruce Ramsay, retired as Deputy Fire Chief from the District of North Vancouver Fire and Rescue Services after thirty years of service. He is currently a Critical Incident Stress Management Trainer, Counsellor and Consultant in private practice. Bruce is an Aboriginal person (Métis) as defined in the Canadian Constitution and has worked in First Nations (Canada) and American Indian communities over the last twenty-five years providing CISM training to Mental Health Professionals, Counsellors, Tribal Police and community front line responders.

The Traumatology Institute of South Florida University recognizes Bruce as a Certified Traumatologist. He is also a Certified Trauma Responder with the Association of Traumatic Stress Specialists and is a past Vice President of that organization. He is a well known speaker on the management and development of trauma services, having presented on behalf of the Justice Institute, First Nations' Emergency Services of BC, the Yukon Aboriginal Health Program, BC Fire Chiefs Association, Aberdeen Indian Health Services, Oklahoma University Health Promotions, Aramco-Saudi Arabia and on several occasions at the International Critical Incident Stress Foundation (ICISF) World Congress on Stress, Trauma and Coping in the Emergency Professions.

Visit Bruce Ramsay's website for more information: www.traumaserve.com

Development of this Event was supported by City of Kimberley Fire Department, Kimberley Search and Rescue and BC Responsible and Problem Gambling Program.

Registration information is available [here](#).

Registration is now open for the **East Kootenay CME Day and Division AGM** being held on October 5 at Lizard Creek Lodge.

To register please **email Kerry Stanley**.

EAST KOOTENAY CME DAY & DIVISIONS AGM SATURDAY OCTOBER 5

Newly approved for:
4.5 MOC section 1 Group
Learning Credits
4.5 Mainpro - Group Learning Credits

PRESENTERS

Dr. Chris Pienaar
Dr. Karen Pont
Dr. Mike Kempston
Dr. Paul Rode
Dr. Pete Chong
Dr. Keith Lowden
Dr. Kate Buddo
Dr. James Heilman
Dr. Lori Wik

RESERVATIONS

Lizard Creek Lodge
Fernie, BC
phone:
1-877-228-1948
<https://lizardcreek.com>
code:
Medical Conference

Friday, October 4 -
7:30 pm - 9:00 pm Wine &
Cheese hosted by the Rural
Surgical and Obstetrics Network
(RSO)

Saturday, October 5 -
7:30 am - 8:30 am Breakfast and
Registration
8:30 am - 3:15 pm CME and
Division AGM.
Division AGM to be held during
the lunch hour. All conference
attendees are welcome and
encouraged to attend the AGM.
3:30 pm - 5:15 pm Guided hike,
bike, or run,
6:00 pm - 7:00 pm Cocktails
7:00 pm Dinner

Sunday October 6 -
9:00 am - 12:00 pm RSO
Coach Training Session - To
reserve your spot at the RSO
coach training day, please email
emily.b@ubc.ca by September
13th, 2019

CME TICKETS AVAILABLE ON EVENTBRITE



Divisions Dispatch

September 20, 2019

IN THIS ISSUE

PMH-PCN Update

Provincial office staffing note

Information Sharing Agreement webinar recording now available

ICYMI: Webinar series: learn more about billing GPSC fees

New Doctors of BC Vice President, Engagement and Quality Improvement

UpToDate access for transitioning residents changes on September 30, 2019

Data Tools Webinar Series Part 2 – The Health Data Coalition

GPSC Patient Experience Tool Webinar

Bringing primary care to patients' homes: Fraser Northwest's Nurse Debbie model

Preventing and responding to violence against physicians

Dr Kathleen Ross to meet with physicians across BC

Opportunities for funding in rural communities

Physician Engagement: Parent Education on the Period of PURPLE Crying

In-office breastfeeding decal available to family physicians

Divisions in the News

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For more information about the East Kootenay Division of Family Practice or to suggest future news items for Take 2 please contact:

Megan Purcell, Executive Director
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